

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

## *Domus mea domus orationis vocabitur*

‘My house shall be called a house of prayer’

*Is 56:7*

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

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stpancras.priest@btinternet.com  
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Parish Administrator:  
Fr Joseph Welch

Sundays of Easter: Yr B

April is dedicated to  
the Blessed Sacrament

### Sunday 11<sup>th</sup> April 2021

*Low Sunday*

8am (EF) — Sue & Andy Bellamy (1)

09:30 — Pro populo

11:00 — Paul & Jane Merrick

### Monday 12<sup>th</sup> April

*Easter feria*

10am — Joan McLaughlin RIP

### Tuesday 13<sup>th</sup> April

*S. Hermenegild*

8am (EF) — Eduardo Nogueira's ints.

### Wednesday 14<sup>th</sup> April

*Easter feria*

6pm — Holy Souls

### Thursday 15<sup>th</sup> April

*Easter feria*

12:15pm — Lyn Markwell RIP

### Friday 16<sup>th</sup> April

*Easter feria*

10am — Holy Souls

*Funeral requiem*

2:30pm — Thomas Brosnan RIP

### Saturday 17<sup>th</sup> April

*Easter feria*

10am — Holy Souls

*Vigil Mass of Third Sunday of Easter*

6pm — David & Joyce Fahey RIP

### CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &**

**S. PANCRAS:** Sat after 10am Mass

**EF Mass:** 2<sup>nd</sup> Sunday of the month: 8am.

**DURING THE PANDEMIC — HANDS \* FACE \* SPACE**  
OUR CHURCH IS OPEN EVERY DAY  
BUT OUR COVID-19 RESTRICTIONS REMAIN IN PLACE

*Please sanitise your hands as you enter and leave the church, wear a face mask at all times, and maintain a social distance of 2m from members of other households. Please allow yourself to be guided by the instructions of the stewards and the priest, entering and leaving by the designated routes, and scan your COVID-19 App or complete the Track-and-trace slip. Whenever you visit the church for a weekday Mass or for private prayer please try to avoid touching anything. If you do touch pews, for example, please simply spray whatever you have touched with the sanitizing sprays dotted around the church. Thank you.*

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### DATES FOR YOUR DIARY

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**PATRONS FEAST — WEDNESDAY 12<sup>TH</sup> MAY**

PONTIFICAL MASS — 6PM



BISHOP ALAN HOPES WILL SING MASS IN HONOUR OF ST PANCRAS

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**Ascension** — Thursday 13<sup>th</sup> May

**Pentecost** — Sunday 23<sup>rd</sup> May

**Blessed Trinity** — Sunday 30<sup>th</sup> May

**Corpus Christi** — Thursday 3<sup>rd</sup> June (EF) & Sunday 6<sup>th</sup> June

**Sacred Heart** — Friday 11<sup>th</sup> June

**Ss Peter & Paul** — Tuesday 29<sup>th</sup> June

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**Thank you** I would like to thank everyone, choir, organists, altar servers, stewards, cleaners, those responsible for sacristy laundry and for preparing the church, and all who helped to make the Holy Week and Easter services go so smoothly and prayerfully. In addition, and more personally, I would like to say a big thank-you for so many good wishes, gifts, and a very generous Easter offering. I have been touched by your kindness. Thank you. Fr Joseph

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**‘My House shall be called a House of Prayer’** With all the excitements of the Holy Week and Easter ceremonies over, please may I ask that we all (priest included) try to return to a more hushed and prayerful atmosphere in church, and keep chatter to outside? God bless you.

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**‘And they saw His glory’** The exact order of events on that first Easter Sunday can seem confusing if you look at all four Gospel accounts. However, it is possible to harmonize the accounts and make sense of the chronology. Please feel free to take one of the leaflets from the back of church.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**Parish Contact Details** Fr Joseph would like to encourage as many parishioners as possible to complete a 'Contact Details' card from the back of church. The information you provide, on a purely voluntary basis, will be used and stored according to GDPR, and will enable Fr Joseph to be in contact with more and more of the people of the parish, many of whom, because of the lockdown, he has not yet met. Thank you.

**New Parish Website** Our parish website has now been updated and relaunched. Please take a look, and enjoy exploring it.

**The Parish Magazine**, Easter edition, is available from the back of church, free to all good homes (one copy per household), and on our website.

**Green Envelopes** The new boxes of green offertory envelopes begin on 11<sup>th</sup> April. Named boxes are available for collection from the sacristy. There is no need to record your name on a list as I already have a record of your box number. If you are now paying by standing order, please *do not* take a pack even if there is a named box for you as your offertory is recorded separately. Thank you. Anne Pickering Gift Aid Organiser.

**Gift Aid** We are deeply grateful to Anne & John Pickering for all their work over the years organising our Gift Aid contributions and helping to reclaim much needed monies. The time has now come to appeal for someone else to take over this work please. The work is not onerous and Anne is willing to work with a new volunteer for a hand-over period. If you can help, please speak to Fr Joseph or call Anne directly. Thank you.

**'Dona' Digital Collection Plates** We are in the process of installing two 'Dona' digital collection plates (DCPs), that is, two machines at the back of the church which will allow cashless offertory collections and donations to the parish. Fr Joseph is hoping there someone in the congregation with IT skills who would be willing to help install and manage the system?

**Masses** May be booked, for the living or the dead, using the Mass Offering envelopes at the back of church. Suggested offering: £10.

### Sick List

Prayers are asked for Lee Porter, Judy Fell, Jim Convey and Simon Marriage.

### Of your charity

Please pray for the repose of the souls of Lyn Markwell, Anthony Michael Crowley and Thomas Brosnan who died recently, as well for all whose anniversaries occur at this time: Leo Doyle, Gratiennne Moulin, Vera McCallion, Kim Clarke, Joseph Howard, Molly Dooley, Timothy Curran, Constance Johnson, Gillian Firth, Mark Bence-Jones, Cyril Snowling, Frederic Parker, William Eyton, Jajavaj, Krylo Kostuba, Hugh McCallion, Eric Cudden, Robert Brown, Stephen Guerin, Monica Nichols, Michael Mitchell, Patrick O'Brien, Gladys Woodard, Annamaria Ramsay, Mary King, John McMohan, Rosemary Schlee, Patrick Deenihan, and Emilio Carrino. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

### Fr Joseph writes:

As Catholics, we believe in the bodily resurrection of Our Lord from the dead. He ate food (Lk 24:42-43) and was touched by His disciples (Jn 20:27). He was no ghost. Yet as St Paul tells us, He is only the firstborn from the dead (Col 1:18). Others will follow including us, God willing. But what will our risen bodies be like?

When Christ rose from the dead there was clearly something extraordinary about His resurrected body. After all, some of the disciples who knew Him very well failed to recognise Him when they first saw Him, for example, Mary Magdalene who supposed Him to be the gardener (Jn 20:15), and the two disciples walking to Emmaus (Lk 24:16). And elsewhere, 'He appeared in another shape to two of them walking' (Mk 16:12). This failure to recognise Him may have something to do with their expectations and the nature of their faith: they did not expect to see Him; they did not, as yet, believe in His resurrection.

But even more than this, although Christ's body was the same one in which He had lived and died (remember, He showed St Thomas the wounds made by the Roman soldiers) still that same body, nonetheless, was now glorified and bore some remarkable traits. Catholic theology tells us that our resurrected bodies will bear the same characteristics. So what are they?

First, *impassibility*. That is, our bodies will be rendered incapable of suffering or pain: 'God shall wipe away all tears from their eyes, and death shall be no more, nor mourning, nor crying, nor sorrow shall be anymore, for the former things are passed away' (Apoc 21:4). We know that pain, disease, sickness, and death entered the world as a result of sin. In heaven, where there is no sin, there will be no more suffering.

Second, *brightness*. That is, our bodies will be rendered glorious. But the degree of our brightness will differ according to our merits. Christ's glory at the Transfiguration dazzled Peter, James, and John (Mt 17:2 *et par*), With us, one will bear 'the glory of the sun, another the glory of the moon, and another the glory of the stars. For star differs from star in glory' (1 Cor 15:41).

Third, *agility*. That is, our bodies will no longer be weighed down as they are on earth by gravity, and they will be enabled to pass, as quick as thought, from one part of creation to another (being 'sown in weakness, it shall rise in power,' 1 Cor 15:43), which is how Our Lord sometimes appeared after the resurrection without the disciples quite knowing how He had appeared among them, for example in their midst (Lk 24:36; Mk 16:14).

Finally, *subtlety* or subtlety. That is, our bodies will share the spiritual existence of the soul, being rendered capable of passing through material substances as was Our Lord's body when He appeared to the disciples in the middle of a locked room (Jn 20:19, 26). For each of our bodies 'is sown a natural body, [but] shall rise a spiritual body' (1 Cor 15:44). As St Paul adds elsewhere, Our Lord 'will reform the body of our lowliness, that it may be made like to the body of His glory' (Phil 3:21).

Interestingly, the reverse of these four qualities are said to be the lot of those in hell.

Our bodies are consecrated by the Holy Oil of Chrism at our Baptism, and again at our Confirmation, (and a priest's body at his ordination). These consecrations, and the knowledge that our bodies will rise again, should help form our attitude to how we treat our bodies, both in terms of physical well-being and, more importantly, in terms of spiritual well-being.

**Resurrexit, sicut dixit. Alleluia!**  
*He is risen, as He said. Alleluia!*