

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

## *Deum diligere et quæ sunt Dei*

‘To love God and the things of God’

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk



Parish Administrator:  
Fr Joseph Welch

Sundays: Yr B  
Weekdays: Yr 1

June is dedicated to  
the Sacred Heart of Jesus

### Sunday 20<sup>th</sup> June 2021

12<sup>th</sup> Sunday of the Year  
09:30 — Pro populo  
11:00 — Private int. — Mim

### Monday 21<sup>st</sup> June

S. Aloysius Gonzaga  
10am — William Talbot RIP

### Tuesday 22<sup>nd</sup> June

S. Alban  
8am (EF) — Giovanni De Pasquale RIP

### Wednesday 23<sup>rd</sup> June

S. Etheldreda  
6pm — Roy Roger Bruce RIP

### Thursday 24<sup>th</sup> June

The Nativity of S. John the Baptist  
12:15pm — Private int. — Mim

### Friday 25<sup>th</sup> June

Feria  
10am — Joyce & Alan Lavender

### Saturday 26<sup>th</sup> June

Dedication of the Cathedral  
10am — for the election of a bishop  
Vigil of 13<sup>th</sup> Sunday of the Year  
6pm — Pro populo (*People of the Parish*)

#### CONFESSIONS:

Mon — Fri: 20 minutes before each Mass  
Sat: 9:30 — 10:00 & 5pm — 5:45pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:** Sat after 10am Mass

**EF Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 11<sup>th</sup> July.)

*Extraordinary Form (EF) Masses are said in Latin according to the traditional Missal used before Vatican II, and are sometimes called Tridentine Masses.*

#### DURING THE PANDEMIC — HANDS \* FACE \* SPACE

Please sanitise your hands as you enter and leave the church, wear a face mask at all times, and maintain a social distance of 1m from members of other households. Please allow yourself to be guided by the instructions of the stewards and the priest, entering and leaving by the designated routes, and scan your COVID-19 App or complete the Track-and-trace slip. Whenever you visit the church for a weekday Mass or for private prayer please try to avoid touching anything. If you do touch pews, for example, please simply spray whatever you have touched with the sanitizing sprays dotted around the church.

Those wishing to receive Holy Communion in the Hand should come to the altar rails first. After they have received Holy Communion, those wishing to receive on the tongue will be invited forward by the priest. Thank you.

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### Thursday 24<sup>th</sup> June

#### THE FEAST OF THE NATIVITY OF ST JOHN THE BAPTIST

The feast of the birth of the Precursor of our Saviour was a major festival in the Middle Ages and was sometimes known as a ‘midsummer Christmas.’ Apart from Our Lord’s and Our Lady’s, St John’s nativity is the only birthday that gets its own feast day. Find out why at Mass on Thursday at 12:15pm.

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#### Parish Rotas



To help get our parish back up and running once more, please sign the lists at the back of church if can help with rotas for: readers, flower arrangers, washing large altar cloths, washing small altar linens, stewards, especially for Sunday Masses, brass polishing, counting the weekly collection, and making coffee after Sunday Masses.

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#### National Day of Prayer & Fasting for Life

Wednesday, 23<sup>rd</sup> June 2021

An initiative of the Good Counsel Network, the National Day is geared towards the end of abortion and euthanasia. Please see the poster in the porch.

#### Also, SPUC...

is holding a Mass lobby of MPs on **Friday 16<sup>th</sup> July** and **Saturday 17<sup>th</sup> July 2021**. We are asking pro-life supporters up and down the country to organise a meeting with their MP, at the MP’s constituency office, on one of these dates. The DIY abortion policy is still in place, and there is a renewed threat of assisted suicide being legalised. Please ask your MP to lobby the Health Secretary to **end DIY abortion**. Please ask your MP to **vote against assisted suicide**. SPUC has produced dedicated briefings to help you lobby your MP. Please go to [www.spuc.org.uk/MassLobby2021](http://www.spuc.org.uk/MassLobby2021)

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

## For Catholic Men

A retreat day at Walsingham, led by Fr Henry Whisenant, entitled 'A Life of Prayer & Virtue,' and inspired by the faith, fortitude, and humility of St Joseph, will take place on **Saturday 3<sup>rd</sup> July 2021**. Please see the diocesan website for more details: <https://www.rcdea.org.uk/fr-henry-to-lead-walsingham-retreat-for-catholic-men/>

## School Vacancies

*Head of School*

St Mary & St Peter Catholic Primary School, Gorleston

*Executive Headteacher*

St Mary's (Lowestoft) &  
St Mary & St Peter (Gorleston)

Details can be found on the Diocesan Website:  
<https://www.rcdea.org.uk/schools/school-vacancies/>

## Work continues

The old laundry/new parish office has undergone a transformation: electrical fittings are in place, shelves have sprung up, desks and filing cabinets have been delivered and are waiting to be installed, and lots of unsightly pipes and cables have been boxed in, out of sight. In the house itself, the wall has now come down between the kitchen and the small dining room, making one large kitchen-diner with lots of space. New light fittings are being installed, and the walls are almost ready to be plastered ahead of being painted. But, as Cilla Black might have said, there has been a 'lorra, lorra' dust this week!

## Catholic East Anglia

The latest edition of the diocesan newspaper, *Catholic East Anglia*, is now available at the back of the church free of charge.

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### Masses

May be booked, for the living or the dead, using the Mass Offering envelopes at the back of church. Suggested offering: £10.

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### Sick List

Prayers are asked for Lee Porter, Judy Fell, Jim Convey, Simon Marriage, and Mary Driscoll.

## Of your charity

Please pray for the repose of the souls of those who have died recently, as well for all whose anniversaries occur at this time: Annie Bates, Monica Barnett, Rosalia Catalanotto, Jennifer Quinton, Dorothy Roper, Mary Lush, Camille Milambo, Fr Joseph Sweeney, Thomas McCarthy, Frank Flemming, Anthony Sabbattella, Elizabeth Matthews, Thomas Dooley, Lilian Welham, Ian Solowiej, Mrs Farrelly, Mary Fraser Cork, Iris Church, William McNally, and Patrick Curran. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes: The Mass-Pt II** Last week, in Pt I, we saw how the Mass is not a meal, nor a gathering of the people of God, nor chiefly a means of feeding the soul with the Bread of Heaven, nor chiefly even a memorial of the Last Supper, although all Masses do indeed incorporate elements of all of these things. The Holy Sacrifice of the Mass is just that, a sacrifice. The Mass is the sacramental continuation in time of the sacrifice of Christ on the Cross on Calvary two thousand years ago. So, to understand what the Mass is, we must understand what happened on Calvary.

On Calvary, Christ offered to God the Father the sacrifice, the oblation (or gift), of His own life. Christ was the Priest (the one who offered the sacrifice) as well as the Victim (the gift that was offered). As in any sacrifice of a live animal, the sacrifice involves the death or destruction of the animal, and the separation of body and blood. The blood is poured away and the body is consumed either by fire or is eaten. In fact on Calvary, of course, the was blood poured forth from Christ's side when His heart was pierced by a soldier's lance, and the body was deposed from the Cross and laid in a tomb.

Our Lord offered this sacrifice as a — as *the* — supreme and perfect act of homage or *worship* to God the Father on behalf of a fallen race who, as a result of sin, had failed to give the homage to God that was due to Him.

Our Lord offered this sacrifice as an act of *thanksgiving* to the Father, on behalf of a fallen race, for all the gifts and benefits given to that race but for which that race had signally failed to thank God properly.

Our Lord offered this sacrifice in propitiation for our sins, that is, to make *satisfaction* for the sins of a fallen race who, as a result of being finite creatures, were unable to make sufficient amends to an infinite God for the harm done to the Divine majesty and justice by its sins.

Our Lord offered this sacrifice to *plead*, with 'prayers and supplications,' as it says in the Letter to the Hebrews (5:7), for the many blessings and graces forfeited by Mankind as a result of original sin, and all of our actual sins, but which the Father had always desired for us from the beginning.

The sacrifice on Calvary was offered, then, as an act of *worship*, as an act of *thanksgiving*, as an act of *satisfaction*, and as an act of *supplication*.

Was the Father such a cruel God that He demanded the death of His own Son? No. Rather... a race of fallen and ungrateful creatures had failed to give its Creator the worship and thanksgiving that was due to Him from the start. As a result, Mankind forfeited a series of gifts that the Father had always intended Mankind should enjoy. The Father *still* desires that Mankind should benefit from these gifts, but something needed to be done to set right the scales of justice that had become imbalanced through sin. (Remember, 'justice' means 'giving to someone what is due to him or her')

A sinful and finite race cannot make up to a pure and infinite God for all that it has done wrong. Instead, the Son of God became Man so that, *as Man*, He could give to the Father on behalf of the human race all that the human race *should* have given to the Father but failed to do so; and so that, *as God*, the gift that He gave to the Father would be of infinite value and would, therefore, be sufficient to make amends for a fallen race of finite creatures.

All of the above is a simplified summary of what Christ's act of 'Atonement' involved. His task on Calvary was to atone — to make 'at one' — the relationship between Creator and creatures. That is, Christ's sacrifice was about reconciling a fallen race with the Creator whom it had offended by sin.

In Part III we shall begin to unpack how all of this applies to the Mass, and see how the Mass is also an act of *worship*, of *thanksgiving*, of *satisfaction*, and of *supplication*, offered by the Son, to the Father, on our behalf.