

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Administrator:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 1

November is dedicated to
the Holy Souls in Purgatory

Sunday 14th November 2021

Dom. VI post Epiph., IV Novembris
8am(EF) — Maria Stallwood's int.
33rd Sunday of the Year
09:30 — Ron Parker RIP
Requiem
11:00 — for the War Dead

Monday 15th November

S. Albert the Great
10am — Ian Macdonald RIP

Tuesday 16th November

Requiem
8am (EF) — November Dead List
Requiem
12 noon: Deceased Clergy of the Deanery

Wednesday 17th November

Requiem
6pm — for Victims of the Pandemic

Thursday 18th November

Ded. of the Basilica of Ss Peter & Paul
12:15pm — Ella Willis RIP

Friday 19th November

Requiem
10am — November Dead List

Saturday 20th November

S. Edmund
10am — Fred Willis
Vigil of Christ the King
6pm — Holy Souls

CONFESSIONS:

Mon — Fri: 20 minutes before each Mass
Sat: 9:30 — 10:00 & 5pm — 5:45pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS: Sat after 10am Mass

EF Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 12th Dec.)
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REMEMBRANCE SUNDAY

11am — for the War Dead
ACT OF REMEMBRANCE AT 11 O'CLOCK
2:30pm — Blessing of Graves: starting at the Lawn Cemetery

TUESDAY 16th NOVEMBER

12 noon — Deanery
requiem Mass

WEDNESDAY 17th NOVEMBER

6pm — for all who have died
as a result of the pandemic

NOVEMBER DEAD LIST ENVELOPES Place the names of all those who have died, and for whom you wish to pray, inside one of the November Dead List envelopes, along with your offering, and hand it to Fr Joseph. A requiem Mass will be said at least once each week during November for those included in this list, and Holy Souls Masses will continue to be offered throughout the year.

To gain the **Plenary Indulgence** for the Holy Souls in Purgatory during the month of November you need to:

- visit a Catholic church and recite the **Creed** (Nicene or Apostles') and the **Our Father**;
- **or** visit a cemetery and pray for the dead (for example, saying the *De Profundis*, Ps 129)
- **and:** [1] go to Confession and receive Holy Communion within a few days either side of this visit; [2] pray for the Pope's intentions (usually an *Our Father*, a *Hail Mary*, and a *Glory be*); and [3] be free of all attachment to sin, even venial sin.

The indulgence may be gained as many times as you make such a visit and fulfil the requirements (up to once a day). One Confession may serve more than one visit, but each of the other stipulations must be fulfilled each time.

Requiem aeternam dona eis Domine, et lux perpetua luceat eis.

THIS WEEK

Sunday 14th Remembrance Sunday (see notes above)

Monday 15th 7pm: Parish Council Meeting (apologies for last week's error)

Tuesday 16th 10:30am Deanery meeting in the parish hall followed at 12 noon by the annual Deanery Requiem Mass. All welcome at the Mass.

Wednesday 17th
- 6pm Requiem Mass for the victims of the pandemic.
- 7pm: 'In the Cool of the Day' adult catechetical talks continue.

Friday 19th
- 10:45am: Over 60s Coffee Morning
- 5pm: Confirmation Class

Saturday 20th 4pm: First Communion Class

NEXT WEEK

Sunday 21st 9:30 Mass: Presentation of the Diocesan Medal by Fr Frost to Anne Pickering for her many years of work for the parish

Thursday 25th 12:15pm: November Dead List requiem

Friday 26th
- 10am: November Dead List requiem
- 10:45am: Over 60s Coffee Morning
- 5pm: Confirmation Class

Saturday 27th
- 10am—3pm: Parish Advent Day of Reflection
- 4pm: First Communion Class

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

ADVENT DAY OF RECOLLECTION

‘Joseph most just, *pray for us*’

Saturday 27th November

Begins: 10am Mass — Ends: 3pm Benediction

A day of prayer and reflection on St Joseph to draw the Year of St Joseph to a close, and to prepare for the rich season of Advent which begins the following day.

All welcome.

Tea/coffee available: bring your own lunch

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Missio We are looking for a volunteer to take over from Josie O’Halloran who is retiring after ten years of organising the red boxes. If you would like to help raise funds for the Church’s missionary activity, please contact Fr Joseph.

Over 60s Coffee Mornings A new social group on Fridays following the 10am Mass and rosary.

Car Parking The NCP car park on Foundation Street is cheaper than the NCP car parks on Tacket Street and Cox Lane. But all three car parks are cheaper (Cox Lane is half the price) if you pay using the NCP Park-Pass App. Go to: <https://www.ncp.co.uk/parking-solutions/ncpparkpass/>

‘Benedictus’ A monthly journal, similar to the ‘Magnificat,’ specifically for those who would like to follow the Extraordinary Form of the Mass. Containing the prayers and readings for Sunday and daily Masses throughout each month as well as meditations and reflections, it can be purchased via a subscription from the Sophia Institute Press at <https://praybenedictus.com/>

Sunday Obligation The Bishops of England & Wales will meet during November to assess whether we are now in a position across the country for all who desire it, to return safely to Mass. If the Bishops’ conclusion is that we are, then, in effect, Catholics will be expected once more to fulfil their obligation by attending Mass each Sunday and Holy Day of Obligation, probably from the start of Advent. However, watch this space.

Candlelit Carol Service on Sunday, 19th December.

Sick List Prayers are asked for, Lee Porter, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, Helen Hardman, and Ellen Ebelewicz.

Of your charity Please pray for the repose of the soul of John Ross, who died recently, as well for all whose anniversaries occur at this time: Mrs Reeves, Charles Pajak, Audrey Pipe, William Mitchell, Mr McGrath, Joseph Westerling, Kathleen Connolly, Irene Cater, James McDonald, George Bowles, David Curran, Anne Andrews, Matthew Mason, Kathleen Tunstill, Anthony Rozier, Mary Baker, Edith Wright, Martin Mongan, Mabel Dennehy, Robert Bawden Baker, Frank Fosdyke, Keith Sparrow, John Gregson, Philip Paul, Domenico Iannacone, and John Molloy. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The Mass-Pt XXII More than anything else, the Canon of the Mass (or Eucharistic Prayer) is a great prayer of adoration offered to the Blessed Trinity, Father, Son, and Holy Spirit (even though it is the Son who is offering it). The Canon is preceded by the *Preface*—a prayer to the Trinity in its own right—which, in turn, is followed by the *Sanctus*, one of the two great hymns of the choirs of Angels along with the *Gloria*.

The origin of the *Sanctus* can be found in the Book of Isaiah. At the start of his vision, the prophet sees the Lord seated on a high and elevated throne flanked by two seraphim who cry out, ‘Holy, holy, holy, the Lord God of hosts: all the earth is full of His glory’ (Is 6:3). This *Trisagion* (Greek: Τρισάγιον; ‘Thrice Holy’) is an ancient hymn of worship found in every Christian Eucharistic liturgy in every part of the world. God is thrice holy: God the Father is holy; God the Son is holy; God the Spirit is holy. God, and God alone, is holy. His holiness is made known in the presence of His hosts, His army of angels, who surround the throne of God in heaven in the Book of the Apocalypse and sing the same hymn (Apoc 4:8); in the army of Angels who surround the Son Incarnate on earth, and by implication His followers, and who take charge of them lest they fall (Ps 90:11); and His holiness fills the earth through the knowledge of Him as ‘the covering waters of the sea’ (Is 11:9). We find this holiness echoed in poems such as *God’s Grandeur* by Gerard Manley Hopkins: ‘The world is charged with the grandeur of God./ It will flame out, like shining from shook foil.’ Here, Hopkins is referring to the glory of nature which ‘is never spent.../ Because the Holy Ghost over the bent/ World broods with warm breast and with ah! bright wings.’ Indeed all the earth is full of God’s glory.

Isaiah considered himself to be ‘a man of unclean lips’ and therefore unworthy to carry the words of the Lord to God’s people (Is 6:5). To resolve this, one of the seraphim flew down to him bearing a burning coal taken from the heavenly altar, and touched his lips thereby taking away his iniquities and cleansing him of sin (vv.6-7). It is not accidental that the priest (along with the choir and people) repeats these words, ‘Holy, holy, holy,’ at this point in the Mass, praying, perhaps, that his lips, too, may be purified and that he may be cleansed of sin before uttering the most sublime and sacred words of consecration during the Canon of the Mass a few moments later.

The word ‘hosanna’ is slightly problematic. Even scholars cannot quite agree on its meaning. The origin of the word may be found in Rabbinical Hebrew where it means, ‘save [us], we pray,’ for example in Ps 117:25. In the Old Testament it is always used in this sense. But in the New Testament, the word is used as a shout of jubilation, for example during Our Lord’s triumphant ride into Jerusalem on the first Palm Sunday. Interestingly, on that occasion, the cry of ‘Hosanna!’ is immediately followed, in the words of the multitude, by the words of Ps 117:26, ‘Blessed be He that comes in the name of the Lord’ (Mk 11:9). And these words are followed, in turn, by a second shout of ‘Hosanna’ to which is added ‘in the highest,’ the phrase that is used twice in the *Sanctus* at Mass.

In other words, at this point in the Mass we are crying out to Our Lord to save us, *and* we are acclaiming with joy the One who comes to save us ‘in the name of the Lord,’ the One who will soon be present upon the altar in the form of the Blessed Sacrament. And having exclaimed the *Sanctus* in the company of all the choirs of Angels, having united our voice with the Thrones and Dominions, the Powers and the Principalities, the Virtues, the Seraphim and Cherubim, and the Angels and Archangels of heaven, we kneel for the most solemn and sacred part of the Mass, the Roman Canon.