

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

## *Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
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Ipswich  
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Parish Administrator:  
Fr Joseph Welch

Sundays: Yr B  
Weekdays: Yr 1

November is dedicated to  
the Holy Souls in Purgatory

### Sunday 7<sup>th</sup> November 2021

32<sup>nd</sup> Sunday of the Year

09:30 — Pro populo

11:00 — Chenedu Akachi Erwunife RIP

### Monday 8<sup>th</sup> November

Requiem

10am — November Dead List

### Tuesday 9<sup>th</sup> November

Dedication of the Lateran Basilica

8am (EF) — Maria Stallwood's ints.

### Wednesday 10<sup>th</sup> November

S. Leo the Great

6pm — Gabrielle Sharpe RIP

### Thursday 11<sup>th</sup> November

S. Martin of Tours

12:15pm — Private int.

### Friday 12<sup>th</sup> November

S. Josaphat

10am — Chenedu Akachi Erwunife RIP

1pm — Funeral requiem: John Ross RIP

### Saturday 13<sup>th</sup> November

Requiem

10am — November Dead List

Vigil of the 33<sup>rd</sup> Sunday of the Year

6pm — Pro populo

#### CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

#### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

**EF Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 14<sup>th</sup> Nov.)

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*Extraordinary Form (EF) Masses are said in Latin according to the traditional Missal used before Vatican II, and are sometimes called Tridentine Masses.*

### MONTH OF THE HOLY SOULS

for a note on the plenary indulgence available during November, see overleaf

#### SUNDAY 14<sup>TH</sup> NOVEMBER

#### REMEMBRANCE SUNDAY

11am — for the War Dead

ACT OF REMEMBRANCE AT 11 O'CLOCK

The 11am Mass will end later than usual

(Saturday 6pm & Sunday 9:30am: 33<sup>rd</sup> Sunday of the Year)

2:30pm — Blessing of Graves: starting at the Lawn Cemetery

#### TUESDAY 16<sup>TH</sup> NOVEMBER

12 noon — Deanery requiem Mass

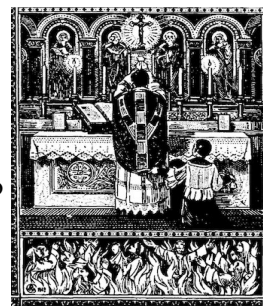
8am (EF) Mass as usual

#### WEDNESDAY 17<sup>TH</sup> NOVEMBER

6pm for those who died from Covid-19 & those who died without the Sacraments due to the restrictions.

#### NOVEMBER DEAD LIST ENVELOPES

Place the names of all those who have died, and for whom you wish to pray, inside one of the November Dead List envelopes, along with your offering, and hand it to Fr Joseph. A requiem Mass will be said at least once each week during November for those included in this list, and Holy Souls Masses will continue to be offered throughout the year.



*Requiem aeternam dona eis Domine, et lux perpetua luceat eis.*

#### THIS WEEK

**Monday 8<sup>th</sup>** 10am: November Dead List requiem

**Wednesday 10<sup>th</sup>** at 7pm: 'In the Cool of the Day' adult catechetical talks continue. All welcome even if you haven't been to any of them yet.

#### Friday 12<sup>th</sup>

- 10:45am: Over 60s coffee morning  
- 1pm: requiem Mass—John Ross RIP  
- 5pm: Confirmation class

#### Saturday 13<sup>th</sup>

- 10am: November Dead List requiem  
- 4pm: First Communion class

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#### NEXT WEEK

#### Sunday 14<sup>th</sup>

- Remembrance Sunday (see above)  
- 2:30pm Blessing of Graves (see above)  
**Tuesday 16<sup>th</sup>** 10:30am Deanery meeting in the parish hall followed at 12 noon by the annual Deanery Requiem Mass. All welcome at the Mass.

#### Wednesday 17<sup>th</sup>

- 6pm Requiem Mass for the victims of the pandemic.  
- 7pm: 'In the Cool of the Day' adult catechetical talks continue.

**Thursday 18<sup>th</sup>** 7pm: Parish Council Meeting

#### Friday 19<sup>th</sup>

- 10:45am: Over 60s Coffee Morning  
- 5pm: Confirmation Class

**Saturday 20<sup>th</sup>** 4pm: First Communion Class

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

## The Plenary Indulgence for the Holy Souls in Purgatory during November

There are two different indulgences available in November. One is usually available only on 2<sup>nd</sup> November when you visit a church, and the other is usually available from 1<sup>st</sup> to 8<sup>th</sup> November by visiting a cemetery and praying for the dead. This year, both of these indulgences may be gained on each day of November. To gain the indulgence you need to:

- visit a Catholic church and recite the **Creed** (Nicene or Apostles') and the **Our Father**;
- **or** visit a cemetery and pray for the dead (for example, saying the *De Profundis*, Ps 129)
- **and:** [1] go to Confession and receive Holy Communion within a few days either side of this visit; [2] pray for the Pope's intentions (usually an *Our Father*, a *Hail Mary*, and a *Glory be*); and [3] be free of all attachment to sin, even venial sin.

The indulgence may be gained as many times as you make such a visit and fulfil the requirements (up to once a day). One Confession may serve more than one visit, but each of the other stipulations must be fulfilled each time.

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**Over 60s Coffee Mornings** A new social group on Fridays following the 10am Mass and rosary.

**Car Parking** The NCP car park on Foundation Street is cheaper than the NCP car parks on Tacket Street and Cox Lane. But all three car parks are cheaper (Cox Lane is half the price) if you pay using the NCP Park-Pass App. Go to: <https://www.ncp.co.uk/parking-solutions/ncpparkpass/>

**Sunday Obligation** The Bishops of England & Wales will meet during November to assess whether we are now in a position across the country for all who desire it, to return safely to Mass. If the Bishops' conclusion is that we are, then, in effect, Catholics will be expected once more to fulfil their obligation by attending Mass each Sunday and Holy Day of Obligation, probably from the start of Advent. However, watch this space.

**Advent Day of Recollection** Saturday, 27<sup>th</sup> November, starting with the 10am Mass and ending with Benediction at 3pm. Meditations on the theme of St Joseph to close the Year of St Joseph. All welcome. Bring your own lunch.

**Candlelit Carol Service** on Sunday, 19<sup>th</sup> December.

**Sick List** Prayers are asked for, Lee Porter, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, Helen Hardman, and Ellen Ebelewicz.

**Of your charity** Please pray for the repose of the soul of John Ross, who died recently, as well for all whose anniversaries occur at this time: Francis Smith, Angela Roe, Stefan Holyk, Alice Fell, Ursula Deichgraber, Elfreda Hay, Leonard Sikorski, John Biela, Lucy Ecrolyd, Gabrielle Sharpe, Marjorie Carley, Hilda Fernandez, Albert Chivers, Leonard Cooper, Gloria Gooding, Percy Yates, Patrick O'Keeffe, Albert Rose, David Arthur, Alice Unwin, Edith Wallington, Peter Gonsalves, Jane Dermody, and Violet Knight. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes: The Mass-Pt XXI** The *Prayer Over the Gifts* (traditionally called the *Secret*) is always fairly short but is very important. Once the bread and wine have been offered to God during the *Offertory* they have become part of the offering that is laid on the altar to be sanctified as part of the Sacrifice of the Mass. No bread or wine can now be added to this offering (for example, because the priest suddenly decides he needs to consecrate more Hosts), nor can any bread or wine be removed from the altar (if he suddenly decides he has offered too many Hosts). The gift—the oblation—has now been offered to Almighty God and placed on His altar ready for sacrifice.

In fact, the gifts are placed on a special cloth called a *corporal* which is removed from the *burse* (from Mediæval French *bourse* meaning 'purse,' which is flat and square and usually carried on top of the chalice) and unfolded by the priest at the start of the Mass. The word comes from the Latin *corpus* meaning 'body' because it is the cloth on which the Body of Christ is laid during the Mass. (Funnily enough, a corporal in the army is so called because he has charge of a body of troops.) After Mass, the *corporal* is folded in a special way so that, just in case any tiny fragments of the Body of Christ remain, they are folded into the cloth and kept safe instead of being cast aside accidentally and lost, which would be a sacrilege.

In the *Prayer Over the Gifts*, or *Secret*, the priest prays that this offering may be found pleasing to Almighty God so that we might be filled with His graces in return.

The dialogue that follows is ancient in origin, and was possibly used by the Apostles themselves. The priest, having offered the gifts, now greets the people: 'The Lord be with you.' This, as always in the Mass, is more than just a friendly 'hello.' The priest is praying that the Lord may be in the hearts and minds of the Faithful who, in return, pray that God is with the priest who is about to offer the sublime Sacrifice of our redemption. If the priest is saying the Mass *ad orientem*, that is, facing the same direction as the people, he does not turn to face them on this occasion when he says 'The Lord be with you.' The priest is focussed solely on the altar and the gifts that are to be consecrated to become the Sacred Body and Blood of Our Lord.

*Sursum corda*, 'Lift up your hearts.' The priest calls upon the Faithful to raise their hearts and minds to God, and to attend to nothing else during the most sacred part of the Mass that is now beginning. 'Let us give thanks to the Lord our God,' says the priest. The Mass, also called the Eucharist from the Greek word for 'thanksgiving,' is the supreme act of homage and thanksgiving that we creatures can give to the living God. In the Mass, not only is it 'right and just' that we offer God our worship and thanks, it is also the case that this offering—the offering made in the Mass—is the *only* offering we can give Him that is *truly* 'right and just.' All our other offerings fall short! The only reason this offering is worthy is because we have united it to the offering that Christ is offering on our behalf, and which serves to purify our humble offering and render it fit to be placed at the feet of Almighty God. Hence the opening words of the *Preface*, which the priest now says, are always, 'It is truly right and just.'

The *Preface* is, in effect, the prologue to the Great Prayer, that is, the Eucharistic Prayer or Canon of the Mass. It is a prayer of thanksgiving which sings, first, of the fittingness of giving thanks to God; second, of examples of His gifts to us (the gifts listed change according to the feast day, for example in Masses of the BVM we thank God for her conceiving His Only Begotten Son and bringing Him forth into the world); and third, of the glorious choir of Angels whose chorus of praise and thanksgiving we join in with as we sing the *Sanctus*, the 'Holy, Holy, Holy,' which now follows.