

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk



Parish Administrator:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 2

December is dedicated to  
the Immaculate Conception

## Sunday 19<sup>th</sup> December 2021

*Advent IV — 'O Radix Jesse'*  
09:30 — Donor's int (1)  
11:00 — Pro Populo

## Monday 20<sup>th</sup> December

*Advent feria — 'O Clavis David'*  
10am — Donor's int (2)

## Tuesday 21<sup>st</sup> December

*S. Thomas — 'O Oriens'*  
8am (TLM) — Maria Stallwood's int.

## Wednesday 22<sup>nd</sup> December

*Funeral requiem*  
11:30am — Sheila Alcock RIP  
*Advent feria — 'O Rex Gentium'*  
6pm — Anne & Tom Shaw

## Thursday 23<sup>rd</sup> December

*Advent feria — 'O Emmanuel'*  
12:15pm — Anne & Oliver Merlehan

## Friday 24<sup>th</sup> December

*Vigil of the Nativity*  
10am — Pat & Aine Merlehan

## Saturday 25<sup>th</sup> December

*Nativity of Our Lord Jesus Christ*  
Midnight — Pro Populo  
8am (TLM) — Private int.  
9:30am — Claire & Jim Coney  
11am — Ann White & family

NB: There is **NO** 6pm Mass  
on 24<sup>th</sup> or 25<sup>th</sup>

## Sunday 19<sup>th</sup> December

4:30pm  
*Carols by Candlelight &  
the Blessing of Cribs*

**Bring your family crib to be blessed**

The service will be followed  
by tea & mince pies in the parish hall

## Monday 20<sup>th</sup> December

7pm

Penance Service

with individual Confession  
and with visiting priests

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## CONFESSIONS

*Extra Confessions before Christmas*

**Wednesday 22<sup>nd</sup>**  
9am—10am & 5pm—6pm

**Christmas Eve**  
9am—10am & 5pm—6pm

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## CHRISTMAS WEEKEND MASSES

**Christmas Eve:**  
10am (no evening Mass)

**Christmas Day:**  
Midnight (with carols from 11:30pm)  
8am (TLM) 9:30am 11am

**Sunday 26<sup>th</sup>**  
**The Feast of the Holy Family**  
8am (TLM) 9:30am 11am

## CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &**

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month  
at 8am. (Next 2<sup>nd</sup> Sunday Mass: 9<sup>th</sup> Jan.)

*Traditional Latin Masses (TLM) are said  
according to the Missal used before the Sec-  
ond Vatican Council.*

## THIS WEEK

**Sunday 19<sup>th</sup>** 4:30pm: Carol Service &  
Blessing of Cribs followed by tea &  
mince pies in the parish hall.

**Monday 20<sup>th</sup>:** 7pm Penance Service  
with individual Confession (visiting  
priests)

**Wednesday 22<sup>nd</sup>** 11:30am: Funeral of  
Sheila Alcock RIP

**Friday 24<sup>th</sup>:** No Over 60s group today

## NEXT WEEK

### The Christmas Octave

*All Mass and Confession  
times, as well as times for the rosary  
during the week and Adoration on  
Saturday, will be as usual throughout  
the Christmas Octave.*

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**Friday 31<sup>st</sup>:** No Over 60s group today

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

## FACE COVERINGS

Owing to the latest variant of the Covid-19 virus, face coverings are currently required by law in all places of worship unless you are exempt, and except when singing. Fr Joseph asks that you comply with the law, and give consideration to those who are anxious or vulnerable as well as to those whose reason for an exemption may not be obvious. Please continue to use the hand sanitiser and to complete the track-and-trace forms or use the app. Thank you.

**The Parish Magazine**, Christmas 2021 edition, is now available at the back of the church and on our website free of charge.

**Catholic East Anglia**, The latest edition of the diocesan newspaper is available at the back of church.

**Praying the Great 'O' Antiphons** by Katy Carl published by the CTS. Copies available at the back of church: £6:95

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### BRING YOUR CRIB

to be blessed at our *Carols by Candlelight*  
this afternoon at 4:30pm.

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### ADVENT & CHRISTMAS

Please see details on the front of this newsletter, and posters in the porch, for details of all the extra services in the run-up to Christmas.

PLEASE NOTE: THERE IS **NO** 6PM MASS ON  
FRIDAY 24<sup>TH</sup> OR SATURDAY 25<sup>TH</sup> DECEMBER.

*Please allow me to remind everyone that  
Catholics should go to Mass  
on Christmas Day and on Sunday 26<sup>th</sup> !*

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### Sick List

Prayers are asked for, Lee Porter, Jim Convey, Simon Marriage, Mary Driscoll, and Leighton Scott.

### Of your charity

Please pray for the repose of the souls of Ellen Ebelewicz, Jean Killelay, Audrey Kelly, and Sheila Alcock, all of whom have died recently, as well for all whose anniversaries occur at this time: Maria Aylward, Henry Devaux, Eva Marshall, Caroline Dallastone, Robert Price, Amos Collins, Anne Whitney, Horace Nicholls, Zena McCann, Daniel Dennehy, John Cummings, Jean Tyler, Margaret Norden, Anna Pinelli, Martin Earley, Zuk Dmitri, Stanley Weir, John Conlon, Thomas Flynn, Audrey Woolner, Albert Wilding, Joan Elliott, Ernest Kindred, Mary Goodman, Henry Adams, Irene Hallahan, Oliver Pratt, Canon John Henry Thomas, Beryl Cutbush, and Betty Wray. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes: The Mass-Pt XXVI** Twice during the Canon of the Mass we come across a prayer called a *Memento*, the 'Memento of the Living' and the 'Memento of the Dead.' The first reads, '*Remember, Lord, your servants N. and N. and all gathered here, whose faith and devotion are known to you. For them, we offer you this sacrifice of praise or they offer it for themselves and all who are dear to them: for the redemption of their souls, in hope of health and well-being, and paying their homage to you, the eternal God, living and true.*'

Historically, the deacon in the Greek Church used to proclaim the names aloud of all those who were being commemorated at that Mass, whilst in the Latin rite the Subdeacon read them in an undertone. These could be lengthy lists, and over time the lists were shortened to the mention of just those for whom the Mass had been booked to be said, although priests remain free to mention additional names also if he chooses.

The Memento for the Living goes on to include '*all gathered here, whose faith and devotion are known to you.*' In other words, every Mass is said not just for the named intention but for all those present as well as everyone included in their prayers, for '*all who are dear to them.*' The sacrifice is offered by the priest '*for them,*' and is offered by them also. As has been pointed out before, the difference between the sacrifice offered by the priest and the sacrifice offered by the people is different not just in degree but in kind: the priest's sacrifice is sacramental and is offered by virtue of his having been ordained to Holy Orders and sacramentally configured to Christ the Priest, whereas the people's sacrifice is one of prayer and praise as befits those who participate—to a different degree and in a different way—in Christ's priesthood through their Baptism.

Having prayed for the whole Church, for the Pope, for the local Bishop, and for all who hold to the truth and hand on the Catholic Faith, at the start of the Roman Canon, the Memento of the Living expresses the intentions being prayed for with regard to all the people, namely, and in the first place, '*the redemption of their souls.*' The Mass is, first and foremost, a prayer for the salvation of souls. Christ offered Himself in sacrifice on Calvary so that we sinners might be redeemed and go to heaven after we depart this life rather than remain in the clutches of Satan, under whose sway the whole of the created order fell at the moment of Lucifer's cosmic rebellion in heaven (Apoc 12: 1-17) and Adam's original sin in the Garden of Eden (Gen 3:1-24). Each Mass offered by a Catholic priest participates in this same act of redemption and accomplishes the same effects.

The Mass is offered '*in hope of health and well-being.*' In the first instance, the health and well-being that is being prayed for here is spiritual and supernatural, and pertains to our souls. But it also refers to our physical, and perhaps psychological and emotional health and well-being, as well as our material welfare. It is perfectly in order to pray for what we need here on earth: indeed, Christ urges us to do so (Jn 16:23). Yet we must always remember to pray in Christ's name, that is, according to Christ's intentions. We have to unite ourselves to Christ so closely that our intentions are purified until we ask only what is accordance with the will of God, as Our Lord Himself prayed in the Garden of Gethsemane: '*Nevertheless, not my will but thine be done*' (Lk 22:42). This, in essence, is the meaning of the next few words of the Canon: '*and paying their homage to you, the eternal God, living and true.*' Our acts of supplication and petition can only fittingly be offered to God when they form part of an act of homage and worship. We cannot, effectively, ask something from God without placing our prayer within the context of an act of adoration of '*the eternal God, living and true.*'