

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Administrator:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 2

February is dedicated to
the Holy Family

Sunday 13th February 2022

Septuagesima

8am (TLM) — Fr Leeder

6th Sunday of the Year

09:30 — Seannie Higgins RIP

11:00 — Alan Skilbeck RIP

Monday 14th February

Ss Cyril & Methodius

10am — Alyssa Lehmann

Tuesday 15th February

Feria

8am (TLM) — Michellina Sabino

Wednesday 16th February

Funeral Service

12:30pm — Lee Porter RIP

Feria

6pm — for the election of a bishop

Thursday 17th February

Seven Holy Founders of the Servites

12:15pm — Georges David RIP

Friday 18th February

Feria

10am — Holy Souls

Saturday 19th February

Our Lady on Saturday

10am — Holy Souls

Vigil of the 6th Sunday of the Year

6pm — Holy Souls

CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

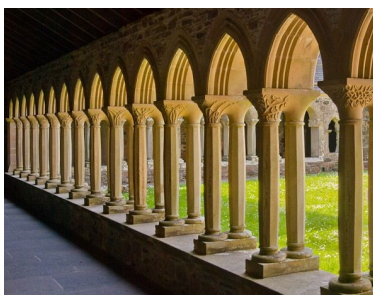
S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month
at 8am. (Next 2nd Sunday Mass: 13th Mar)

DOMUS MEA DOMUS ORATIONIS VOCABITUR

'My house shall be called a house of prayer'

Is 56:7 & Mt 21:13



The peace and tranquillity of a monastic cloister comes from the generations of monks or nuns who have offered up prayers and penances over many decades or even centuries. Our parish church of St Pancras is not, of course, an enclosed monastic chapel. Nonetheless, the same sense of God's presence can be felt by both regular and occasional worshippers, as well as tourists, if we maintain a prayerful quiet at all times.

Please refrain from chatter, before and after Mass, and even when no one else is around. We do not keep quiet *only* because other people are praying but, quite simply, because this is the house of God. Even so, amidst the noisy bustle of Ipswich town centre St Pancras church can become a place of stillness and untroubled calm for any and every passer-by.

Septuagesima Sunday

Today, in the traditional liturgical calendar, is Septuagesima Sunday, and we are—more or less—seventy days away from Easter. One of the advantages of observing this ancient mini season of the Church's year (from today until Ash Wednesday) is that we can start to think about our Lenten resolutions *before* Lent begins. In that way, we can hit the ground running, as it were, when Lent finally arrives! And, maybe, we can even start to keep those resolutions in the days running-up to Ash Wednesday on 2nd March, who knows?

THIS WEEK

Sunday 13th — *Septuagesima*

- 8am (TLM): 2nd Sunday of the month

- Synodal pathway meetings after the 9:30 and 11:00 Masses

Wednesday 16th February

- 12:30pm Funeral: Lee Porter RIP

- 7pm: 'In the Cool of the Day' talk

Thursday 17th

- after 12:15 Mass: Synodal meeting

- 6pm: Adult Confirmation group

Friday 18th

- 11am: Over 60s coffee morning

- No Confirmation class (half term)

Saturday 19th

- No Communion class (half term)

NEXT WEEK

Wednesday 23rd

- 7pm: 'In the Cool of the Day' talk

Thursday 24th

- 2pm: requiem Mass—Mick Rainbird

- 6pm: Adult Confirmation group

Friday 18th

- 11am: Over 60s coffee morning

- No Confirmation class (half term)

Saturday 19th

- No Communion class (half term)

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Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742



The Synodal Path Our next parish meeting to discuss responses will take place in the parish hall after the 9:30am and 11am Masses today, and again after the 12:15pm Mass on Thursday 17th Feb. You can find the synodal questions via the diocesan

links on our website, and (for those without access to the website) on pp18—19 of the Christmas edition of our parish magazine, available free of charge at the back of church.

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Crib Collection for Aid to the Church in Need (ACN) came to the astonishing total of **£2,401:87**. Well done everybody and a huge thank you!

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Pancake Party In the parish hall on Tuesday 1st March, Shrove Tuesday. All welcome! Bring some pancake mixture, and your favourite fillings and toppings as well as your chef's apron! Soft drinks will be provided (but donations to cover the costs will be welcome.)

Ash Wednesday is on 2nd March. Watch this space for times of Masses and Confessions.

Consider whether you might make your home a 'house of prayer' (without turning it into a monastery or a convent!) in order to preserve the Catholic Faith in the midst of a world that simply doesn't understand. *Domus mea domus orationis vocabitur*, 'My house shall be called a house of prayer' (Is 56:7; Mt 21:13).

'In the Cool of the Day' Our Wednesday evening talks continue this week at 7pm in the hall as we explore how the seeds of all the doctrines of the Catholic Faith are sown in the first three chapters of the Book of Genesis. This week, we continue looking at the Fall. All welcome, whether you have been before or not.

Accommodation wanted: a one bedroom flat for rent, preferably near the Ranelagh Rd area of Ipswich, from end of February/beginning of March. Please contact Wojtek: wojtekwasagpt@outlook.com

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, and Pat Maile.

Of your charity Please pray for the repose of the souls of Mick Rainbird and Lee Porter both of whom have died recently, as well for all whose anniversaries occur at this time: Louisa Inman, Margaret Dallastone, Margaret Jackson, Sheila McLoughlin, Eileen Kerby, Gerald Griggs, Mary Ward, Bridie McCallion, Margaret Armstrong, Czeslaw Pajak, Mark Pajak, Patrick Boland, Millicent Westerling, Dermot Fahy, Mary Cuffe, William Felton, Vincent Duggan, Sylvia Thorne, Patrick Dooley, Eileen Golding, Anthony Fahy, William Cork, Emilio Carrino, Mary Wright, Albert Wilkins, Anthony Forster, Kathleen Shellard, Joan Green, Jan Winton, John Molloy, William Wilson, Ralph King, Mary Hambling, Kenneth Ruoge, and Ellen Mongan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The Mass-Pt XXXII So important is the consecration of the Bread and Wine into the Body, Blood, Soul, and Divinity of Our Lord Jesus Christ at Mass that we are going to continue looking at it today.

Let all mortal flesh keep silence,
And with fear and trembling stand;
Ponder nothing earthly-minded,
For with blessing in his hand,
Christ our God to earth descendeth,
Our full homage to demand.

King of kings, yet born of Mary,
As of old on earth he stood,
Lord of lords, in human vesture,
In the body and the blood;
He will give to all the faithful
His own self for heavenly food.

At his feet the six-winged seraph,
Cherubim, with sleepless eye,
Veil their faces to the presence,
As with ceaseless voice they cry:
Alleluia, Alleluia,
Alleluia, Lord Most High!

These words, adapted from the 3rd century Liturgy of St James, sum up the awe we should feel at the coming down of our Saviour, the Son of God, onto the altar in Sacramental form. This is the central *Mysterium Fidei*, the Mystery of our Faith, namely, the Incarnation of the Son of God continued in time, along with His saving Passion and Death on the Cross, His Resurrection, and Ascension back into Heaven. All of the elements are made present to us on the altar because Christ Himself is made present to us on the altar as the priest whispers those most sacred words, 'This is my Body' and 'This is my Blood.'

It is precisely because the Bread and Wine become the Body and Blood of Our Lord that, being made present in the **Sacrament**, He is able offer Himself up to the Father in the 21st century as a **Sacrifice** for the salvation of souls. These two components, the **Sacrifice** and the **Sacrament**, are the very essence of the Mass, and cannot be separated (which is why the altar on which the sacrifice is offered and the tabernacle in which the Blessed Sacrament reposes were traditionally attached to one another). In both, Christ is seen to be the **Priest** (the one who offers) and the **Victim** (the one who is offered) at one and the same time, just as He was on Calvary two thousand years ago.

The sacred nature of the Blessed Sacrament simply cannot be overstated. It is the very presence of Our Lord and Saviour Himself! We bow and bend down, we kneel before Him in adoration and worship. We approach Him with 'fear and trembling' and veil our faces, as it were, in His presence. We hardly dare look upon Him, and yet... And yet He comes to us 'with blessing in His hand... our full homage to demand.'

It is worth repeating what was said last week, namely, that traditionally only the hands of a priest, consecrated at his ordination, were deemed fit to touch His presence in the Sacred Species. We dare not touch Him, even though we dare—because He commanded us—to receive Him full reverently on our tongues to welcome Him into our hearts. Are our tongues less sinful than our hands? No, I'm afraid they are not. Indeed, they may be more sinful! But the less we touch Him, the more reverently we can approach so precious a Gift. Besides, as we have said before, it is the very nature of a gift that we cannot take it for ourselves and feed ourselves with the Living Bread. Receive it, yes, but take it? Never!