

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Administrator:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 2

March is dedicated to
St Joseph

Sunday 27th February 2022

8th Sunday of the Year

09:30 — Geraldine Godfrey RIP

11:00 — Ferdinando Sepicacchi RIP

Monday 28th February

Feria

10am — Sr Maria Bertina

Tuesday 1st March

Feria of Quinquagesima

8am (TLM) — Lucy Wee

Wednesday 2nd March

Ash Wednesday

8am (TLM) — Janet Kessell

12:15pm — for the Conversion of Russia

6pm (sung) — Pro Populo

Thursday 3rd March

Lent feria

12:15pm — for Vocations

Friday 4th March

Lent feria

10am — Eddy Ware RIP

Saturday 5th March

Lent feria

10am — Paul Francis Clappison RIP

Vigil of the 1st Sunday of Lent

6pm — Teresa McAteer

CONFESSIONS:

Mon — Fri: 20 minutes before each Mass

Sat: 9:30 — 10:00 & 5pm — 5:45pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Thur: after Mass

STATIONS: Sun: 4:30pm (in Lent)
Fri: after Mass (in Lent)

DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 13th Mar)



BRING & SHARE PANCAKE PARTY

Tuesday 1st March at 6pm

Bring some pancake mixture and other contributions for a shared supper, roll up your sleeves, and join in the fun. Soft drinks will be provided. Donations to cover costs and for *Mary's Meals*.

All welcome.

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ASH WEDNESDAY

DAY OF FASTING AND ABSTINENCE

All must **FAST** who have reached the age of 18, until their 60th birthday. (Others, especially children, are encouraged to fast.) To fast means eating less than you would normally, and in any case no more than one meal and two small snacks. The sick, the frail, expectant and nursing mothers are exempt from fasting. **ABSTINENCE** means avoiding eating meat and fowl, and foodstuffs made from them, as a reminder of the Word-Made-Flesh who died for us. The laws of abstinence apply to all who have reached their 14th birthday.

Masses at: 8am (TLM), 12:15pm, 6pm (sung)

With the imposition of ashes at all Masses

Confessions 20 minutes before each Mass

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LENT AT ST PANCRAS

SUNDAYS IN LENT

Stations of the Cross & Benediction
4:30pm

SATURDAYS IN LENT

Coffee in the parish hall after the
10am Mass *followed by*

THURSDAYS IN LENT

Thursday Lent Lunches — 1pm
to raise money for our Lent fundraising project, *Mary's Meals*.

a Lenten meditation,
'Ecce Lignum Cruce,'
The Wood of the Cross
followed by

FRIDAYS IN LENT

Stations of the Cross after
the 10am Mass

Adoration of the Blessed Sacrament
from about 12 noon till 5:30pm
Please sign the watching list at the
back of church

*Please take a leaflet from the back of church giving full details of our
Lent & Holy Week services*

FR LEEDER RIP

Monday 14th March

5:30pm — Reception of the Body
6pm — Mass celebrated by Bishop Alan

Tuesday 15th March

11:30am — Funeral Requiem Mass
followed by burial

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

MARY'S MEALS

'Mary's Meals provides life-changing meals to some of the world's poorest children every day they attend school.'

Our parish Lent project is to raise money to help feed some of the world's poorest children. We plan to have a special second collection at Mass one Sunday, a standing collection box (as we did for the Crib Collection), funds from the Thursday lunches, and a cake sale on Mothering Sunday (27th March). So get your aprons on! See details in our Lent leaflet.

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Prayer is one of the three Lenten disciplines, along with fasting and almsgiving. Some parishioners may want to consider making their households 'houses of prayer,' or *Domus* (peculiarly, 'domus' is both the singular and the plural). If you would like to make your household a more prayerful place please continue to watch this space.

Domus mea domus orationis vocabitur,
'My house shall be called a house of prayer'
(Is 56:7; Mt 21:13).

Synodal meetings may be held online. Please contact Stephen Donaghy at sdonag9@gmail.com with 'Synod' in the subject line of the e-mail, and with details of availability. The survey can be found at rcdea.org.uk/synodal-pathway/ or in the Christmas edition of the parish magazine.

Parish Magazine Please submit articles for the next edition to Stephen Donaghy at sdonag9@gmail.com, or post them to 62 Weyland Road, Witnesham, Ipswich IP6 9ET, or leave them with Fr Joseph. Deadline: 6th March. Many more articles needed. Don't be shy!

'In the Cool of the Day' Our Wednesday evening talks will take a break until after Easter.

Accommodation wanted: a one bedroom flat for rent, preferably near the Ranelagh Rd area of Ipswich, from end of February/beginning of March. Please contact Wojtek: wojtekwasagpt@outlook.com

Incardination Following a formal petition, Bishop Alan has graciously granted that Fr Joseph may be incardinated into the diocese of East Anglia, which means he is to become a priest of the diocese. Bishop Alan has asked him to continue at St Pancras.

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, and Philomena Maile.

Of your charity Please pray for the repose of the soul of Fr Sam Leeder who died recently, as well for all whose anniversaries occur at this time: Frances Walter, John Copple, Mary Bantoft, Alan Markhadds, Alan Hobbs, Mary Duff, Maud Simmonds, John Green, Rose Robinson, Joyce Mitchell, Fernando Ebhram, Geoffrey Chisholm, Margaret 'Doc' Heley, Arthur Wells, Reginald Smith, Florence Porter, Willam Rainford, Evelyn Kelly, Bridie McCallion, Bernard Fox, Paul Bower, Adriana Turner, John Cox, Elsie Young, Grace Armstrong, Florence Blackett, Idwal Humphrey, Bridget Joy, Beatrix Richards, Ernest Layton, Hugh Cutting, Eddy Ware, Sarah Barnes, and John Loftus. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The Mass-Pt XXXIII Having looked closely at the nature of the **sacrifice** and the **sacrament**, and considered the miracle of **transubstantiation** whereby the Bread and Wine are transformed into the Body and Blood, Soul and Divinity of Our Lord Jesus Christ so that there remains nothing of the Bread and Wine except what we call the 'accidents' (what we can see, taste, touch, and so forth), we now move to the next part of the Canon of the Mass, the prayer we call the *Unde et memores*:

'Therefore, O Lord, as we celebrate the memorial of the Passion, the Resurrection from the dead, and the glorious Ascension in heaven of Christ, your Son, Our Lord...'

Once again we are reminded of the great sweeping movement of the Incarnate Son of God whereby He came down to earth, was born of the Virgin Mary, descended to the depths of human suffering on the Cross, died, descended into hell (that is, the Limbo of the Fathers), rose from the dead, and ascended back to the Father in heaven. In the process of this great sweeping movement He scooped us up, as it were, from the depths of our alienation from our Creator, to take us to be with Him for ever in heaven. All of this was accomplished for us during the life of Christ when He was personally present on earth. Now, in the Mass, this sweeping movement of our redemption continues to be accomplished in sacramental form on the altar of God, making us present at each of these events, and drawing us, through the mysteries of the Church's liturgy, into a deeper participation in the supernatural life of Our Lord and Saviour (2 Peter 1:4). The *Unde et memores* continues:

'...we, your servants and your holy people, offer to your glorious majesty from the gifts that you have given us, this pure victim, this holy victim, this spotless victim, the holy Bread of eternal life and the Chalice of everlasting salvation.'

As we have discussed before, the sacrifice is offered by priests ('your servants') and people alike: the priest, sacramentally by virtue of his ordination, and the people as prayers of praise and thanksgiving. The 'gifts that you have given us' refer chiefly to the Bread and Wine but incorporate, also, the gift of ourselves. If we are to become more like to Christ then we must make of ourselves pure, holy, and spotless victims offered to the Father through His Son. Nonetheless, the main reference is to the Sacred Host that now lay on the altar, consecrated by the words and actions of the priest, which is become—for our sake—the pure, holy, and spotless Victim offered on Calvary, Our Lord Jesus Christ Himself.

We who are sinners cannot properly and fully appreciate the purity, the holiness, the spotlessness of the Host whom we worship in the Blessed Sacrament and receive in Holy Communion. The word 'host' comes from the Latin *hostia* meaning 'victim.' On the altar, and in the tabernacle, we have the perfect Victim, One who freely laid down His life (Jn 10:18) for we who are very far from perfect, for we who are still sinners (Rom 5:7). This part of the *Unde et memores* draws a sharp contrast between our sullied and fallen nature on the one hand and Christ's flawless, untainted perfection on the other. It is Christ the unblemished Lamb who, in being sacrificed, frees us from the thorns of sin that bind us. It is not accidental that Adam is told he will have to gather his harvest from amongst thorns (Gen 3:18), thorns which are later woven into a crown (Jn 19:5), and it is not accidental that Abraham sacrifices, instead of his son, a ram that has been caught in the briars and thorny brambles (Gen 22:13).

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Next week we take a break from looking at the Mass and begin a re-run of last year's Lent thoughts on the Sacrament of Confession.