

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

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Parish Administrator:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 2

April is dedicated to  
the Blessed Sacrament

## Sunday 24<sup>th</sup> April 2022

09:30 — Pro Populo  
11:00 — Joanne Convey RIP

## Monday 25<sup>th</sup> April

*S. Mark*  
10am — James Ball RIP

## Tuesday 26<sup>th</sup> April

*S. George (transferred from 23<sup>rd</sup>)*  
8am (TLM) — Holy Souls

## Wednesday 27<sup>th</sup> April

*Easter feria*  
6pm — Gillian Poulain RIP

## Thursday 28<sup>th</sup> April

*Easter feria*  
12:15pm — Ferdinando Sepicacchi RIP

## Friday 29<sup>th</sup> April

*S. Catherine of Siena*  
10am — Therese Damon RIP

## Saturday 30<sup>th</sup> April

*Easter feria*  
10am — Therese Barjie RIP  
*Vigil of 3<sup>rd</sup> Sunday of Easter*  
6pm — Holy Souls

### CONFESSIONS:

Mon — Fri: 20 minutes before each Mass  
Sat: 9:30 — 10:00 & 5pm — 5:45pm

**ADORATION:** Sat: 5pm — 5:45pm

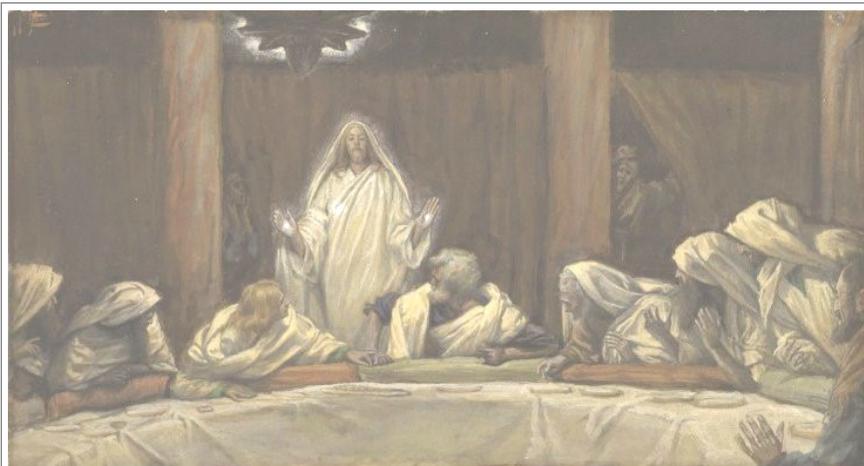
**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month  
at 8am. (Next 2<sup>nd</sup> Sunday Mass: 15<sup>th</sup> May)

*Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.*

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*The Appearance of Christ in the Cenacle*  
by James Tissot (1836-1902)

'Peace be with you.' With these words Our Lord greets His Apostles in the Upper Room, both on the evening of the first day of the week when He is first risen and again the following Sunday, by which time St Thomas is with them. Note that the birth of Our Lord is announced with the words, 'Peace to men of good will' (Lk 2:14). Now, as Our Lord's life here on earth draws to a close we hear the same greeting, 'Peace be with you' (Jn 20:26). The whole of Our Lord's incarnate life here on earth as portrayed in the Gospels is encompassed within these two greetings: peace at the outset and peace at the close. Or perhaps we should say that Our Lord's presence itself is the very peace that He bestows upon us.

But there is more. When the choir of angels proclaim the birth of Our Lord with the words, 'Peace to men of good will,' they are proclaiming peace to all those who unite their will to the will of God. Similarly, Our Lord accompanies His greeting of peace to His Apostles in the Upper Room with the sacramental power and authority to forgive sins in Confession. In other words, He enables His sacramental presence (which we call sanctifying grace) to be passed on to all sinners who repent of their sins and re-unite their will to the will of the living God. This, after all, is the whole purpose of Our Lord's incarnation, death, and resurrection, namely the reconciliation of sinners with the God from whom they have become alienated by sin.

Truly, a soul who frequently turns to God through the Sacrament of Confession will find that peace which the world cannot give (Jn 14:27). We often associate Confession with the two preparatory seasons of Advent and Lent, but of course we should turn to God again and again throughout the year—and not just twice a year—in this beautiful and rich sacrament. Only by doing so can we hope to find the peace that is the presence of Christ in our hearts and minds.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**MARY'S MEALS COLLECTION** Today is the last chance to contribute to our Lent fundraising project for Mary's Meals. Please consider making another donation even if you have already given once. Thank you.

**A BIG THANK-YOU** to everyone who helped to make our Sacred Triduum and Easter services so reverent and prayerful, especially our director of music, our two organists, our choir members and soloists, as well as our readers, altar servers, and those who helped in the sacristy; those who laundered the altar cloths and small altar linens; those who cleaned the church, those who organised the beautiful flowers; those responsible for running our repository; all who helped raise funds for Mary's Meals; our Sunday coffee makers, and of course our stewards. **THANK YOU.**

**Green Envelopes** The new boxes of green offertory envelopes are now available at the back of church.

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**PARISH & DIOCESAN DATES FOR YOUR DIARY**

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**MAY PROCESSION AT 3PM**

Sunday 8<sup>th</sup> May

**PATRONAL FEAST OF ST PANCRAS MASS AT 6PM**

Thursday 12<sup>th</sup> May

**CONFIRMATION MASS AT 6PM**

Monday 16<sup>th</sup> May

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Sunday 19<sup>th</sup> June—Corpus Christi procession at 3pm

Sunday 26<sup>th</sup> June—First Communion Mass at 9:30am

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**Ignite Catholic Youth Festival** 30<sup>th</sup> April — 1<sup>st</sup> May 2022. A weekend for those in Yr 8+ at the Sacred Heart School, Swaffham. Go to [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk)

**Diocesan Pilgrimage to Walsingham** Tuesday 31<sup>st</sup> May. Beginning with Mass at 12 noon and ending around 4pm with Benediction in the Priory grounds.

**Diocesan Pilgrimage to Lourdes** 19<sup>th</sup> — 26<sup>th</sup> August 2022. See the pilgrimage website — <https://www.tangney-tours.com/pilgrimages/lourdes/catholic-association#!>

**The Relics of S. Bernadette of Lourdes** Will be visiting our diocese as part of a nationwide tour. They will visit the Cathedral 13<sup>th</sup>—15<sup>th</sup> October 2022 and OLEM in Cambridge 15<sup>th</sup>—16<sup>th</sup> October.

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**Sick List** Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, and Leighton Scott.

**Of your charity** Please pray for all who have died recently, as well for all whose anniversaries occur at this time: Joseph Collins, Vera O'Sullivan, Kathleen Mitchell, Teresa Donohoe, Rosina Bove, Robert Halls, Ted Brown, Eustacchio Palumbo, Donna-Marie Franks, Adam Borowiak, Comfort Glover, Gulio Zagni, Alice Lawler, Rosemary McTiernan, Barry Jackson, Stephen Wisiorek, Ernest Fell, Mary Barker, Remique Kiesekoms, Mary Cudden, Mary Mongan, Bonny Mornard, Pasquale Iachetta, and Annie McCallion. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:**

As Catholics, we believe in the bodily resurrection of Our Lord from the dead. He ate food (Lk 24:42-43) and was touched by His disciples (Jn 20:27). He was no ghost. Yet as St Paul tells us, He is only the firstborn from the dead (Col 1:18). Others will follow including us, God willing. But what will our risen bodies be like?

When Christ rose from the dead there was clearly something extraordinary about His resurrected body. After all, some of the disciples who knew Him very well failed to recognise Him when they first saw Him, for example, Mary Magdalene who supposed Him to be the gardener (Jn 20:15), and the two disciples walking to Emmaus (Lk 24:16). And elsewhere, 'He appeared in another shape to two of them walking' (Mk 16:12). This failure to recognise Him may have something to do with their expectations and the nature of their faith: they did not expect to see Him; they did not, as yet, believe in His resurrection.

But even more than this, although Christ's body was the same one in which He had lived and died (remember, He showed St Thomas the wounds made by the Roman soldiers) still that same body, nonetheless, was now glorified and bore some remarkable traits. Catholic theology tells us that our resurrected bodies will bear the same characteristics. So what are they?

First, *impassibility*. That is, our bodies will be rendered incapable of suffering or pain: 'God shall wipe away all tears from their eyes, and death shall be no more, nor mourning, nor crying, nor sorrow shall be anymore, for the former things are passed away' (Apoc 21:4). We know that pain, disease, sickness, and death entered the world as a result of sin. In heaven, where there is no sin, there will be no more suffering.

Second, *brightness*. That is, our bodies will be rendered glorious. But the degree of our brightness will differ according to our merits. Christ's glory at the Transfiguration dazzled Peter, James, and John (Mt 17:2 *et par*), With us, one will bear 'the glory of the sun, another the glory of the moon, and another the glory of the stars. For star differs from star in glory' (1 Cor 15:41).

Third, *agility*. That is, our bodies will no longer be weighed down as they are on earth by gravity, and they will be enabled to pass, as quick as thought, from one part of creation to another (being 'sown in weakness, it shall rise in power,' 1 Cor 15:43), which is how Our Lord sometimes appeared after the resurrection without the disciples quite knowing how He had appeared among them, for example in their midst (Lk 24:36; Mk 16:14).

Finally, *subtlety* or subtlety. That is, our bodies will share the spiritual existence of the soul, being rendered capable of passing through material substances as was Our Lord's body when He appeared to the disciples in the middle of a locked room (Jn 20:19, 26). For each of our bodies 'is sown a natural body, [but] shall rise a spiritual body' (1 Cor 15:44). As St Paul adds elsewhere, Our Lord 'will reform the body of our lowliness, that it may be made like to the body of His glory' (Phil 3:21).

Interestingly, the reverse of these four qualities are said to be the lot of those in hell.

Our bodies are consecrated by the Holy Oil of Chrism at our Baptism, and again at our Confirmation, (and a priest's body at his ordination). These consecrations, and the knowledge that our bodies will rise again, should help form our attitude to how we treat our bodies, both in terms of physical well-being and, more importantly, in terms of spiritual well-being.

**Resurrexit, sicut dixit. Alleluia!**  
*He is risen, as He said. Alleluia!*