

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 2

July is dedicated to
the Precious Blood of Jesus

Sunday 17th July 2022

16th Sunday of the Year

09:30 — Holy Souls

11:00 — Holy Souls

Monday 18th July

Feria

10am — Souls in Purgatory

Tuesday 19th July

S. Vincent de Paul

8am (TLM) — Rev Georges Bonin RIP

Wednesday 20th July

S. Apollinaris

6pm — for the election of a bishop

Thursday 21st July

S. Laurence of Brindisi

12:15pm — Bernie Wood

Friday 22nd July

S. Mary Magdalene

10am — Gwen Elliott

Saturday 23rd July

S. Bridget

10am — for the *Domus* of the parish

Vigil of 17th Sunday of the Year

6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass, and 5pm — 5:45pm on Sat.

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

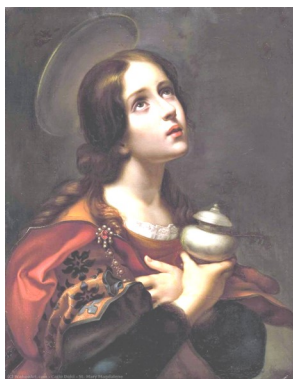
S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 14th Aug)

Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.

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SAINT OF THE WEEK — ST MARY MAGDALENE



*St Mary Magdalene
by Carlo Dolci (1616-1686)*

We know the saints, in part, by their attributes: Apostle, Martyr, Confessor, Virgin, Widow, and so forth. In the Missal, St Mary Magdalene is known simply as Penitent, and is the only saint in this category, a fact recognized by Pope Francis during the Year of Mercy (2015-16) when he raised her feast day to the rank of FEAST (instead of MEMORIAL). Since at least the time of Pope St Gregory the Great (d. 604), perhaps from the time of St. Augustine (d. 430), and possibly even from the time of St Hippolytus (d. 235), Mary Magdalene has been recognized as the penitent sinner who washed the feet of Jesus, as the sister of Mary and Lazarus, and as the first witness to the resurrection. But there is a strong and ancient tradition which says she was also the woman taken in adultery, which would, perhaps, explain the depth of her penitence and gratitude to Our Blessed Lord.

Lifts to Church If you cannot get to Mass on Sundays and Holy Days because of a lack of transport, please let Fr Joseph know (even if you have told him in the past). If you might be willing to add your name to a pool of drivers who could offer lifts to parishioners (at least occasionally, if not every Sunday), please let Fr Joseph know. Thank you.

The Parish Library The parish library is housed in the anteroom to the parish hall. Please help yourself to reading material, and return it when you have finished. A signing in/out book will be in place shortly. This is a much underused resource, which is a shame. Please do make use of it.

Parish Magazine After several years of dedication, the current editor is stepping down. On behalf of the parish I should like to thank Stephen Donaghy for all his hard work in ensuring the quarterly publication of news and quizzes, articles, jokes, and illustrations about and of parish life. Thank you. We are now looking for a new editor to take this project forward. If you would like the opportunity to contribute to parish life, and if, perhaps, you already have a flair for editing, please speak to Fr Joseph. Thank you.

Parish Council Secretary Stephen Donaghy has also served for several years as the secretary to the parish council. Once more, we owe him a great debt of thanks for his years of service. Thank you. So, we are now also looking for a new member of the parish council (perhaps to serve as the secretary also), someone who would like to contribute to the increasingly busy life of the parish and be involved in shaping decisions. Please speak to Fr Joseph.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Contact Details If you have not already done so, please complete a Contact Details postcard from the back of church and return it to Fr Joseph so that the parish has up-to-date records of parishioners' details. Thank you.

Collections We are looking fairly urgently for at least one team of two people (not husband and wife) to assist on a regular basis with counting the Sunday collection. Please speak to Fr Joseph

Masses may be offered for the living and the dead. Please complete a Mass Offering envelope from the back of church. A typical Mass offering is £10.

Coffee is served every Sunday in the parish hall following the 9:30 and 11 o'clock Masses. All welcome.

The Over 60s Group meets every Friday after the rosary for coffee and a chat. Newcomers most welcome.

For Diocesan events please see the poster in the porch.

Parish lunchtime BBQ: on Sunday, 28th August. More details to follow.

First Communion Next Year? Please see the poster in the porch or the leaflet at the back of church.

St Pancras Catholic Book Club will meet for the first time on Monday, 12th September at 7pm in the parish hall. Each quarter we shall meet to discuss a book of spiritual reading, the first of which will be *Revelations of Divine Love* by Julian of Norwich. So, get yourself a copy and start to enjoy some summer reading!

Did you know...? The theory of an expanding universe, beginning with a big bang (or, as he called it, the hypothesis of the primeval atom), was first proposed by a Belgian Catholic priest, Fr Georges Lemaître (d.1966), who was also a theoretical physicist, mathematician, astronomer, and professor of physics at the Catholic university of Louvain. Interestingly, to begin with, Einstein refused to accept the theory that the universe was expanding, telling Lemaître, 'Your calculations are correct, but your physics is atrocious.'

St Philip Neri said, 'There is nothing the devil fears so much, or so much tries to hinder, as prayer.'

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, and Bernie Wood.

Of your charity

Please pray for those who have died recently, as well for all whose anniversaries occur at this time: Br Elvin Gerard FSC, Phyllis Dooley, Patrick McElholm, Carol Hunt, Iwan Jacyna, Walter Blackwell, William Sheridan, Walter Culling, Annie Skeet, Anthony Murphy, Anthony Stokes, William Hynes, Margaret Shevlin, Maria Kondvotiére, Adrian Cauldwell, Lorraine Bayton, Arthur Leason, James Bird, Catherine O'Flaherty, Terence Cooke, Giuseppina Melnyk, Rose Keenan, Bernadette Bower, David Barham, Frank Louis, and Colman Stanton. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: The Mass-Pt XXXXV We now come to what many people think of as the most important part of the Mass, Holy Communion. But perhaps we do better to think of Holy Communion as part of a stage play, the final act in the sacred drama that is drawing to a close.

Throughout the Mass, our whole attitude has been one of worship. With every prayer and gesture we have offered up to Almighty God the supreme oblation, the perfect sacrificial gift, namely His Son. Or, rather, the Son Himself has offered up the perfect gift to the Father, the gift of Himself, and we have allowed ourselves to be caught up in the updraft, as it were, of Our Lord's heaven-directed offering. At the moment of Holy Communion, whilst we do indeed receive the most perfect gift in return, nonetheless, the act of Holy Communion is still an act of giving on our part even more than it is an act of receiving.

The Mass is not just an opportunity to consecrate some more Hosts for Communion. Indeed, were the priest suddenly to find himself without any Hosts to take to the sick, he cannot say a quick Mass just to restock the tabernacle! No, the whole Mass is ordered to the oblation, the sacrificial gift, offered to the Father by the Son on our behalf. And just as Holy Communion forms an integral part of the Mass, so Holy Communion is also, and chiefly, an act of sacrificial offering even though we usually think of it as a moment of receiving. In Holy Communion, we do what we have done throughout the Mass, namely give praise and worship to our God.

If the priest gives us Holy Communion, and we receive the Sacred Host, in what way can we be said to be giving? First, as we have just said, Holy Communion forms part of the whole. Properly speaking, Holy Communion cannot be separated from the Mass (even though there are times when Holy Communion can be administered outside Mass, for example to the sick and housebound, and, of course, on Good Friday: remember, the service of the Passion of Our Lord on Good Friday afternoon is not a Mass even though we receive Holy Communion). Historically, the tabernacle and the altar were always attached to each other because Sacrifice (on the altar) and Sacrament (in the tabernacle) cannot be separated. Together, they form a whole.

With this in mind, receiving Holy Communion can never be a purely personal act of private devotion. When we receive Our Lord's presence in the Blessed Sacrament, whilst we receive far more than we give, nevertheless we give ourselves to Him, opening our hearts and giving our entire selves to our God, surrendering to Him our memory, our understanding, and our will (as St Ignatius of Loyola's famous prayer says), along with our bodies, our souls, and our actions. We give ourselves to Our Lord in Holy Communion so that His presence in our hearts, and our minds, and our souls, may sanctify us, make us whole, and render us worthy gifts to be offered to the Father alongside the Son's offering of Himself.

Immediately before receiving Holy Communion, as we saw last week, we pray, 'Lord, I am not worthy...' It is the presence of the Word-made-flesh in the form of the Blessed Sacrament that makes us worthy—that transforms us into fitting gifts—to be offered to the Father.

This, dare we say, is why receiving Holy Communion on the tongue is a fitting gesture because we proffer our very bodies to Him, as well as our hearts and minds and souls, in a sign of our submission to Him, whereas receiving Holy Communion in the hand seems somehow to resemble more an act of taking instead of giving. Funnily enough, this is why the modern Offertory hymn, 'All that I am,' is more suitable as a Communion hymn instead:

All that I am, all that I do,/ All that I'll ever have, I offer now to you./ Take and sanctify these gifts for your honour Lord./ Knowing that I love and serve you is enough reward.