

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
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Ipswich  
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Parish Priest:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 2

August is dedicated to  
the Immaculate Heart of Mary

## Sunday 21<sup>st</sup> August 2022

21<sup>st</sup> Sunday of the Year  
09:30 — Ken King RIP  
11:00 — Pro Populo

## Monday 22<sup>nd</sup> August

The Queenship of Mary  
10am — Margaret Mary Ware RIP

## Tuesday 23<sup>rd</sup> August

S. Philip Benizi  
8am (TLM) — Patrick Willis int.

## Wednesday 24<sup>th</sup> August

S. Batholomew  
6pm — Paul Poulain RIP

## Thursday 25<sup>th</sup> August

S. Louis  
12:15pm — Private int.

## Friday 26<sup>th</sup> August

Bl. Dominic of the Mother of God  
10am — Sebastian Abbott ints.

## Saturday 27<sup>th</sup> August

S. Monica  
10am — Una McWeeny RIP  
Vigil of the 22<sup>nd</sup> Sunday of the Year  
6pm — Emanuel Hulewicz RIP

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass  
**& Sat:** 5pm — 5:45pm  
**1<sup>st</sup> Friday:** 7pm — 8pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at  
8am. (Next 2<sup>nd</sup> Sunday Mass: 11<sup>th</sup> Sept.)

*Traditional Latin Masses (TLM) are said  
according to the Missal used before the  
Second Vatican Council.*

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## PARISH BBQ

### NEXT SUNDAY — 28<sup>TH</sup> AUGUST

*from 1pm onwards*

in Bill & Brigitte's garden at Topples, Ipswich Rd, Holbrook, IP9 2QT  
*what3words: nurtures.lowest.pricing*



*Look out for the  
Vatican flag!*

Please sign the list at the back of church **TODAY** so that we have an idea of numbers. Let us know whether you can bring a salad or a pudding, and whether you have any vegetarian requirements. **BRING A BOTTLE**, either alcoholic or soft, or both, and a **GARDEN CHAIR** if you have one. All sausages and burgers—meat and vegetarian—as well as chicken pieces will be provided.

There will be some parking on-site, but otherwise on the roadside nearby. Please be considerate to other road users and neighbours when you park.



**All welcome!**

*Pictured: Brigitte & Bill hosting a BBQ in the 1960s.*

### Feast of the Week

## The Queenship of Mary & Her Immaculate Heart

22<sup>nd</sup> August

On the octave day of the feast of the Assumption we celebrate another feast of Our Blessed Lady. Since 1969 we have kept the feast of the Queenship of Mary. Having been assumed into heaven, she is now crowned as heaven's Queen and is truly seen to be the 'woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars' (Apoc 12:1). But prior to the liturgical changes, 22<sup>nd</sup> August was the feast of the Immaculate Heart of Mary. As we saw on the Assumption, Our Lady was assumed into heaven body and soul together as a result of her never having been tainted by original or actual sin. Sin brings the corruption of suffering, sickness, disease, and, ultimately, death, that is, the separation of body and soul. It was precisely because she was immaculately conceived, and was preserved by God's grace and her own acts of the will from actual sin, that her heart remained immaculate and her body incorrupt. In other words, on the feast of the Assumption we see Our Lady's fitting reward, and on the feast of her Immaculate Heart we are shown the cause of her incorruption, and we celebrate with joy 'our tainted nature's solitary boast.'

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
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**New Editor** We are delighted to have found a new editor for our quarterly parish magazine. A big thank-you to Tilly Rampley. Articles for the next edition should be submitted to [matilda79r@gmail.com](mailto:matilda79r@gmail.com) no later than 23<sup>rd</sup> August (hard copy to Fr Joseph) . Once again, a huge thank you to Stephen Donaghy for his hard work over several years.

**Wednesday Evening Mass** If you think the Wednesday evening Mass should move from 6pm to 7pm please let Fr Joseph know. Thank you.

**Join us** to discover some of the treasures of the Catholic Faith hidden in St Matthew's Gospel. Wednesdays at 7pm beginning 21<sup>st</sup> September.

**First Communion Next Year?** Please see the poster in the porch or the leaflet at the back of church.

**March for Life UK** Saturday, 3<sup>rd</sup> September. See poster in the porch for details or go to [marchforlife.co.uk](http://marchforlife.co.uk)

**St Pancras Catholic Book Club** will meet for the first time on Monday, 12<sup>th</sup> September at 7pm in the parish hall. Each quarter we shall meet to discuss a book of spiritual reading, the first of which will be *Revelations of Divine Love* by Julian of Norwich. So, get yourself a copy and start to enjoy some summer reading!

**For Diocesan events** please see the poster in the porch.

**Pilgrimage Walk** to the Ecumenical shrine of Our Lady of Grace of Ipswich: Sunday, 4<sup>th</sup> September.

**Washing machine** available free. 8-10yrs old in good working order. Speak to Fr Joseph

**From Sept.** Confessions 7pm—8pm on 1<sup>st</sup> Fridays.

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**Did you know...?** The Vatican City is the smallest country in the world with a land border of just 2 miles. Measuring just 0.19 sq miles, it is smaller than the City of London (1.12 sq miles), would fit into Hyde Park, and is slightly smaller even than the average golf course.  
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**St Aloysius Gonzaga said,** 'It is better to be the child of God than king of the whole world.'

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**Sick List**

Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, Bernie Wood, and Graham Wilding.

**Of your charity**

Please pray for those who have died recently, as well for all whose anniversaries occur at this time: George Nevill, Maria Buan, Daisy Taylor, Pierre Osborn, Sean O'Farrell, Mary Lambert, Elsie Rauch, John Southworth, John Langford, Eva Gammage, Antoinette Palumbo, Martin Deenihan, James Church, Muriel Stoneman, Caroline Gammage, Eileen Fox, Frederick Chase, Alice Norfolk, Robert Snell, Dorothy Bottom, Monica Bright, Jonathan Shaw, Richard Twomey, Ronaldo Caldarelli, and Emanuel Hulewicz. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes: The Mass-Pt L** We come to the last in our series on the Mass. We revisited last week, in the first of our two concluding parts, the idea that there are four ends to the Mass, four things that each Mass accomplishes as a result of being a continuation in time, and under sacramental form, of the sacrificial offering that Our Lord made of Himself, to the Father, on our behalf. The Mass is the perfect act of homage and adoration; it is the supreme act of thanksgiving; it is the offering of the unblemished oblation that makes satisfaction for our sins, and obtains for us the grace of repentance; and it is the unsullied act of supplication by which the Son of God obtains all other graces and blessings on our behalf. But exactly what the Mass is may be summed up in just two words, **SACRIFICE** and **SACRAMENT**.

In popular thought, making a sacrifice means giving something up. We might sacrifice our leisure time to help a neighbour, or our comfort by giving up our seat on the bus. We think of Christ's death as a sacrifice because He 'gave up' His life for others. This idea of 'giving up' something is not wrong. But the word 'sacrifice' means much more.

The word *sacrifice* comes from two Latin words, *sacra* which means *sacred* or *holy* (and specifically *sacred matters* or *rite*); and *facere* which means *to make* or *to do*. In other words, a sacrifice is an action (and specifically, a rite) by which something is made holy. The Sacrifice of Christ on Calvary, then, is an action (the laying down of His life—Jn 10:18) by which the human race is made holy. We do not automatically become holy: each individual needs to respond to Our Lord's work of sacrifice if he or she is to benefit from His action. But on Calvary, Christ offers up the gift of the whole of human nature as an *expiation* (a 'making amends') for our sins, and a *propitiation* (a 'placating of the anger of God,' not a calming down of God's agitated emotions but a setting right the imbalance in the scales of justice) following the harm done by our sins. In the process, human nature itself is purified and sins are forgiven, even though individuals still need to approach Our Lord penitently in order to reap the rewards of Christ's sacrifice.

Each Mass accomplishes exactly the same ends as Christ's sacrifice, but in order for the reality of Calvary to be made present to future generations, Our Lord instituted the Mass which is, as we have seen, the continuation in time of one-and-the-same sacrifice as was offered up on Calvary.

We do not see blood and torn flesh, or smell the sweat and the sour vinegar, or hear the hammering of nails and the cries of pain. Instead, the sacrifice is presented to us in sacramental form. That is, the Church uses symbols—outward signs—that *actually make present* the reality they symbolize, chiefly, but by no means only, the Bread and Wine which become His Sacred Body and Blood through the miracle of transubstantiation. There could be no sacrifice if the Bread and Wine did not actually and in reality become His Body and Blood: there would be only symbolism and a *remembrance* of the sacrifice. But in the Mass we have everything made present to us now that was present to those who stood at the foot of the Cross two thousand years ago. And this is why **sacrifice** and **sacrament** cannot be separated. Sacrifice and sacrament are two distinct realities, but in the Mass they may not be separated. The sacrifice is offered whilst the sacrament makes the sacrifice present to us centuries later, and by virtue of Christ's sacramental presence in the Sacred Species, we can receive that same Mystery into our souls in Holy Communion.

And this is why, for many hundreds of years, the tabernacle and the altar were usually attached, one to another.

This, then, is the Mass: the **SACRIFICE** of atonement by which we are redeemed and made to be at one with God, and the **SACRAMENT** of salvation by which we are sanctified, made holy, and made more like to Him who created us.