

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 2

October is dedicated to
Our Lady of the Rosary

Sunday 9th October 2022

Dom. XVIII post Pentecosten

8am (TLM) — James Kessel

28th Sunday of the Year

09:30 — Maria, Kathleen, and Lionel
Clutterham RIP

11:00 — Chika's int. (2/2)

Monday 10th October

Feria

10am — Glenda Elliott-Sugars RIP

Tuesday 11th October

The Motherhood of God

8am (TLM) — Christine Peachey RIP

Wednesday 12th October

S. Wilfrid

6pm — Deceased members of the
Rambayon family

Thursday 13th October

S. Edward the Confessor

12:15pm — Florence Orpmeneonuwa Iwu RIP

Friday 14th October

S. Callistus

10am — Souls in Purgatory (1/2)

Saturday 15th October

S. Teresa of the Child Jesus (of Avila)

10am — Florence Orpmeneonuwa Iwu RIP

Vigil of the 29th Sunday of the Year

6pm — Souls in Purgatory (2/2)

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 13th Nov.)

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THIS WEEK

OCTOBER DEVOTIONS today at 4:30pm — Hymn, *fervorino*, the rosary, & Benediction of the Blessed Sacrament.

WEDNESDAY EVENING TALK at 7pm — Unfolding the treasures of the Catholic Faith hidden in St Matthew's Gospel. Bring a Bible.

Thursday Lunch at 1pm. The first of our newly-restored Thursday Lunches (now on the second Thursday of each month). Free, but donations, please, to the nominated charity. All welcome.

Relics of St Bernadette. Meet at the main door of the cathedral in Norwich at 3:45pm. St Pancras parish have a slot booked for 4pm to venerate the relics. Afterwards, we will meet for refreshments. Please sign the list at the back of the church if you wish to join us.



CONFIRMATION CLASS at 5pm on Friday. *Please enter the church hall through the back gate/door, and not through the church.*

CATHOLIC YOUNG ADULTS at 7pm on Friday — Will gather for their first meeting, starting in the church for prayer, followed, in the parish hall, by a talk and discussion on the Catholic Faith, a bite to eat, and a chance to meet other Catholics of a similar age. (18—35 year olds.)

FIRST HOLY COMMUNION CLASS at 4pm on Saturday. *Please enter the church hall through the back gate/door, and not through the church.*

FISH & CHIPS AND PRIZE QUIZ

with your parish priest as Quiz Master

Friday, 21st October at 6:30pm

Bring your own alcohol. Soft drinks provided.

**£10 per person:
tickets must be bought in advance.**

6:30pm—teams selected from names in a hat

7pm—Quiz part I

8pm—Fish & Chip supper

8:30pm—Quiz part II

Each member of the winning team wins £10 Amazon voucher!

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

SECOND COLLECTIONS

TODAY FOR CAFOD

Missio (APF) 22nd/23rd October missio.org.uk

Please return red boxes to the sacristy for counting.

We need an extra volunteer to help look after the red boxes. Please can you help? See Fr Joseph. Thank you.

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Run-for-All The half marathon that was originally scheduled for the Sunday after Her Late Majesty died will now take place on Sunday, 23rd October. Many roads around the church will be closed until 10:30am. However, it should be possible to approach St Pancras along Upper Orwell Street, through the NCP car park, and into Cox Lane and Orwell Place.

Parish Magazine The deadline for the next edition of the parish magazine is 1st November. All copy to matilda79r@gmail.com by then please. The magazine will include a new feature of Q&A designed especially (but not only) for children: e-mail your questions to the editor and Fr Joseph will try to answer them in the next edition!



Our next Book Club meeting will be on Monday, 12th December at 7pm when we will discuss *The Word is Very Near You* by Fr Wilfrid Stinissen. Please join us.

Foundation Governors for the Diocese of East Anglia's 26 schools are needed. Training and support will be provided. Please consider whether this might be exactly the way in which you could serve the Church locally. Contact Andy Stone, the Director of Schools' Service for the diocese: andy.stone@rcdea.org.uk

Did you know...? Any male Catholic may be elected pope, but before any altar boys get any fancy ideas they might do well to recall that the last time someone was elected who was not already a Cardinal was in 1378 with the election of Pope Urban VI, and even he was already an archbishop!

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Pope St. Leo the Great said, 'Virtue is nothing without the trial of temptation, for there is no conflict without an enemy, no victory without strife.'

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, Bernie Wood, Graham Wilding, and Larry Crowley.

Of your charity Please pray for those who have died recently, as well for all whose anniversaries occur at this time: Frances McLoughlin, Joyce Diggle, Kathleen Kerr, Patrick Lewis, Paula Long, Lucinda Kerrison, Barbara Mucha, Kathleen Crooks, Danny Sweeney, John Monaghan, Elsie Bentley, James Egan, Carolus Mullen, Agnes Cook, Wajszwilli Zbigniew, Ena Adams, Ronald Finbow, Spencer Medlin, Philip McSweeney, Catherine Green, Arthur Walker, Rosa Richards, Patrick Traynor, Josephine Piggott, Eva Gray, Margaret Nicholls, Fr Edgar Hardwick, William Morris, and Daniel Coughlan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: Receiving Holy Communion In last week's sermon we heard how we had been 'trusted with something precious,' as St Paul told us in the second reading, and that we must 'guard it.' It was suggested that the 'something precious' was, in fact, two things. First, the wonderful gift of the Catholic Faith and, second, the beautiful gift of sanctifying grace. If we guard, treasure, and nurture these then they will get us to heaven. Yet, of all the jewels that go to make up the crown of our Faith, the jewel that surpasses all other gems is, of course, the very presence of Our Lord and Saviour Jesus Christ in the Blessed Sacrament. As part of the series on The Mass, previous columns in this newsletter have unpacked what the Mass is, and what the Blessed Sacrament is (or, rather, *who* the Blessed Sacrament is). Today, we shall concentrate on the preciousness—the sacredness—of the Blessed Sacrament.

In a world where natural deference has disappeared, and where nothing is considered particularly special unless it has proved its worth to us, it has become difficult to convey the sense of the sacred. Age and wisdom are rarely venerated. High office is usually held in contempt unless the individual office holder has proved him- or herself to be a person of unquestioned integrity. Institutions are often derided, customs and traditions are scorned, and once-revered social structures are overturned. We are so often given the impression that we need continually to re-make the world anew. So, without any natural sense that some things are more precious than others, how are we to teach our children and grandchildren that some things are not just to be venerated but are actually scared?

Ever since Our Lord revealed to His Apostles at the Last Supper that the Bread and Wine at Mass became consecrated (through the sublime miracle of what later theologians called transubstantiation) and became fully the Body and Blood, Soul and Divinity of Our Lord Jesus Christ, the Church has gradually come to understand, more and more, just how precious and sacred the gift of the Blessed Sacrament really is. Over hundreds of years, and bit by bit, the Church unpacked the theology behind this great gift, and learned to surround so holy a wonder with more and more rituals and ceremonies in order to convey to ordinary people just how hallowed the Eucharist really is. The Church Herself came to appreciate that the Blessed Sacrament is so holy that only the hands of a priest, specially consecrated at his ordination, could touch it. This didn't mean that a priest was necessarily a better person than ordinary folk. What it meant was that the Blessed Sacrament was so precious that it could only be touched by hands that had been consecrated in a special ceremony.

It recent years, the Church has extended a special dispensation permitting people to receive Holy Communion in the hand. But can we be sure that this attempt to emphasize the call to holiness of all ordinary people hasn't, in fact, contributed to a growing loss of reverence for this Divine Gift?

Again and again, many people (not all, of course) who receive Holy Communion in the hand have already turned away from the altar rail before popping the Host casually into their own mouths as they walk back to their places. The approach of many who receive Holy Communion in the hand seems almost lackadaisical. And in any case, are we not supposed to be fed by Christ rather to feed ourselves? By contrast, when Holy Communion is received directly onto the tongue—in a way in which we receive no other food stuffs—we are reminded that what (or, rather, Who) we are receiving is unique. Christ is *meant* to be received in a manner that is unique. So whilst the Church does indeed continue to allow the practice of receiving Holy Communion in the hand, nevertheless I, like Fr Leeder before me, make no apology for strongly encouraging people to return to the more traditional practice of receiving Our Lord directly onto the tongue.