

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

## *Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk



Parish Priest:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 2

November is dedicated to  
the Holy Souls in Purgatory

### **Sunday 6<sup>th</sup> November 2022**

*32<sup>nd</sup> Sunday of the Year*  
09:30 — Pro Populo  
11:00 — Frederick Willis RIP

### **Monday 7<sup>th</sup> November**

*Requiem*  
10am — November Dead List

### **Tuesday 8<sup>th</sup> November**

*Feria (XXII post Pent.)*  
8am (TLM) — Alberto de Pasquale RIP

### **Wednesday 9<sup>th</sup> November**

*Dedication of S. John Lateran*  
6pm — Brendan Pearson RIP

### **Thursday 10<sup>th</sup> November**

*S. Leo the Great*  
12:15pm — Jan & Viesha Lucek RIP

### **Friday 11<sup>th</sup> November**

*S. Martin of Tours*  
10am — Christine & Gregory Cody RIP

### **Saturday 12<sup>th</sup> November**

*S. Josaphat*  
10am — Richard Ware RIP  
*Vigil of the 33<sup>rd</sup> Sunday of the Year*  
6pm — Pro Populo

#### **CONFESSIONS:**

**Mon — Sat:** 30 minutes before each Mass  
**& Sat:** 5pm — 5:45pm  
**1<sup>st</sup> Friday:** 7pm — 8pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 13<sup>th</sup> Nov.)  
~ ~ ~

*Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.*

#### **NOVEMBER DEAD LIST ENVELOPES**

Envelopes are available at the back of church. Write down on a piece of paper the names of your loved ones who have died, and place it in an envelope along with a Mass offering, and Masses will be said during November for all whose names are listed. Masses for the Holy Souls will then continue to be said throughout the next twelve months also. Hand envelopes to Fr Joseph or post them through the letter box of the presbytery. Thank you.

#### **CATHOLIC YOUNG ADULTS**

*for Catholics aged 18 – 35*

**to pray, to learn, to evangelize, and to socialize**

The Catholic Young Adults group meets on the second Friday of each month at 7pm under the patronage of the Ven. Jérôme Lejeune. The aims of the group are to:

- ◆ encourage and foster prayer and devotion in its members;
- ◆ provide a forum for learning more about the teachings of the Catholic Church;
- ◆ uphold the Catholic Faith in the public square, and to spread the Catholic Faith to others;
- ◆ meet, and mix socially with, like-minded Catholics.

Our next meeting will be on Friday of this week, 11<sup>th</sup> November at 7pm at 154 Heath Rd, Ipswich, IP4 5SR, when we will discuss the Four Last Things, and in particular, Purgatory. Bring something to eat and drink for a bring & share supper.

**Parish Diary** We now have a parish diary on our parish website. Go to the home page, scroll down to 'News,' and click on the link to see what's happening at St Pancras.

**Blessing of Graves** begins at 2:30pm this afternoon at the Lawn cemetery with Fr John Barnes from Felixstowe.

**Fr Martin Orme's** funeral requiem will take place tomorrow, Monday, 7<sup>th</sup> November, at 12 noon. All welcome. The coffin will be received into the church this afternoon at 3pm.

**Thursday lunch** each 2<sup>nd</sup> Thursday of the month in the parish hall. The next Thursday lunch is this week on 10<sup>th</sup> November at 1pm. All are welcome. The lunch is free, but we ask for donations to the nominated charity please.

#### **Recent Collections**

**August:** Standing orders: £1,355; Dona: £990:57; green envelopes: £686:37; collection plate: £1,644:24. Total: £4,676:18.

**September:** Standing orders: £1,223; Dona: £1,128:95; green envelopes: £556:20; collection plate: £2,095:91. Total: £5,004:06.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**Sunday, 13<sup>th</sup> November at 11am** Solemn requiem for the War Dead preceded by the Act of Remembrance.

**Thursday, 17<sup>th</sup> November at 12:15pm** Requiem Mass for deceased clergy of the deanery.

**Sunday, 20<sup>th</sup> November** Adoration of the Blessed Sacrament all afternoon on the feast of Christ the King from the end of the 11am Mass until Solemn Benediction at 5pm.

\* \* \*

**Accommodation needed** A Catholic, married couple, recently arrived in Ipswich, are looking for accommodation. Max. £600 pcm. Contact: Fesia 07586514016/07867056918/ fesiajkurian77@gmail.com

**Our next Book Club** meeting will be on Monday, 12<sup>th</sup> December at 7pm when we will discuss *The Word is Very Near You* by Fr Wilfrid Stinissen. Please join us.

-----  
**Another recipe** A little late for Hallowe'en or All Souls Day, but as the whole of November is dedicated to the Holy Souls, why not give them a try?

**SOUL CAKES: Makes 12–15 cakes**

175g butter / 175g caster sugar / 3 egg yolks  
450g plain flour / 2 teaspoons mixed spice  
100g currants / a little milk to mix

**1** Pre-heat the oven to 190C/Fan 170/375F. Cream the butter with the sugar until it's light and fluffy and then beat in the egg yolks one at a time.

**2** In a separate bowl, sieve the flour and the spices together and add to the wet mixture along with the currants (reserving a small handful to decorate the tops later).

**3** Mix with a wooden spoon and then add some milk to pull everything together into a dough.

**4** Roll out to a thickness of around 1cm and cut out rounds with a biscuit cutter. Use a straight-sided knife to make a slight cross indent in the top of each cake and then push in raisins along it.

**5** Place on a piece of baking parchment on a baking tray and bake for 10 to 15 mins on the fire or in the oven until golden. Allow to cool before eating.

-----  
**Sick List**

Prayers are asked for Rosemary Pease, Jim Convey, Simon Marriage, Mary Driscoll, Leighton Scott, Bernie Wood, Graham Wilding, and Larry Crowley.

**Of your charity**

Please pray for the repose of the soul of Fr Martin Orme, who died recently, as well for all whose anniversaries occur at this time: Catherine King, Rowland Manthorpe, Martin Mongan, Elsa Ward, Bridget Wood, Francis Smith, Angela Roe, Stefan Holyk, Alice Fell, Ursula Deichgraber, Elfreda Hay, Leonard Sikorski, John Biela, Lucy Ecrodt, Gabrielle Sharpe, Marjorie Carly, Hilda Fernandez, Albert Chivers, Leonard Cooper, Gloria Gooding, Percy Yates, Patrick O'Keefe, Albert Rose, David Arthur, Alice Unwin, Edith Wallington, and Peter Gonsalves. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Sermon for Wednesday, 2<sup>nd</sup> November 2022**  
**The Commemoration of All the Faithful Departed**

Today we come to Mass to commemorate all the faithful departed, including some whom we have known, perhaps, who are currently in Purgatory undergoing the final perfecting process before entering heaven and encountering the Beatific Vision. We pray for them because the Holy Souls in Purgatory cannot pray for themselves, so they won't thank us if we stop praying for them!

Why can they not pray for themselves? Because death is the cut-off point, as it were, beyond which we cannot influence our final destiny. It is only in *this* life that we can make decisions, and choices of the will, which can increase or decrease our capacity for God's love and for eternal happiness. Once death comes, we face the final reckoning, and we are judged according to our behaviour here on earth. So, if the Holy Souls are to be assisted in their passage through Purgatory, then it is we – not they themselves – who must offer that assistance through the indulgences we gain on their behalf.

Purgatory is that place – or that state of being – in which souls who have departed this life united to Christ undergo, on the one hand, the joy of the expectation of heaven, and, on the other, the suffering of a final cleansing. What will Purgatory be like? We do not know. The writings of St Catherine of Genoa may give us a few clues because she was granted insights and visions concerning the souls in Purgatory, but the Church Herself has never defined the conditions of Purgatory. We really only know two things about it. First, as we have just said, it will involve great joy because those who enter Purgatory are on the threshold of heaven. They will not suddenly be rejected and sent to hell. They have been judged to be destined to enter heaven but are not yet deemed to have been perfected.

The second thing we know is that Purgatory will be a place of suffering, even as it will be, at one and the same time, a place of joy. In Purgatory we shall experience any remaining punishment for sins committed in this life that has not yet been undertaken by the time we come to die. All sins will be punished. Christ has borne the brunt of this punishment on the Cross, but we must still play our part. So, if we have sinned more than we have suffered in this life we shall spend time in Purgatory to complete that punishment. If, on the other hand, we have suffered more than we have sinned in this life then we shall be fitted for heaven straightaway. Of course everyone suffers in this life. So what's different about Christian suffering? For Catholics, suffering can assume a great value if we accept it with a willingness to convert it into a gift which we then offer to God as a penance for the sins we have committed. In other words, it is not the suffering itself which has a value. No. It is what we *do* with that suffering which can give suffering a value. If we can convert it into a gift to God by offering it as a penance for the sins we have committed then we shall, in effect, be joining Our Blessed Lord on the Cross and contributing to His work of redemption and taking an active part in the work of our own salvation.

Similarly, if we accept sufferings – converted into gifts – and offer them to God on behalf of the Holy Souls in Purgatory then it is they who will benefit. And they will thank us by praying for us in return. Yes, the Holy Souls, whilst they cannot help themselves, can still help us and pray for us, just as the saints who are already in heaven pray for us. So, while they are praying for us, we must make sure we pray for them.

As it says in the Second Book of Machabees, 'It is a holy and wholesome thought to pray for the dead, that they may be loosed from sins.' (2 Machabees 12:46)

\* \* \* \* \*