

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

February is dedicated to
the Holy Family

Sunday 12th February 2023

* *Sexagesima*

8am(TLM) — Pro Populo

* *6th Sunday of the Year*

09:30 — Private int. 2/4

11:00 — Holy Souls

Monday 13th February

Requiem

10am — Fr Francis 'Sam' Leeder RIP

Tuesday 14th February

Feria: Mass of Sexagesima Sunday

8am (TLM) — Margaret Cleary RIP

Wednesday 15th February

Feria

6pm — Private int. 3/4

Thursday 16th February

Feria

12:15pm — Holy Souls

Friday 17th February

Seven Holy Founders of the Servite Order

10am — Private int. 4/4

Saturday 18th February

Our Lady on Saturday

10am — Holy Souls

Vigil of the 7th Sunday of the Year

6pm — Lisamaria de Pasquale

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:

Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 12th March)

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Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.

ASH WEDNESDAY

Wednesday, 22nd February

Masses at: 8am (TLM) 12:15pm 7pm (sung)

With the imposition of ashes at all Masses

Confessions 30 minutes before each Mass

Rosary following the 12:15pm Mass

(No Wednesday evening talk on Ash Wednesday)

DAY OF FASTING AND ABSTINENCE

All must **FAST** who have reached the age of 18, until their 60th birthday. (Others, especially children, are encouraged to fast.) To fast means eating less than you would normally, and in any case no more than one meal and two small snacks. The sick, the frail, expectant and nursing mothers are exempt from fasting. **ABSTINENCE** means avoiding eating meat and fowl, and foodstuffs made from them, as a reminder of the Word-Made-Flesh who died for us. The laws of abstinence apply to all who have reached their 14th birthday.

LENT AT ST PANCRAS

Saturday Adoration: 10:30am—5:30pm Please sign the watching lists week by week.

Daily Stations of the Cross The plan is to make sure the Stations of the Cross are said in our church by at least one person each day in Lent. Please sign the rota at the back of the church.

Wednesday Evening Talks 7pm beginning 1st March. A series of six Lenten Meditations on the Passion of Our Lord according to Matthew's Gospel. Bring a bible.

Lent Lunches for Mary's Meals Every Thursday at 1pm in Lent beginning 2nd March.

A leaflet giving full details of Lent and Holy Week services and events will be available next weekend.



Fr Francis 'Sam' Leeder RIP

12th March 1939

13th February 2022

On the first anniversary of his death, may he rest in peace.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

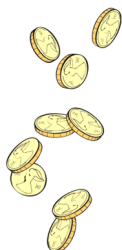
BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

PANCAKE PARTY Tuesday, 21st February Bring some pancake mixture and other contributions for a shared supper, roll up your sleeves, and join in the Shrovetide fun. Soft drinks will be provided. Donations to cover costs and for *Mary's Meals*. All welcome.

The Book Club will meet on Monday 13th March to discuss *The Cross and the Beatitudes* by Fulton Sheen published by Angelico Press.

The Cost of Running Our Parish



In 2022...

our routine income averaged

£298 per day

our routine outgoings averaged

£375 per day*

Like everyone else's costs, the cost of running a parish has risen sharply in recent months. If you are able to increase what you give to St Pancras in cash or by standing order—even by a small amount—then we can continue to provide all of the services that we currently provide. Thank you and God bless you. (**This figure does not include the cost of essential restoration work on the presbytery which was paid for from reserved funds.*)

*The priest's salary is paid from parish funds.
To lead the way, Fr Joseph will take a 10% cut
in his salary for the next twelve months.*

Using the Dona Machines Please check that your donation to the General Parish Funds has registered for Gift Aid whenever you make a donation. We have been having problems but think we have sorted them out now.

RACHEL'S VINEYARD RETREAT For men and women post-abortion 17th — 19th March 2023. For further details contact Sona at sona@rachelsvineyard.org.uk or on 07900 734207

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Graham Wilding, Larry Crowley, Brian Price, and Judy Fell.

Of your charity Please pray for the repose of the souls of all those whose anniversaries occur at this time: Dorothy Johnston-Williams, Louise Smith, Kitty Malpas, Dorothy Lockyer, Marie-France Poujol, Fr Francis 'Sam' Leeder, Louisa Inman, Margaret Dallastone, Margaret Jackson, Eileen Kerby, Gerald Griggs, Bridie McCallion, Margaret Armstrong, Czeslaw Pajak, Mark Pajak, Patrick Boland, Millicent Westerling, Dermot Fahey, Mary Cuffe, William Felton, Vincent Duggan, Sylvia Thorne, Patrick Dooley, Eileen Golding, Anthony Fahey, William Cork, Emilio Carrino, Mary Wright, Albert Wilkins, Anthony Forster, Kathleen Shellard, Joan Breen, Jan Winton, and John Molloy. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: In part twelve of our series on the Creed we consider the beauty of the Incarnation.

HE CAME DOWN FROM HEAVEN

'For while gentle silence enveloped all things, and night in its swift course was now half gone, thy all-powerful word leaped from heaven, from the royal throne' (Wis 18:14-15). These words from the Book of Wisdom capture the beauty of the mystery of the Incarnation. As is often the case, both the words of Scripture and the words of the liturgy of the Church are multi-layered in their meaning. Here, the night refers both to the hour in which Our Lady gave birth in a stable in Bethlehem as well as to the dark night of sin in which mankind has been wrapped ever since the Fall. The leaping figure puts us in mind of 'my beloved [who] comes leaping upon the mountains, bounding over the hills' (Song 2:8), of the lame man who leaps as a hart when beauty bursts forth at the coming of God (Is chap. 35), and, of course, of the blind Bartimaeus leaping up when Our Lord calls him (Mk 10:50).

The description of the Garden of Eden in the Book of Genesis allows us to see the harmony between heaven and earth that existed from the beginning, the concord that was always intended by God from the outset. When sin ruptured that harmony between Creator and creature a fissure opened up between heaven and earth, a chasm so great that finite man could not stretch across it and touch his infinite Creator. Only One who is Himself infinite, who is both man and God, can bridge that divide, leaping down from heaven to lift a fallen race back to where its God would have it be once more. The untold joy at the chance of reconciliation, the beauty to be found in the moment when heaven reaches down to touch the earth, is expressed again and again in the readings, prayers, and hymns of Christmastide. For, having spoken to mankind through the prophets 'in many and various ways' (Heb 1:1), God now speaks directly through His own Son to His beloved but wandering people. The Son of God becomes the mediator (Heb 9:15, 12:24) between God and Man, between Creator and creature, between a perfect God and a fallen race, the go-between who will act as a bridge-builder, a pontifex. Indeed He will become the bridge itself, to span the gap that never should have been. For this 'I am come into this world' (Jn 9:39, 12:46, 18:37).

Adam sinned in Eden, and we sin also, through pride: we think we do not need God in order to find our way through life towards eternal happiness. However, the Word of God behaves differently. He leaps down from His royal throne at someone else's behest: 'I have come down from heaven, not to do my own will, but the will of Him who sent me' (Jn 6:38). If we are to journey back to God across the bridge that He has built for us, then we must act with similar humility.

Dum Medium Silentium
by David Jones
(1895-1974)

