

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk

Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

February is dedicated to
the Holy Family



Sunday 5th February 2023

5th Sunday of the Year

09:30 — Pro Populo

11:00 — Lola MacSweeney

Monday 6th February

S. Paul Miki & Comps.

10am — Lawrence & Florence Iwuh RIP

Tuesday 7th February

S. Romuald

8am (TLM) — Conrado Fajado RIP

Wednesday 8th February

Funeral Requiem

2pm — Susan Bell RIP

S. Josephine Bakhita

6pm — Florence Njoku's int.

Thursday 9th February

Feria

12:15pm — John & Sophie Acott

Friday 10th February

S. Scholastica

10am — In honour of Christ's Agony

Saturday 11th February

Our Lady of Lourdes

10am — Private int. (1/4)

Vigil of the 6th Sunday of the Year

6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 12th Feb.)

~ ~ ~
Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.



TAVERN EVENING

AN EVENING OF MUSIC AND SONGS
SATURDAY, 11TH FEBRUARY AT 7PM
in the parish hall

Bring & share food (hot & cold, savoury & sweet please)
All drinks included in the price

Tickets must be bought in advance.

Single: £10 Concessions: £7:50 Family (2 adults + 2 or more children): £25

Complete the form at the back of church and pay either by cash to Fr Joseph or on the Dona machines at the back of church.

Volunteers to help set up and run the kitchen please!

WEDNESDAY EVENING TALKS

Continue this week at 7pm, following the evening Mass and rosary. All welcome, whether or not you have been to any of the talks before. Bring a bible.

During Lent

A series of formal talks on the Passion of Christ according to St Matthew's Gospel, beginning Wednesday 1st March.

Note: There will be no talk on Ash Wednesday.

CATHOLIC YOUNG ADULTS (CYA)

18—35 year olds

Will meet this Friday, 10th February (2nd Friday of the month) at 7pm in the church for prayer, followed by a talk and discussion in the parish hall.

Please bring something to eat and drink!

PANCAKE PARTY

Tuesday, 21st February

Bring some pancake mixture and other contributions for a shared supper, roll up your sleeves, and join in the Shrovetide fun. Soft drinks will be provided.

Donations to cover costs and for *Mary's Meals*.

All welcome.

DID YOU KNOW?

During the ordination of a Priest, his fingers and thumbs are specially consecrated with holy oil, that they may be fit to touch Christ's body. The Council of Trent affirmed this tradition, handed down by the Apostles: only a Priest may take in his hands the Most Holy Eucharist.

Spotted
by a parishioner
on social-media.

*'To touch the
sacred species...
is a privilege
of the ordained.'*
Pope John Paul II

RACHEL'S VINEYARD RETREAT

For men and women post-abortion

17th — 19th March 2023.

For further details contact Sona at

sona@rachelvineyard.org.uk

or on

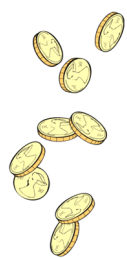
07900 734207

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

The Book Club will meet next on Monday, 13th March to discuss *The Cross and the Beatitudes* by Fulton Sheen published by Angelico Press.



The Cost of Running Our Parish

In 2022...

our routine income averaged

£298 per day

our routine outgoings averaged

£375 per day*

Like everyone else's costs, the cost of running a parish has risen sharply in recent months. If you are able to increase what you give to St Pancras in cash or by standing order—even by a small amount—then we can continue to provide all of the services that we currently provide. Thank you and God bless you. (*This figure does not include the cost of essential restoration work on the presbytery which was paid for from reserved funds.)

The priest's salary is paid from parish funds. To lead the way, Fr Joseph will take a 10% cut in his salary for the next twelve months.

LENT AT ST PANCRAS

Saturday Adoration: 10:30am—5:30pm

Please sign the watching lists week by week.

Daily Stations of the Cross

The plan is to make sure the Stations of the Cross are said in our church by at least one person each day in Lent. Please sign the rota at the back of the church.

Thursday Lunches for Mary's Meals

Every Thursday in Lent beginning 2nd March. Please sign the list at the back of church if you can prepare one of the lunches.

Thank You

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Graham Wilding, Larry Crowley, Brian Price, and Judy Fell.

Of your charity Please pray for the repose of the soul of Susan Bell who died recently, as well for all whose anniversaries occur at this time: Patrick Usher, Marie Bowe, Katherine Reynard, Nigel Coote, Florence Nickols, Henry D'Andrade, Joan Walsh, Angela Walsh, Shirley Reynolds, Winifred Melero, William Smith, Violet Eves, Agnes Thornhill, Ella Davis, Mary-Josephine Christian, Clifford Forbes, Patrick McPherson, Luke Langley, Vanessa Manwaring, William McKean (McKeown), Agnes McDermot, Perfecto Burgess, Evelyn Burchhall, Mary Thornberry, Anne Casey, James Connolly, William Ecroyd, Catherine Cudworth, Barbara Crisp, Doreen Bowers, Christopher Richards, Sophie Gray, John McGuire, and Catherine McTiernan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: In part eleven of our series on the Creed we consider Adam's original sin and the Fall of mankind.

FOR US MEN AND FOR OUR SALVATION

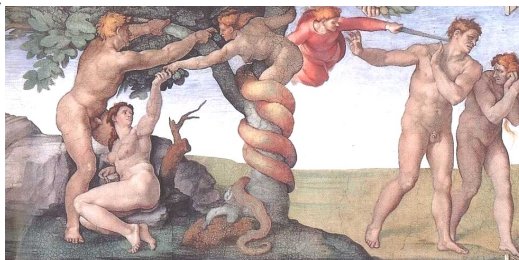
The Son of God, through whom all things were made, became incarnate for the sake of all things made (Rom 8:22). Adam was endowed with gifts above and beyond those things that properly belong to his human nature. He was endowed with the *preternatural* gifts – gifts *beyond* human nature – of immortality (the possibility of not dying), of impassibility (the possibility of not suffering), of freedom from concupiscence (disordered desire, especially sexual desire), ignorance, and sin, and he was endowed with lordship over the earth. Adam was not entitled to any of these gifts: they were not part of his human nature.

In addition, Adam was endowed with the *supernatural* gift – a gift *above* his human nature – of *justification*, of standing righteous before God. He was possessed of *sanctifying grace*, that is, the indwelling of the divine life in his soul. Moreover, Adam held these *preternatural* and *supernatural* gifts in trust on behalf of the whole human race.

When our first father succumbed to the temptation to eat the fruit of 'the tree of knowledge of good and evil' (Gen 2:17, 3:6) he reached out to take to himself the power to decide not so much the knowledge of the *difference between* right and wrong but, rather, the right to decide what *constitutes* right and wrong, a right which, in fact, belongs to God alone. In this act of pride and disobedience Adam forfeited for himself, and for the whole human race, the preternatural and supernatural gifts that had been bestowed upon him at his creation. In doing so, the human race found itself distanced, indeed alienated, from God and from those things of God which God had intended mankind should enjoy, an alienation symbolized by Adam's expulsion from the Garden of Eden (Gen 3:23-24).

Every human being thereafter, with the one solitary, joyful exception of the Blessed Virgin Mary, is born into a state deprived of the preternatural and supernatural gifts, that is, born without the gifts of immortality and impassibility, born without freedom from concupiscence, ignorance and sin, born without lordship over other creatures and, most critically, born without the indwelling in his or her soul of the divine life which we call sanctifying grace. This grace is restored in the sacrament of Baptism by which man is born anew (Jn 3:1-21), and it is precisely to call us to repentance, to a turning away from pride and disobedience and, indeed, from all sin, and to this sacramental newness of life instead, that the Son of God came down to earth. What is more, the alienation from God that mankind now suffers because of pride and disobedience can only be overcome – the gap between Creator and creature rendered by man's sin can only be bridged – by One who is both God and Man, Creator and creature, namely the Son of God Incarnate.

The Son of God Incarnate, Our Lord and Savior Jesus Christ, alone can act as the mediator between a mighty God and a fallen



race, and bring about our redemption and our salvation.

(Detail of the ceiling of the Sistine chapel by Michelangelo.)

The parish **SAFEGUARDING REPRESENTATIVE** is Mim McMahon who may be contacted by anyone, of any age, who has any safeguarding concerns. Her contact details are: 01394 274395 or mim@trianglemusic.info For the diocesan safeguarding co-ordinator, contact 07429 215344 or safeguarding.coordinator@east-angliadiocese.org.uk