

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

May is dedicated to
the Blessed Virgin Mary

Sunday 21st May 2023

7th Sunday of Easter

09:30 — Holy Souls

11:00 — Pro Populo

Monday 22nd May

St Rita of Cascia

10am — James McInnes, Adrian McInnes,
and Paul McInnes

Tuesday 23rd May

Ascension feria—Mass of the Ascension

8am (TLM) — Antonia Camargo de Moraes

Wednesday 24th May

Easter feria

6pm — Anne & Oliver Merlehan & family

Thursday 25th May

St Bede the Venerable

12:15pm — Reginald & Margaret Reeve
RIP (F)

Friday 26th May

St Philip Neri

10am — Holy Souls

Saturday 27th May

St Augustine of Canterbury

10am — Holy Souls

Vigil of Pentecost

6pm — Joan Elliott RIP

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 11th June)

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*Traditional Latin Masses (TLM) are said
according to the Missal used before the
Second Vatican Council.*

NOVENA TO THE HOLY SPIRIT



Please continue to join the whole Church in praying each day of this novena of nine days between the feast of the Ascension and the feast of Pentecost (Friday 19th—Saturday 27th May) for the renewing power of the Holy Spirit to reinvigorate once more Christ's Mystical Bride, the Church.

Prayer to the Holy Spirit

*Come, Holy Spirit, fill the hearts of Thy faithful,
and enkindle in them the fire of Thy love.*

☩ Send forth Thy Spirit, and they shall be created.

℟ And Thou shalt renew the face of the earth.

Let us pray:

*O God, who has taught the hearts of the Faithful by the light of the
Holy Spirit, grant by the gift of the same Holy Spirit they may be truly
wise and ever rejoice in His holy consolation.*

Through Christ Our Lord. Amen.

Day of Recollection Tuesday, 23rd May led by Fr Paul Diaper of Opus Dei. For women starting at 2pm, and for men at 7pm here in the church. Please come along even if you have never been to one of these recollections before. You will be most welcome.



St Carlo Acutis Group for 14-17 year olds. Our brand new parish group will be launched at a meeting on Thursday, 6th July (the feast of St Maria Goretti) at 7pm in the parish hall. After the summer, the group will meet every month. There will be time for prayer, catechetical talks and discussions, and even games! Come along to learn more about your Catholic faith and to meet other Catholics in your age group.

Standing Orders If you tend to contribute to the parish through fixed-term standing orders (a year at a time perhaps), please may we ask you to review your standing order and make sure it has been renewed recently? It would seem that a number of standing orders have lapsed lately. Thank you.

Recent Collections

March: Standing orders: £1,501; Dona: £1,968:25; green envelopes: £675:56; collection plate: £2,118:53. Total: £6,263:34.

April: Standing orders: £1,541:72; Dona: £2,380:76; green envelopes: £526:99; collection plate: £1,607:69. Total: £ 6,057:16.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Wednesday evening talks This week's meeting (24th May) will be the last gathering this season.

Diocesan Children's Pilgrimage to Walsingham
Tuesday, 30th May. See poster in the porch for details.

Parish Magazine Deadline for copy: 3rd June. The next edition of our parish magazine will be going to press in early June. Even if you think you couldn't possibly write something, please give it a go! Essays, quizzes, idle thoughts, memories, poems, articles of all sorts. And don't forget the Q&A section of questions for Fr Joseph to answer. Please send all contributions to: Matilda79r@gmail.com

Marriage Celebration Mass for all married couples (and their families). Saturday, 3rd June at the cathedral with Bishop Peter. For more details: rcdea.org.uk/marriage-mass-registration/

Family Enrichment Conference Saturday, 10th June, in Newmarket. See poster at the back of church for details or go to: familyeventconference.eventbrite.co.uk

Walking with Young People A day of reflection for all those who work with young people. Saturday, 10th June. 9:30am—3:30pm at Poringland. See poster for details or go to: rcdea.org.uk/youth

Corpus Christi Procession Sunday, 11th June at 3pm (at which First Communion children are asked to be present).

The Book Club will meet on Monday, 12th June to discuss *The Story of A Soul* by St Thérèse of Lisieux, and on Monday, 11th September to discuss St Augustine's *Confessions*.

The First Communion Mass will be at 9:30am on Sunday, 18th June. (The 11am Mass will begin at 11:30am.)

The Annual Missionary Appeal will take place on the weekend of 1st/2nd July.

Diocesan Pilgrimage to Lourdes 8th—25th August 2023. See the pilgrimage website: <https://www.tangney-tours.com/pilgrimages/lourdes/east-anglia-ca>

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, Brian Price, Mick Shapland, and Judy Fell.

Of your charity

Please pray for the repose of the souls of Mick Shapland and Sheila Grueber, both of whom died recently, and of all those whose anniversaries occur at this time: Olivia O'Farrell, Vilette Mason, Robert Bradley, Flora Mann, George Morgan, Charles Read, Julian Petryszyn, Geroge Eyton-Jones, John Kelly, Fr Kuczer Kateryna, William Shipp, Winefred Taylor, Zena Marcantonio, Doreen Belcher, Peter McKenzie, Bernard Griss, Mary Gorham, Harry Taylor, Reginald Reeve, Joan Barry, Laszlo Heyces, Patsy Thompson, Norah Felton, Rowland Hanlon, Stanley Smith, Nell Gibson, and Peter Klipalo. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: In part nineteen of our 40-part series on the Nicene Creed we look at Christ's resurrection.

AND ROSE AGAIN



*The Resurrection of Jesus Christ (detail) by El Greco
1541—1614*

'And if Christ has not been raised, your faith is futile,' says St Paul (1 Cor 15:17). With the death of their friend, the disciples seem plunged into despair. Certainly at that stage they did not grasp the importance of the crucifixion nor perceive what would happen next. 'But we hoped,' bemoaned the two disciples on the road to Emmaus, 'that He was the one to redeem Israel' (Lk 24:21). Yet whilst Our Lady, like the others, did not understand all that was happening, nevertheless, unlike the disciples, she at least knew that the death of her Son was not the end of the story.

Just as the Son of God was born in a stable in the middle of the night, away from gaping eyes, so in the hidden darkness

of the early hours of the first day of the week, away from the vulgar gaze of the rude and scoffing multitude, as St Alphonsus Liguori refers to common humanity, the Son of God Incarnate, with a face shining as bright as lightning and with clothes as radiant as snow, rose from the dead, to the terror of the guards placed to watch over His tomb (Mt 28:3-4).

This is no metaphorical resurrection. This is no abstract or theoretical event. Christ rose to new life in the very same body which had been bloodied and crucified a couple of days previously. The startling thing about Christianity is precisely that Christ rose with a physical body. Those who attended the tomb on that first day of the week, planning to anoint and embalm the body, a ritual not permitted when He had died because the Sabbath had already begun, found an empty tomb. Nor was His body simply removed by someone seeking to deceive the world. The risen Christ appeared again and again to His disciples in the days that followed (Jn chs. 20 and 21; 1 Cor 15:5-7), and on several of these occasions demonstrated that He was no mere ghost: He ate, as ghosts do not eat (Lk 24:41-41), and He invited them to touch Him, as ghosts cannot be touched (Jn 20:27).

Yet His body clearly exhibited qualities that a pre-death body cannot exhibit. The theologians tell us that a resurrected body enjoys the quality of *impassibility*, that is, it cannot suffer or experience pain, which is why Doubting Thomas could touch the wounds of Christ without Our Lord feeling discomfort. A resurrected body will exhibit a *brightness*, as Our Lord's did on that first day of the week, and as ours will too one day (1 Cor 15:41). Moreover, resurrected bodies will enjoy the qualities of *agility*, that is, a freedom to pass as quick as thought from one part of creation to another without being weighed down by their own weight, and *subtlety*, or subtlety, by which bodies will share in the spiritual existence of their souls, rendering them capable of passing through material substances (1 Cor 15:44), which is how Our Lord appeared in the midst of locked rooms (Jn 20:19).

The Lord is truly risen.