

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

May is dedicated to
the Blessed Virgin Mary

Sunday 28th May 2023

Pentecost

8am (TLM) — Pro Populo
09:30 — Richard Ogundiran RIP
11:00 — Nicholas O’Dwyer RIP

Monday 29th May

Mary, Mother of the Church
10am — Holy Souls

Tuesday 30th May

Tuesday within the Octave of Pentecost
8am (TLM) — Betty & Kenneth Pickering
RIP (F)

Wednesday 31st May **EMBER DAY**

The Visitation of the BVM
6pm — Ann White & family

Thursday 1st June

Our Lord Jesus Christ,
Eternal High Priest
12:15pm — Alan Rayner RIP

Friday 2nd June **EMBER DAY**

Votive Mass of the Holy Spirit
10am — Holy Souls

Saturday 3rd June **EMBER DAY**

Ss Charles Lwanga and Companions
10am — Jossy Joseph RIP
Vigil of the Most Holy Trinity
6pm — Walter McNeela RIP (1/2)

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& Sat: 5pm — 5:45pm
1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 11th June)

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*Traditional Latin Masses (TLM) are said
according to the Missal used before the
Second Vatican Council.*

The Sequence for the feast of Pentecost

Veni, Sancte Spiritus,
et emitte caelitus
lucis tuae radium.

Veni, pater pauperum,
veni, dator munerum,
veni, lumen cordium.

Consolator optime,
dulcis hospes animae,
dulce refrigerium.

In labore requies,
in aestu temperies,
in fletu solatium.

O lux beatissima,
reple cordis intima
tuorum fidelium.

Sine tuo numine,
nihil est in homine,
nihil est innocium.

Lava quod est sordidum,
riga quod est aridum,
sana quod est saucium.

Flecte quod est rigidum,
fove quod est frigidum,
rege quod est devium.

Da tuis fidelibus,
in te confidentibus,
sacrum septenarium.

Da virtutis meritum,
da salutis exitum,
da perenne gaudium.

Holy Spirit, Lord of light,
From Thy clear celestial height
Thy pure beaming radiance give.

Come, Thou Father of the poor,
Come with treasures which endure,
Come, Thou Light of all that live.

Thou, of all consolers best,
Thou, the soul’s delightsome Guest,
Dost refreshing peace bestow.

Thou in toil art comfort sweet,
Pleasant coolness in the heat,
Solace in the midst of woe.

Light immortal, Light divine,
Visit Thou these hearts of Thine,
And our inmost being fill.

If Thou take Thy grace away,
Nothing pure in man will stay;
All his good is turned to ill.

Heal our wounds; our strength renew;
On our dryness pour Thy dew;
Wash the stains of guilt away.

Bend the stubborn heart and will;
Melt the frozen, warm the chill;
Guide the steps that go astray.

Thou, on those who evermore
Thee confess and Thee adore,
In Thy sevenfold gifts descend:

Give them comfort when they die,
Give them life with Thee on high;
Give them joys that never end.



The Descent of the Holy Spirit by Francesco de Mura (1696—1782)

*Please note that Fr Joseph will be away from the office from
Sunday 28th to Wednesday 31st May inclusive.*

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Diocesan Children's Pilgrimage to Walsingham

Tuesday, 30th May. See poster in the porch for details.

Parish Magazine Deadline for copy: 3rd June. The next edition of our parish magazine will be going to press in early June. Even if you think you couldn't possibly write something, please give it a go! Essays, quizzes, idle thoughts, memories, poems, articles of all sorts. And don't forget the Q&A section of questions for Fr Joseph to answer. Please send all contributions to: Matilda79r@gmail.com

Marriage Celebration Mass for all married couples (and their families). Saturday, 3rd June at the cathedral with Bishop Peter. For more details: rdea.org.uk/marriage-mass-registration/

Family Enrichment Conference Saturday, 10th June, in Newmarket. See poster at the back of church for details or go to: familyeventconference.eventbrite.co.uk

Walking with Young People A day of reflection for all those who work with young people. Saturday, 10th June. 9:30am—3:30pm at Poringland. See poster for details or go to: rdea.org.uk/youth

Corpus Christi Procession Sunday, 11th June at 3pm (at which First Communion children are asked to be present).

The Book Club will meet on Monday, 12th June to discuss *The Story of A Soul* by St Thérèse of Lisieux, and on Monday, 11th September to discuss St Augustine's *Confessions*.

The First Communion Mass will be at 9:30am on Sunday, 18th June. (The 11am Mass will begin at 11:30am.)

St Carlo Acutis Group for 14—17 year olds will be launched on Thursday, 6th July at 7pm in church.

The Annual Missionary Appeal will take place on the weekend of 1st/2nd July.

Diocesan Pilgrimage to Lourdes 8th—25th August 2023. See the pilgrimage website: <https://www.tangney-tours.com/pilgrimages/lourdes/east-anglia-ca>

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, Brian Price, and Judy Fell.

Of your charity

Please pray for the repose of the souls of Mick Shapland and Sheila Grueber, both of whom died recently, and of all those whose anniversaries occur at this time: Rev Stasz Mieczysław, Dorothy Green, Belinda Pearson, Anthony Kelly, Mario Brocchi, Frederick Daly, Mary Ann Sheppard, May Martin, Cyril Marsbury, Beatrice Stoppard, Leon Stapel, Edith Reid, Samuel Pagnillo, Myles Kelly, Kenneth Pickering, William Kavanagh, Sarah Line, Hannah Godbold, Thomas Vineyard, Frances Manning, Carmela Stavolo, John Scott, Stanislaw Lodzinski, Herbert Becker, Joseph Czech, Wasyl Gechko, Anne Bulbeck, Josephine Coulthrust, and Sheila Young. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: In part twenty of our 40-part series on the Nicene Creed we consider the significance of the third day.

ON THE THIRD DAY

What is so significant about the third day? First, it helps to demonstrate that Jesus truly died. With the burial of His body we see that this was no mere trickery or sleight of hand. Even so, His body had not begun to decay, as the body of Lazarus was expected to have begun to decay by the fourth day (Jn 11:39). Next we see that the third day here (Good Friday is the first day, Easter Sunday is the third day) brings us to the first day of the week on which, in the beginning, God had begun the work of creation (Gen 1:1). The resurrection of Christ, then, is the beginning of the new creation (2 Cor 5:17; Gal 6:15), the first creation being in the order of nature whilst the new creation is in the order of grace.

In addition, the third day carries a number of symbolic meanings. It was on the third day of creation that God brought forth life: 'vegetation..., and fruit trees bearing fruit in which is their seed' (Gen 1:11-13). It is on the third day of his test of faith that Isaac's life is spared as a result of God's direct intervention with Abraham (Gen 22:1-13). Joseph promises his fellow inmate release from prison and restoration to his former status on the third day (Gen 40:12-13), and as Joseph releases his own brothers from prison also, again on the third day, he promises, 'Do this and you will live' (Gen 42:18). Moses



The Third Day by
Joel Kirk Richards (b.1976)

was commanded to prepare the people of Israel to meet their God for the first time following the Exodus from Egypt, 'for on the third day the Lord will come down upon mount Sinai in the sight of all the people' (Ex 19:11). On the third day, God's people, afflicted because of their sins, will be raised up and revived, to live in the sight of their God (Hos 6:2). It was on the third day of her fasting and preparation that Esther put on her royal apparel and appeared in the presence of the king as she began the work of saving her people from annihilation (Esther 5:1). Jonah was vomited out of the dark belly of the great fish after three days and three nights (rather than, strictly speaking, on the third day), and Our Lord promises that this 'sign of Jonah' is the only sign He will give to this 'evil and adulterous generation' (Jonah ch. 2; Mt 12:39-40). On the third day of the week – the same day of the week, as we have seen, on which God first created life – Our Lord attended a wedding in Cana in Galilee, changed water into wine, and inaugurated His own work of Salvation, the work of transforming the first creation, symbolized by water, into the new creation, symbolized by wine (Jn 2:1ff).

Indeed, throughout the Bible the number three symbolizes harmony, new life, and completeness, and serves to emphasize the intensity of a thing: God is not acclaimed as 'holy,' but, in the prophecy of Isaiah, as 'Holy, holy, holy,' (Is 6:3).