

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
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Ipswich  
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Parish Priest:  
Fr Joseph Welch

Sundays: Yr A  
Weekdays: Yr 1

June is dedicated to  
the Sacred Heart of Jesus

## Sunday 11<sup>th</sup> June 2023

*External feast of Corpus Christi*  
8am (TLM) — Sheila Grueber RIP  
*Corpus Christi*  
09:30 — Pro Populo  
11:00 — Kevin Williams RIP

## Monday 12<sup>th</sup> June

*Feria: 10<sup>th</sup> Week of the Year*  
10am — Holy Souls

## Tuesday 13<sup>th</sup> June

*St Anthony of Padua*  
8am (TLM) — Holy Souls  
*followed by the traditional  
blessing & distribution of bread*

## Wednesday 14<sup>th</sup> June

*Feria: 10<sup>th</sup> Week of the Year*  
6pm — Alberto de Pasquale RIP

## Thursday 15<sup>th</sup> June

*Feria: 10<sup>th</sup> Week of the Year*  
12:15pm — Souls in Purgatory 2/2

## Friday 16<sup>th</sup> June

*The Most Sacred Heart of Jesus*  
8am(TLM) — The *Domus* of the parish  
10am — Holy Souls

## Saturday 17<sup>th</sup> June

*The Immaculate Heart of Mary*  
10am — Holy Souls  
*Vigil of 11<sup>th</sup> Sunday of the Year*  
6pm — Ursula Fidelma Simpson RIP

### CONFESSIONS:

*Mon — Sat:* 30 minutes before each Mass  
& *Sat:* 5pm — 5:45pm  
*1<sup>st</sup> Friday:* 7pm — 8pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 9<sup>th</sup> July)

## The Transferred Feast of CORPUS CHRISTI



*'Come in, let us bow and bend low.  
Let us kneel before the God who made us.'*

*Ps 94:6*

**ADORATION OF THE BLESSED SACRAMENT**  
**12 noon — 3pm**

**DEVOTIONS & PROCESSION**  
**3pm**



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

## Confirmation photos

(with apologies for the delay) may be viewed at:  
<https://photos.app.goo.gl/ZpGm8rhXwSidywGz5>

**The Book Club** will meet tomorrow, 12<sup>th</sup> June to discuss *The Story of A Soul* by St Thérèse of Lisieux, and on Monday, 11<sup>th</sup> September to discuss St Augustine's *Confessions*.

### The First Communion Mass

9:30am next Sunday, 18<sup>th</sup> June.

Please pray for our First Communion children as they make their final preparations to receive Our Blessed Lord in the Holy Eucharist for the first time.

(The 11am Mass will begin at 11:30am.)

**St Carlo Acutis Group** for 14—17 year olds will be launched on Thursday, 6<sup>th</sup> July at 7pm in church.

**The Annual Missionary Appeal** will take place on the weekend of 1<sup>st</sup>/2<sup>nd</sup> July.

### Holy Days of Obligation

Under the third Commandment ('Thou shalt keep holy the Sabbath day') Catholics are obliged to go to Mass every Sunday (or Saturday evening) under pain of mortal sin. If we fail to attend Mass on Sunday through our own fault then we must go to Confession before we can next receive Holy Communion. The obligation is lifted if we are too sick to go to Mass, or we are caring for someone who is too sick to be left alone; if we are travelling and cannot therefore get to Mass (although we should try to make travel arrangements so that they do not clash with our obligation); if we live too far from the nearest Mass to be able to get there; or if unavoidable work commitments keep us from going to Mass (although we should try to arrange our schedule and days off so that we can get to Mass).

There are certain feasts in the Church's year which are so important that we are obliged to attend Mass on those days also, and if we fail to attend Mass through our own fault we must go to Confession before next receiving Holy Communion. Birthday parties, weddings, funerals, family events, and so forth, do not free us from the obligation.

The next Holy Day of Obligation in England & Wales is the feast of Ss Peter & Paul on Thursday, 29<sup>th</sup> June.

**Sick List** Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, Brian Price, and Judy Fell.

**Of your charity** Please pray for the repose of the souls of those who have died recently, and of all those whose anniversaries occur at this time: Gladys Revett, Eugene Legunde-Lacroix, Michael Fee, William Bentley, Norah King, Sidney Warren, Maureen Gerguson, Domenico Lauergata, Roman Sawuta, Hannah Horne, Ellen Lammond, Raymond Vent, Betty Pickering, Christopher List, Josephine Ahmed, John Clarke, George Scicluna, Alberto de Pasquale, Victor Fennell, George Galloway, Bridget Maile, Joseph Patten, Margaret Skinner, Margaret Burns, James Flanagan, John Sweeney, Elizabeth Ingram, Teobaldo Merico, Henry Brock, Nicholas Aylward, George Selby, Mary Brookes, Margaret Denton, and Ann Thomas. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** Part twenty-two of our 40-part series on the Nicene Creed looks at Our Lord's ascension.

## HE ASCENDED INTO HEAVEN

In some ways Our Lord's Ascension back into Heaven is one of the least appreciated of the events in His life, perhaps because it seems somewhat abstract. Yet, just as Christ rose bodily from the dead, so He ascended bodily into Heaven forty days later from the Mount of Olives, not borne up by the Father but going up by His own Divine power. His apostles, having first been blessed, witnessed His ascent as a cloud took Him out of their sight, leaving them dumbfoundedly staring up into Heaven (Lk 24:50; Acts 1:9-12).

The chief purpose of Christ's ascension is for Him to be crowned in His humanity as King of eternal glory by the Father, and to be seated at the right hand of the Father, but we shall say more of this below. Yet for all that He is now ascended back into Heaven, Christ's mission is still not ended insofar as He has three remaining works.

First, Christ ascends into Heaven to be our mediator with the Father. As the bridge – the *pontifex* or go-between – that spans the gap between a fallen mankind and a perfect Creator, Our Lord's mission is the reconciliation of



*The Ascension*  
by Dosso Dossi  
(c.1489–1542)

sinners with the Father whom we have offended by our sins. In the Person of His Son, the Father reaches down to a fallen race. The Son, by becoming Incarnate – by becoming a sharer in our human nature – draws to Himself all of the sufferings and consequences of our race, and then offers them to the Father to atone for our sins. It is because He is also Divine that the offering He makes to His Father is a sufficient and acceptable offering, that is, an offering that satisfies the demands of offended Justice. In Heaven, this work of mediation continues as He makes intercession for us (Rom 8:34), and acts as our Advocate before the throne of God (1 Jn 2:1) in the face of Satan, our accuser, who would have us convicted and thrown into hell (Rev 12:9-10).

Second, just as the Son of God came down to earth to sacrifice Himself for us and to point the way to Heaven, now, from His throne on high in His Father's house, He draws us upwards to where He is preparing a place for us so that, as He says, 'where I am, you may be also' (Jn 14:2,3).

And, third, He goes that He may send to us the Holy Spirit, the One who will lead us into all truth (Jn 16:13), 'for if I do not go away, the Counsellor will not come to you; but if I go, I will send Him to you' (v.7).

Moreover, it is in His ascension back into Heaven that the Son of God completes His great sweeping movement of redemption: descending to earth in the Incarnation, suffering, dying, and descending into hell in His Passion, and rising again, and returning to the Father in His resurrection and ascension, scooping us up along the way, as it were, and taking us with Him.