

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

August is dedicated to
the Immaculate Heart of Mary

Sunday 13th August 2023

* *Dom. XI post Pentecosten*
8am (TLM) — Pro Populo
* *19th Sunday of the Year*
09:30 — Bella
11:00 — Patrick Willis

Monday 14th August

St Maximilian Kolbe
10am — Fr Fred Boll, OSF

Tuesday 15th August

The Assumption of the BVM
8am (TLM) — Fred Willis
12:15pm — Anna Friel;
7pm (sung) — Pro Populo

**HOLY
Day
OF
OBLIGATION**

Wednesday 16th August

Feria
6pm — The *Domus* of the Parish

Thursday 17th August

Feria
12:15pm — Holy Souls

Friday 18th August

St Helen
10am — John & Helen Sullivan RIP (F)

Saturday 19th August

St John Eudes
10am — Philip Martin Ward RIP (F)
Vigil of 20th Sunday of the Year
6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& *Sat:* 5pm — 5:45pm
1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm
ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 10th Sept.)

THE ASSUMPTION OF THE BLESSED VIRGIN MARY TUESDAY 15TH AUGUST

HOLY DAY OF
OBLIGATION

*The Assumption by
Bartolomé Esteban Murillo
(1617-1682)*

'By the authority of our Lord Jesus Christ, of the Blessed Apostles Peter and Paul, and by our own authority, we pronounce, declare, and define it to be a divinely revealed dogma: that the Immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul into heavenly glory.'

*Munificentissimus Deus,
Ven. Pius XII, 1950*



One of the four dogmas of the Church concerning the Blessed Virgin Mary, the Assumption makes known to us that Our Lady, at the end of her earthly life, was assumed body and soul into heaven. Having been preserved free from both original sin and actual sin, she did not suffer the corruption of death by which body and soul become separated. Indeed, in the East, this feast is called the Dormition of the BVM, that is, the Falling Asleep of the BVM. Our Lady's assumption into heavenly glory is the echo not so much of her Son's ascension (as one might think) but of His resurrection, that is, the union of body and soul in a glorified state at the end of one's earthly life. We know that 'death is not of God's fashioning' (Wis 1:13, Knox translation). As a result, the end of Our Lady's earthly life fulfilled the plan God had originally intended for all of us but which the rest of us forfeited through sin. The Blessed Virgin Mary was preserved immaculate as a fitting preparation for the conception of the Word of God in her womb.

PARISH BBQ — SUNDAY, 27TH AUGUST — ALL WELCOME

A lunchtime BBQ for the whole parish! From 1pm onwards in Bill & Brigitte Newman-Sanders' garden (address to follow). To give us an idea of numbers, please sign the list at the back of church, indicating what dish you can bring (a salad or a pudding) and whether you have any vegetarian requirements. And bring a bottle! All sausages and burgers—meat and vegetarian—as well as chicken pieces will be provided. (Please bring a picnic chair if you have one, but don't worry if you don't!) There will be some parking on-site, but otherwise on the roadside nearby. Please be considerate to other road users and neighbours when you park.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

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OUR LADY OF IPSWICH RECIPE COMPETITION!

Just as we have a St Pancras Pie, so we are going to have a competition to find a dish for Our Lady of Ipswich. The dish may be savoury or sweet, hot or cold. The recipe must be original and not copied from a book or a website (although it may be 'grandma's favourite' so long it doesn't appear in a published book already). Dishes need to be presented for judging in the parish hall on Sunday, 10th September following the 11am Mass (the Sunday nearest to Our Lady's birthday). There will be a small panel of judges. The winning recipe will be adopted as the parish's official 'Our Lady of Ipswich dish.'

*One parishioner has already come up with an
Our Lady of Ipswich cocktail!*

The Bd Carlo Acutis Group for 14-17 year olds will meet next on Thursday 5th October at 7pm.

Catholic Young Adults (CYA) for 18-35 year olds will meet next on Friday, 13th October at 7pm.

Do you know where and when the first ever Church Council was held? Find out at our brand new series of Wednesday evening talks this autumn.

Please note that Fr Joseph's day off each week is Tuesday. It is unlikely that knocks at the front door or emails will be answered, or that 'phone calls will be returned, on Tuesdays.

Masses may be booked to be said for the living or the dead. Please complete a Mass Offering envelope from the back of church. We cannot guarantee to say the Mass on the preferred date but will get as close to it as possible. A typical Mass offering is £10.

The 11am Mass Choir is enjoying a well-earned holiday during August (except for the feast of the Assumption).

The Registration window for next year's First Communion and Confirmation candidates will close on **30th September 2023**. The classes are only open to those families who already worship at St Pancras regularly. Registration forms may be collected from Fr Joseph.

Sick List

Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, and Brian Price.

Of your charity

Please pray for the repose of the soul of Andrew Kemp died recently, and of all those whose anniversaries occur at this time: Nancy Cooper, Frederick Banks, Walter Holden, Cecily Coney, Joseph Capocci, Lilian Bazire, Bridget Maile, Mary Sweeney, John Lewis, Ptarick Cuddon, Natalie Kozak, Helen Sullivan, Lilian Ward, Margaret Reeve, Horace Fox, and Maurice Deenihan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: In part 29 of our forty-part series on the Creed we continue to look at the third Person of the Holy and Undivided Trinity, the Holy Spirit.

WHO PROCEEDS FROM THE FATHER AND THE SON



*Holy Trinity,
detail of
Iconostasis
in Greek
Catholic
Co-cathedral
of Saints
Cyril &
Methodius
in Zagreb,
Croatia.*

Previously it was explained that the Son was *begotten* of the Father when the Father gave voice to the Thought – spoke the Word – that He had in His own mind of Himself. That Word is the perfect likeness of the Father.

Note once again that there was never a single moment when the Father existed on His own, when the Son did not exist: there was not a moment when the Father did not have this perfect knowledge of Himself in His own mind, nor was there a single moment when He had not given voice to this Thought, or spoken this Word. Father and Son are co-equal and co-eternal.

Suppose the Father and the Son can be thought of as standing face to face, a little like identical twins facing one another. The gift of life that the Father breathes forth into His perfect likeness (that is, into the Son), and the gift of life that the Son breathes forth into the One from whom He has been begotten (that is, into the Father), is the breath of God Himself. This breath is the Holy Spirit. Now suppose those twins are standing outdoors on a frosty morning: their breath is visible on such a cold day. In this analogy, the breath of the twins is the Holy Spirit, the breath of God being breathed from the Father and from the Son, serving as both the means by which life is given as well as Life itself. (That is, the Holy Spirit is both the Giver of Life *and* the Gift of Life.) Yet, more importantly for our purposes here, the Holy Spirit can be seen to be exhaled – or more properly speaking, to *proceed forth* – from both the Father *and* from the Son.

Proceeding from both, Father and Son, gives us a clearer picture of who and what God is. St John says that 'God is love,' (1 Jn 4:16). If 'love' may be defined as 'giving' – *to love is to give* – then God may be said to be the One whose very nature it is to give. God cannot not give. On this view, before there were any creatures, God would still have to have had someone to give *to*. This Someone is His Son. But the Father would still have to have had *something* to give. What the Father gave was the only thing He possessed, namely His breath, His very life. This Gift of Life is the third Person of the Trinity, the Holy Spirit.

This model of the Trinity shows us the reciprocity of the nature of love. To give love means having someone to give it *to*: love cannot exist in a relationship vacuum because love is chiefly an act of the will, not an emotion. But this in turn shows us that a God who is love cannot consist of just one Divine Person. It is precisely this procession of life and love that distinguishes the God of the Christians from any other god.