

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

August is dedicated to
the Immaculate Heart of Mary

Sunday 20th August 2023

20th Sunday of the Year

09:30 — Pro Populo

11:00 — Fr Alois Felder FSO, RIP

Monday 21st August

St Pius X

10am — Elizabeth & Tim Macguire

Funeral requiem

12 noon — Andrew Kemp RIP

Tuesday 22nd August

The Immaculate Heart of Mary

8am (TLM) — Holy Souls

Wednesday 23rd August

St Rose of Lima

6pm — Hannah Ramsey

(Reception of a convert at this Mass)

Thursday 24th August

St Bartholomew

12:15pm — James & Elizabeth Bartholomew

Friday 25th August

St Louis

10am — Private int.

Saturday 26th August

Bl Dominic Barberi of the Mother of God

10am — Holy Souls

Vigil of 21st Sunday of the Year

6pm — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 7pm — 8pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 10th Sept.)

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PARISH BBQ

NEXT SUNDAY — 27TH AUGUST

from 1pm onwards

in Bill & Brigitte's garden at Topples, Ipswich Rd, Holbrook, IP9 2QT
what3words: nurtures.lowest.pricing



*Look out for the
Vatican flag!*

Please sign the list at the back of church **TODAY** so that we have an idea of numbers. Let us know whether you can bring a salad or a pudding (we need puddings!) and whether you have any vegetarian requirements. **BRING A BOTTLE**, either alcoholic or soft, or both, and a **GARDEN CHAIR** if you have one. All sausages and burgers—meat and vegetarian—as well as chicken pieces will be provided.

There will be some parking on-site, but otherwise on the roadside nearby. Please be considerate to other road users and neighbours when you park.



All welcome!

Pictured: Brigitte & Bill hosting a BBQ in the 1960s.

Feast of the Week

The Queenship of Mary & Her Immaculate Heart

22nd August

On the octave day of the feast of the Assumption we celebrate another feast of Our Blessed Lady. Since 1969 we have kept the feast of the Queenship of Mary. Having been assumed into heaven, she is now crowned as heaven's Queen and is truly seen to be the 'woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars' (Apoc 12:1). But prior to the liturgical changes, 22nd August was the feast of the Immaculate Heart of Mary. As we saw on the Assumption, Our Lady was assumed into heaven body and soul together as a result of her never having been tainted by original or actual sin. Sin brings the corruption of suffering, sickness, disease, and, ultimately, death, that is, the separation of body and soul. It was precisely because she was immaculately conceived, and was preserved by God's grace and her own acts of the will from actual sin, that her heart remained immaculate and her body incorrupt. In other words, on the feast of the Assumption we see Our Lady's fitting reward, and on the feast of her Immaculate Heart we are shown the cause of her incorruption, and we celebrate with joy 'our tainted nature's solitary boast.'

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

PILGRIM WALK

To the Shrine of Our Lady of Grace of Ipswich

Sunday, 3rd September 2023 — 3pm

Using the route planned by Cardinal Wolsey, we will start at St Peter's on the Quay at 3pm (IP4 1BF), to Lady Lane (the site of the mediæval shrine), and on to the shrine in St-Mary-at-the-Elms church (IP1 1EY). Our own bishop, Peter Collins, will be represented by our dean, Fr John Barnes. Please come along and pray for the conversion of Ipswich and of England.

Parish Magazine Deadline for submitting copy: Wednesday, 6th September. News and views, essays and articles, poems and jokes, memories and travelogues: all welcome. matilda79r@gmail.com

OUR LADY OF IPSWICH RECIPE COMPETITION!

Sunday, 10th September after the 11am Mass

Bring your prepared dish along, with a written copy of the recipe, and enter the competition. No pre-booking, and no fees. Just turn up. The dish may be hot or cold, savoury or sweet. You can even place more than one entry. The only rule is that the recipe must be original (even if it's granny's or mum's original). The winning recipe will be adopted as the parish's official 'Our Lady of Ipswich dish.'

The Bd Carlo Acutis Group for 14-17 year olds will meet next on Thursday 5th October at 7pm.

Catholic Young Adults (CYA) for 18-35 year olds will meet next on Friday, 13th October at 7pm.

Do you know which has more authority, a General Ecumenical Council or the Pope? Find out at our brand new series of Wednesday evening talks this autumn.

The 11am Mass Choir is enjoying a well-earned holiday during August.

The Registration window for next year's First Communion and Confirmation candidates will close on **30th September 2023**. The classes are only open to those families who already worship at St Pancras regularly. Registration forms may be collected from Fr Joseph.

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, and Brian Price.

Of your charity Please pray for the repose of the soul of Andrew Kemp who died recently, and for all those whose anniversaries occur at this time: George Nevill, Maria Buan, Alfred Elbrick, Daisy Taylor, Pierre Osborn, Sean O'Farrell, Mary Lambert, Elsie Rauch, John Southworth, John Langford, Eva Gammage, Antoinetta Palumbo, Martin Deenihan, James Church, Muriel Stoneman, Carolyne Gammage, Eileen Fox, Frederick Chase, Alice Norfolk, Robert Snell, Dorothy Bottom, Monica Bright, Jonathan Shaw, and Richard Twomey. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: In part 30 of our forty-part series on the Creed we see how the Holy Spirit—who is co-equal and co-eternal with the Father and the Son—is worshipped as true God, as are they.

WHO WITH THE FATHER AND THE SON IS ADORED AND GLORIFIED

These words from the Creed serve to emphasize certain salient points about the third Person of the Blessed Trinity. First, the Holy Spirit is *consubstantial* with the Father and the Son, that is, He shares the same divine nature. Second, He is also *co-eternal* with the Father and the Son, that is, He participates fully in the *eternal present* of God: like the Father and the Son, there was never a time when He was not, nor will there ever be a time when He is not. And third, the Holy Spirit is *co-equal* with the Father and the Son. It is this co-equality, particularly with regard to adoring and glorifying God, with which we are most concerned here. Thus, what is said here of the Holy Spirit applies equally to the Father and to the Son.

Adoration is one of the four A.C.T.S. (or ends) of prayer, along with **Contrition**, **Thanksgiving**, and **Supplication**. To adore God means to worship Him as our Sovereign Lord, as the one source of all that we are and have, as our Redeemer, Savior, and Sanctifier, and as the One to whom we surrender our whole selves in humble, obedient, penitent, loving, and generous submission.

Internal, or interior, adoration is rendered by the acts of the intellect and the will. In other words, we adore God through the use of our faculty of reason, and by our actions which arise from what we have come to know and understand as a result. When the mind admits the infinite perfection of God, the will bids us praise and worship this perfection.

External, or exterior, adoration comprises the use of bodily gestures, such as kneeling, genuflecting, bowing, and so forth, along with the use of material objects such as incense, candles, ashes, vestments, water, music, and the like.

External acts of adoration without an interior submission of the will would be devoid of life, merit, and efficacy: they will accomplish nothing. On the other hand, internal acts of worship must be accompanied by exterior acts because we are made up of body as well as soul, and we are commanded by God to worship with the whole of ourselves, 'with all your heart, and with all your soul, and with all your might' (Dt 6:5). We must place both soul and body at the service of our God.

To glorify^(a) God, then, is to show forth the splendor of His majesty, to sing the praises of His goodness, truth, and beauty, through what we think, say, and do. Just as 'the heavens are telling the glory of God;/and the firmament proclaims His handiwork' (Ps 19[18]:1), so our lives give glory to God through our outward gestures and behaviour along with our inner dispositions and attitudes. This glory is magnified when others see in our words and actions a reflection, however pale, of God's glory and of His presence in the world.

Being consubstantial and co-eternal with, and co-equal to, the Father and the Son, the Holy Spirit is also owed such adoration and glorification.^(b)

(a) From the Greek, *doxazó*, to glorify.

(b) In Catholic theology there are three types of worship: (i) *latria*, (ii) *hyperdulia* (a form of reverence towards the Blessed Virgin Mary), and (iii) *dulia* (the reverence given to the saints). *Latria* is worship properly so-called, and is an act of adoration due to God alone.