

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk



Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

September is dedicated to
the Seven Sorrows of Our Lady

Sunday 10th September 2023

- * *Dom XV post Pentecosten*
8am (TLM) — Holy Souls
- * *23rd Sunday of the Year*
09:30 — Pro Populo
11:00 — Holy Souls

Monday 11th September

Feria
10am — Private int.

Tuesday 12th September

The Most Holy Name of Mary
8am (TLM) — Mary McBride RIP (F)

Wednesday 13th September

St John Chrysostom
6pm — Douglas Birchall RIP

Thursday 14th September

Exaltation of the Holy Cross
12:15pm — John Acott RIP

Friday 15th September

Our Lady of Sorrows
10am — Holy Souls

Saturday 16th September

Ss Cornelius & Cyprian
10am — Mary McBride RIP (F)
Vigil of 24th Sunday of the Year
6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& Sat: 5pm — 5:45pm
1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS:

Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 8th October.)
Traditional Latin Masses (TLM) are said according to the Missal used before the Second Vatican Council.

OUR LADY OF IPSWICH RECIPE COMPETITION!

Today, after the 11am Mass

Recipes and dishes will be judged after the 11am Mass today by our three eminent local judges: Fr Russell Frost, former parish priest of St Pancras, the Rev John Thackery from the church of St Mary at the Elms, home of the ecumenical shrine of Our Lady of Grace of Ipswich, and Jean Johnson, the last surviving founding member of the Guild of Our Lady of Grace of Ipswich.

The winning recipe will be adopted as the parish's official 'Our Lady of Ipswich dish.'

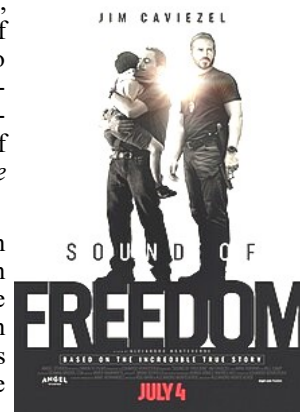
SOUND OF FREEDOM

The recently released film, *Sound of Freedom*, mentioned in last week's sermon, tells the story of Tim Ballard, a former U.S. government agent who sets out to rescue children from traffickers in Columbia. In the film, Ballard is played by the Catholic actor, Jim Caviezel (who played the part of Christ in Mel Gibson's film, *The Passion of the Christ*).

Who could possibly object to such a film, given that it highlights the desperate plight of children kidnapped or sold into sex slavery? Yet it took five years for the film to be released once production was completed, and has faced a backlash since its release. Indeed, cinemas that show the film are being threatened simply for showing it. Why?

The child sex slave industry is worth, we are told in the film, \$150 billion a year, and it may well soon take over from the drug trade as the biggest global criminal network because, as Tim Ballard tells us, you can only sell a bag of cocaine once, but you can sell a child five times a day, every day. Is it the barons of this new industry that are trying to stop the message from being put across?

If you have not seen the film yet, you are urged to do so, and spread the word about this truly appalling trade in human lives.



FEAST OF THE EXALTATION OF THE CROSS

Thursday, 14th September

Mass at 12:15pm followed by veneration of the relic of the True Cross

FEAST OF OUR LADY OF SORROWS

Friday, 15th September

The Book Club will meet at 7pm tomorrow evening, Monday 11th, in the parish hall (please enter through the back gate, not the church) to discuss St Augustine's *Confessions*.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Thursday Lunches. If you would like to prepare a lunch on one of the following dates, please let Fr Joseph know: 14th Sept., 12th Oct., 9th Nov., or 14th Dec. Thank you.

Domus Thursday, 28th September at 6pm. There will a Holy Hour of Adoration before the Blessed Sacrament for all the *Domus* of the parish as well as for those preparing to become a *Domus*, or anyone interested in finding out more about the *Domus*.

The Bd Carlo Acutis Group for 14-17 year olds will meet next on Thursday 5th October at 7pm.

Catholic Young Adults (CYA) for 18-35 year olds will meet next on Friday, 13th October at 7pm.

Do you know what the phrase *ex opere operato* means in connection with the Sacraments? Find out at our brand new series of Wednesday evening talks this autumn.

The Registration window for next year's First Communion and Confirmation candidates will close on **30th September 2023**. The classes are only open to those families who already worship at St Pancras regularly. Registration forms may be collected from Fr Joseph.

Requiem Masses I have been shocked, since coming to Ipswich, by how many Catholics are willing to bury or cremate their loved ones (or leave instructions for themselves to be buried or cremated) without a requiem Mass.

A requiem Mass is the proper way to be laid to rest for a Catholic. The rites of the Church commend the departed soul into the arms of our Saviour with an absolution for sins and prayers for his or her eternal rest.

At each stage (when someone is sick, and then dying, and after they have died), we plead with our God to be merciful to the soul that is about to depart—or has just departed—this life. Bear in mind that a place in heaven is never guaranteed. Each of us needs all the prayers we can get.

And remember, a requiem Mass is for the deceased person, not for the mourners.

Please make sure you leave instructions for your own funeral arrangements, and please make sure you bury your deceased loved ones in accordance with the rites of the Catholic Church into which we have been baptized.

Sick List Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, and Brian Price.

Of your charity Please pray for the repose of Shelagh McElholm who died recently, and for all those whose anniversaries occur at this time: Dennis Stocker, Mario Sansiuiero, Rev Canon William Burrows, Merle Brooks, John Gaughan, Ronald Byrne, Helen McCall, Tommy Reid, Timothy Gilbert, Andrew Gilbert, Joseph Barbrook, Sabina Wright, Anthony Blackett, Grezegory Gada, Bernard Driscoll, Oronato Bevilaqua, Julia Quantrill, Margaret Prodger, Thomas Golding, Robert Simpson, Florence Brown, Thomas McGovern, James Pettigrew, Maria Merico, Florence Evans, Charles Covell, Mary Bulbeck, Edna Walker, Margaret Holman, Marija Lukashuk, Guiseppina Iachetta, Mary McBride, Nunzio Ragucci, Christine Peachy, and Margaret Sullivan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Shelagh McElholm's requiem Mass will be at 10:45am at St Mary's, Woodbridge Rd, tomorrow, Monday 11th.

Fr Joseph writes: In part 33 of our forty-part series on the Creed we consider the holiness of the Church.

HOLY

Whilst we may think of the Church as all the people who make up her membership, in fact the Church is much greater than the sum of Her parts. We are *members* of the Church, but even collectively we cannot say, at least not without qualification, that we *are* the Church.

The Church is sometimes called the Mystical Body of Christ, but the word 'mystical' does not mean something rather vague, woolly, and invisible. Rather, the Church is the visible and spiritual continuation in time of Christ's personal presence here on earth. To this end, we can say with St Paul that Our Lord is the head whilst we are the body of the Church (Col 1:18), and that whilst we, collectively, form the body of the Church, we are, individually, members of it (1 Cor 12:27). As individual members of the Church, we each have different gifts which come from the same Holy Spirit who holds us united in this one body (1 Cor 12:4ff). Moreover, the Holy Spirit is, as it were, the soul of the Church, the living breath of God which animates – gives life to and sanctifies – the Church (Rom 1:4).

Our Lord taught that He is the vine of which we are the branches, and that in order to bear fruit we must remain united to the vine, for a branch separated from the vine withers and dies (Jn 15:1-8). In this image, the sap, which flows through vine and branches alike, is compared to the sanctifying grace given to us in Baptism (and restored again, if lost through mortal sin, in the Sacrament of Confession) by which we share in the life, the holiness, of Christ Himself. Cut off from the source of grace, our souls wither spiritually and die.

We, as individuals, may be said to participate in God's holiness so long as we are in a state of grace. The Church as a body, on the other hand, *is* the presence of Christ and is, therefore, holy as He is holy. The Catholic Church can never not be holy, even though the splendor of Her holiness is at times more evident, and at times less so, depending on the extent to which Her individual members participate in God's holiness. They do this through their acts of worship and their reception of sanctifying grace in the sacraments, through their prayer, through their shared and publicly expressed belief, through their adherence and obedience to the Church's authority, and through their living a life of virtue.

She is a glorious Church 'without spot or wrinkle, or any such thing, [but is] holy and without blemish' (Eph 5:27), even though her individual members are not yet perfected in holiness. Indeed, some of Her members may be rogues, but it is not for us to judge their standing before God, nor the extent or otherwise of their growth in holiness, because we are, all of us, still sinners and in need of Christ's holiness, the holiness that comes to us through His Church.



Newly completed fresco in the Basilica of Christ the King, Paola, Malta, by Manuel Farrugia (2018)