

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

## *Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

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Parish Priest:  
Fr Joseph Welch

Sundays: Yr A  
Weekdays: Yr 1

September is dedicated to  
the Seven Sorrows of Our Lady

### Sunday 17<sup>th</sup> September 2023

24<sup>th</sup> Sunday of the Year

09:30 — James & Margaret Cleary RIP

11:00 — Pro Populo

### Monday 18<sup>th</sup> September

Feria

10am — Alan Rayner RIP

### Tuesday 19<sup>th</sup> September

Requiem

8am (TLM) — Fr Paul Chavasse RIP of  
the Birmingham Oratory

### Wednesday 20<sup>th</sup> September **EMBER DAY**

Ss Andrew Kim Tae-gon & Comps.

6pm — Holy Souls

### Thursday 21<sup>st</sup> September

St Matthew

12:15pm — Souls in Purgatory (1/2)

### Friday 22<sup>nd</sup> September **EMBER DAY**

Feria

10am — Felix Downes-Thomas

### Saturday 23<sup>rd</sup> September **EMBER DAY**

St Pius of Pietrelcina

10am — Lawrence U. Iwuh RIP

Vigil of the feast of

Our Lady of Walsingham

6pm — Pro Populo

#### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

#### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at  
8am. (Next 2<sup>nd</sup> Sunday Mass: 8<sup>th</sup> October.)

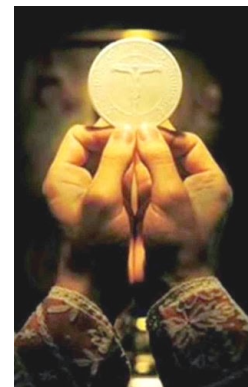
Traditional Latin Masses (TLM) are said  
according to the Missal used before the Sec-  
ond Vatican Council.

### REVERENCE FOR THE BLESSED SACRAMENT

*'To speak of the Blessed Sacrament is  
to speak of what is most sacred'*

*St Euphrasia*

In the Catholic Church there are three different words that are used to describe the level of reverence Catholics give to different persons. *Dulia*, from a Greek word meaning service or work done, is the veneration Catholics pay to the saints. *Hyperdulia* is the level of reverence we pay to the Blessed Virgin Mary. *Latria*, from a Greek word meaning worship, is the worship properly so-called that is given to God alone.



During the Holy Sacrifice of the Mass, and by virtue of the miracle of *transubstantiation*, the Bread and Wine are consecrated and become the Sacred Body and Blood, the Soul and the Divinity, of Christ Himself. In other words, the Blessed Sacrament *is* Christ.

This last point cannot be emphasized enough. The Blessed Sacrament *is* Christ: it *is* the Son of God.

As a result, Catholics worship the Blessed Sacrament, and we apply the word *latria* to our acts of worship. That is, we bow down and worship our God. We kneel before our God in homage. We give to the Blessed Sacrament the very highest level of homage and adoration that is possible.

*'Come in, let us bow and bend low.*

*Let us kneel before the God who made us' (Ps 94:6)*

With all of this in mind, I beg you, **please**, to kneel whenever the Blessed Sacrament is on the altar (for example on Saturday evenings between 5pm and 5:45pm), whenever the Blessed Sacrament is carried passed you, as well as during Holy Communion after you have returned to your place and until the tabernacle door is closed again. Above all, **please** consider returning to the traditional practice of receiving Our Blessed Lord directly onto the tongue. His sacramental presence is simply too searingly sacred for any but the consecrated hands of a priest to touch!

### OUR LADY OF IPSWICH RECIPE COMPETITION — WINNERS

Congratulations to Rosa de Pasquale for her winning dish, *Bakewell Tart with Rose Petal Jam*, as well as to runners up, Theresa Cleary, with her *Our Lady of Ipswich Chicken Casserole*, and Pat Ware with her *Twelve-Starred Birthday Cake*. A special thank-you to all who entered the competition, as well as to our judges, Rev John Thackery, Jean Johnson, and Stephen Griggs who agreed to be co-opted onto the panel of judges at the last minute. The *Bakewell Tart with Rose Petal Jam* has been adopted as our official dish of Our Lady of Ipswich alongside our St Pancras Pie! The recipe will be made available soon for everyone else to use. Our Lady of Ipswich, pray for us.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

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**Recollection** Tuesday, 19<sup>th</sup> September, at 2pm for Women and 7pm for Men with Fr Paul Diaper from Opus Dei.

**Ember Days** fall this week on Wednesday, Friday, and Saturday, on which some Catholics choose to practise the traditional fast and abstinence.

**Domus** Thursday, 28<sup>th</sup> September at 6pm. There will a Holy Hour of Adoration before the Blessed Sacrament for all the *Domus* of the parish as well as for those preparing to become a *Domus*, or anyone interested in finding out more about the *Domus*.

**Parents' Meeting** Wednesday, 4<sup>th</sup> October at 7pm in the hall for parents of children registered for First Communion and Confirmation classes.

**The Bd Carlo Acutis Group** for 14-17 year olds will meet next on Thursday 5<sup>th</sup> October at 7pm.

**Wednesday Evening Talks** begin at 7pm on 11<sup>th</sup> October. In *From Nicæa to Vatican I* we will look at the teachings of the Church as contained in the first twenty of the Ecumenical Councils. All welcome.

**Catholic Young Adults (CYA)** for 18-35 year olds will meet next on Friday, 13<sup>th</sup> October at 7pm.

**Quiz Evening** with Fish & Chip supper: Friday, 20<sup>th</sup> October at 6:30pm. Tickets will be available soon.

**Thursday Lunches.** If you would like to prepare a lunch on 14<sup>th</sup> December please let Fr Joseph know. All proceeds to Mary's Meals. Thank you.

**The Book Club** will meet next at 7pm on Monday, 11<sup>th</sup> December to discuss C.S. Lewis' *The Screwtape Letters*.

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**The Registration window** for next year's First Communion and Confirmation candidates will close on **30<sup>th</sup> September 2023**. The classes are only open to those families who already worship at St Pancras regularly. Registration forms may be collected from Fr Joseph.

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**Requiem Masses** It is always unsettling when a Catholic does not receive a proper burial. Please ensure that your loved ones are laid to rest according to the rites of the Catholic Church. And please make sure that you leave instructions that you, too, will be laid to rest according to the rites of our Holy Mother the Church when your turn comes.

Remember, a requiem Mass is for the deceased person, not for the mourners who are left behind.

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**Sick List** Prayers are asked for Rosemary Pease, Jim Convey, Mary Driscoll, Leighton Scott, Bernie Wood, Larry Crowley, and Brian Price.

**Of your charity** Please pray for the repose of those who have died recently, and for all those whose anniversaries occur at this time: Valeria Rosieradyra, Ursula Anderson, Charles Henley, Bertie Walker, Frederick Wallace, Francis Tynan, Thomas Devine, Christine Peachey. Mrs Jean Orme, Anastasia Last, Martin Connolly, Eunice Bartlett, Angel Mahalia, Sheila Jokic, Pauline Roberts, Raymond Johnson, Richard Dunn, Michael Lynch, Frederick Clifford, John Corbett, Michael Cattigan, Adrian Patterson, Elizabeth Heley, Ronald Southgate, Frank Woodward, Nora Mulryan, Maria Leeder, Hubert Booter, and Mary Burns. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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**Fr Joseph writes:** In part 34 of our forty-part series on the Creed we consider the Church as Catholic.

### CATHOLIC

The word 'catholic' comes from the Greek word *katholikos* which means 'universal.' The Catholic Church is universal in several different ways.

First, she extends across the globe geographically and across the millennia historically, where She is known as the Church Militant or Pilgrim. Her divine mission, given Her by Her Founder, is to 'make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you' (Mt 28:19-20a). Nothing God does is accidental. It was part of God's plan that the Son of God become Incarnate during the time of the Roman Empire. From Jerusalem, the Gospel was spread throughout the known lands, as far as India and possibly Japan and China, down into Africa, north into Syria and Turkey and Greece, and across the Mediterranean Sea to northern Africa, to the Balkan countries, to Spain, and to Rome, all in the lifetime of the Apostles. St Peter, charged with leadership of the Church, became bishop of Antioch and then travelled to Italy where he became the first Bishop of Rome and where he was martyred. St Paul, the Apostle to the Gentiles (that is, to the non-Jewish peoples of the world) also travelled to Rome where he, too, was martyred. Once the Emperor Constantine was converted to Christianity in the early fourth century, more or less the whole empire became Christian. Down the ages, through many centuries, Christian civilization was built up, and the Truths of the Faith were handed down, with each generation passing on to others what they, in turn, had themselves received (1 Cor 11:23 and 15:3). From Europe the Faith was taken, eventually, to every land and people of the world.

The Church is also universal in the sense that no one is excluded from becoming a disciple of Christ, for She 'puts forth large branches, so that the birds of the air can make nests in its shade' (Mk 4:32), with many coming from east and west to do so (Mt 8:11; Lk 13:29).

But the Church extends to Purgatory too, where the Holy Souls are still being perfected, and where She is called the Church Suffering. She also, of course, extends to Heaven, where the saints are already enjoying the Beatific Vision, beholding the face of God in glory, and where, having triumphed over the great seducer and accuser of God's holy people (Rev 12:9,10), She is called the Church Triumphant.

In this universality we find the Church's doctrine of the Communion of the Saints, wherein all who are baptized into a state of grace are united in a bond by which those separated by time and space are more closely united to one another than in the ties of even the most affectionate spousal or familial relationship, quite simply because they are united not by human ties but by virtue of being incorporated into the one, living body of Christ, and grafted onto the one true vine.



*The Forerunners of Christ with Saints and Martyrs (detail) by Fra Angelico (1423-4)*