

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

November is dedicated to
the Holy Souls in Purgatory

Sunday 29th October 2023

- * *Christ the King*
8am (TLM) — Holy Souls
- * *30th Sunday of the Year*
09:30 — Pro Populo
11:00 — Judith Lothian RIP

Monday 30th October

Feria
10am — Arthur Rambling RIP (F)

Tuesday 31st October

Requiem
8am (TLM) — Eileen Dickinson RIP

Wednesday 1st November

All Saints **HOLY DAY OF OBLIGATION**
8am (TLM) — Pro Populo
12:15pm — Deceased Brothers of the
Ipswich Catenian Circle
7pm — The Wood family

Thursday 2nd November

Commemoration of the Holy Souls
8am (TLM) — Private int.
12:15pm — Holy Souls
7pm — The Pope's intentions

Friday 3rd November

St Martin de Porres
10am — Mary Hambling RIP (F)

Saturday 4th November

Ss Charles Borromeo
10am — Fr Paul Chavasse RIP
Vigil of 31st Sunday of the Year
6pm — Donor's int.

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& Sat: 5pm — 5:45pm
1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 12th Nov.)

TWO HOLY DAYS ON WHICH ALL CATHOLICS GO TO MASS

On both days: Masses at 8am (TLM), 12:15pm followed by the rosary, 7pm (sung)
Confessions for 30 minutes before all Masses

ALL SAINTS

WEDNESDAY 1ST NOVEMBER (HOLY DAY OF OBLIGATION)

On this day we celebrate the **Church Triumphant** and honour all the saints in heaven, the canonized and the unknown alike, who are subjects of Christ the King and who reign with Him in the Kingdom of Heaven.

COMMEMORATION OF THE HOLY SOULS

THURSDAY, 2ND NOVEMBER

*'It is a holy and wholesome thought to pray for the dead,
that they may be loosed from sins.'*
2 Machabees 12:46

On this day we recall the **Church Suffering** and pray for all the Holy Souls in Purgatory, and try to gain plenary indulgences for them so that they may be released from their suffering and enter into the joy of heaven.

What is an Indulgence?

All sins are punished, whether in this life or in the next. If we have suffered more in this life than we have sinned – and have offered that suffering up to God as penances – then we will not have to suffer in the next life (in Purgatory). However, if, when we die, there is still some punishment outstanding then we will have to pay that debt in Purgatory and suffer accordingly.

An indulgence is the remission in full (a plenary indulgence) or in part (a partial indulgence) of the temporal punishment due to our sins. ('Temporal' means *not* the eternal punishment of hell.)

Indulgences can be obtained for ourselves or for those who have already died and are in Purgatory (but not for other people who are still living). The Holy Souls in Purgatory cannot gain indulgences for themselves because they have had their time on earth in which to live a life of virtue and undertake their penances voluntarily. So, once souls arrive in Purgatory they rely on us to pray for them.

***Remember, if you don't teach your children to pray for the dead,
who will pray for you when you are in Purgatory?***

Please see the separate sheet at the back of church for details about how to gain indulgences for the Holy Souls in Purgatory

October Devotions Each Sunday in October at 4:30pm — Hymn, Litany of Loreto, *fervorino*, the rosary & concluding with Benediction of the Blessed Sacrament. *How else can we teach the next generation about the Catholic Faith if this generation does not show them?*

No Wednesday Evening Talk this week because of the feast of All Saints. Talks resume next week on 8th November.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

First Friday Confessions this week: 6pm—7pm.

St Albans School Fireworks Friday, 3rd Nov. 6pm—8pm. Buy tickets in advance. See poster in the porch.

Thursday lunch The next Thursday lunch will be on 9th November at 1pm.

Bd Carlo Acutis Group for 14-17 year olds. Because of Mass at 7pm on Holy Souls day, the next meeting will be on the *second* Thursday of November, that is, the 9th (and not the usual first Thursday of the month).

Catholic Young Adults (CYA) for 18-35 year olds will meet next on Friday, 10th November at 7pm in the church for prayer followed by a discussion in the parish hall about how we evangelize in the modern world.

Dona Machines & Gift Aid Please make sure all donations to the parish, even small donations, are Gift Aided if you are a UK tax payer. It makes a big difference to our overall parish income. Thank you.

November Dead List envelopes are available at the back of church. Please write on a piece of paper the names of deceased loved ones for whom you would like a Mass said, pop it into the envelope along with your Mass offering, and return it to the sacristy or the presbytery. (A typical Mass offering is £10 per envelope, not per name!)

Watch this space for details of our Rosary Crusade, for the conversion of souls in Ipswich and beyond, which will begin on 8th December.

DATES FOR YOUR DIARY

Blessing of Graves at Ipswich Cemetery

Sunday, 5th November at 2:30pm

Deanery Requiem Mass

Thursday, 16th November, 12:15pm

Feast of Christ the King

Sunday, 26th November.

Adoration of the Blessed Sacrament following the 11am until Benediction at 5pm

First Sunday of Advent

3rd December

Advent Devotions

Wednesdays in Advent, 6:30pm

Book Club

Monday 11th December at 7pm

(*The Screwtape Letters* by C.S. Lewis)

Carols by Candlelight & Blessing of Cribs

Sunday, 17th December, 4pm

Sick List Prayers are asked for Jim Convey, Larry Crowley, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Of your charity Please pray for the repose of Eileen Dickinson who have died recently, and for all those whose anniversaries occur at this time: Ceslaus Sulewski, Teofil Pozyczka, Bernard Shaw, Margaret Dye, Thelma Mason, Teresa Martyn, David O'Neill, Margaret Abernethy, Antonino Catalanotto, Rosina Pelligrini, Leslie Grueber, Helen Wilson, Mgr Joseph McShee, Vincent Cunane, Jim Maille, Consuelo Stocks, Irene Biela, Maggie Schofield, Dario Pinelli, Lilian Bowles, Kathleen Connolly, and Joyce Fahey. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: In the final part of our forty-part series on the Creed we consider a word we use so often that we probably never give it a second thought.

AMEN

It would be easy to think of the Creed simply as a list of the things we believe in as Catholics, or even as a tribal standard which we wave and gather beneath. But in fact the Creed is a very profound prayer. Whenever we recite the Nicene Creed, or the shorter Apostles' Creed, we unite ourselves with the whole body of the Church down the ages and across the globe, and breathe forth our worship of that unfathomable Mystery which is God Himself. Certain aspects of that Mystery have been revealed to us and formulated by the great Councils of the Church to stand as Symbols of our Faith, but the recitation of the Creed as a prayer is an act of reverence and adoration both of the truths imparted to us as well as of the God who has made them known. As such, each time we say the Creed we are drawn more deeply into a participation of those mysteries, and we become more fully conformed to and united with the living God who has spoken His Word.



'Amen,' from the Hebrew word 'āmēn, is used by speakers in the Old Testament chiefly as an affirmation of the words of a previous speaker, for example in Numbers 5:22, its first use in the Bible, and in Jeremiah 28:6, where the prophet affirms the words of Hananiah. However, it is occasionally used liturgically in the Psalms as an affirmation of what has just been proclaimed. In the Gospels it is used principally as an affirmation of the speaker's own thoughts, sometimes as a prelude to what is just about to be said. In Matthew, Mark, and Luke, Our Lord begins several remarks with the word Amen (Verily or Truly in some translations of the Bible). The word is always doubled when John uses it in the same context. Throughout the rest of the New Testament, it is often used as a doxology, an acclamation of praise, at the end of a thought or Letter. Indeed, the very last word of the Bible is Amen.

The roots of the word 'āmēn are, in turn, to be found in the Hebrew word 'āmān, to strengthen, to be firm, reliable, faithful, and is often translated as 'so be it.' In the liturgy it was used historically by the people at the end of prayers which had been said by the priest, as if to say, 'May it be done or believed as the priest has said,' or, as at the end of the great prayer of consecration in the Mass when the Body and Blood of Christ become sacramentally present on the altar, as a shout of acclamation. As time went on, it came to be added by the speaker of the prayer himself, simply as a conclusion. It is in these forms that it is mainly used today.

In this context, perhaps the Amen at the end of the Creed may be taken to mean quite simply, 'These things which I have professed with my lips, I believe in my heart.'

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After receiving Holy Communion please continue to kneel at least until Our Lord is reposed and the tabernacle door is closed once more.