

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

November is dedicated to
the Holy Souls in Purgatory

Sunday 12th November 2023

- * *Dom. V quæ superfuit post Epiphaniam*
8am (TLM) — Pro Populo
- * *32nd Sunday of the Year*
09:30 — Annette Higgins RIP
- * *Requiem for the Fallen*
11:00 — for the War Dead

Monday 13th November

Feria
10am — Fred & Ella Willis RIP

Tuesday 14th November

Requiem
8am (TLM) — November Dead List

Wednesday 15th November

Requiem
6pm — November Dead List

Thursday 16th November

Requiem
8am (TLM) — November Dead List
12:15pm — Deceased clergy of the
Ipswich deanery

Friday 17th November

St Hugh of Lincoln
10am — Deceased members of the
Convey family

Saturday 18th November

*Dedication of the Basilicas of
Ss Peter & Paul*
10am — Christopher, Kathleen, &
Peter Merlehan RIP
Vigil of 33rd Sunday of the Year
6pm — Souls in Purgatory (1/2)

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& **Sat:** 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 10th Dec.)

The De Profundis (Ps 129) for the Holy Souls in Purgatory

Out of the depths I have cried to Thee, O Lord, Lord hear my voice.

O let Thine ear be attentive to the voice of my supplication.

If Thou, O Lord, should observe iniquity, Lord who shall endure?

*But with Thee there is merciful forgiveness, and by reason of Thy law
I have waited for Thee, O Lord.*

My soul has relied upon His word, my soul has hoped in the Lord.

From the morning watch even until night let Israel hope in the Lord.

Because with the Lord there is mercy, and with Him plentiful redemption.

Israel indeed He will redeem from all its iniquities.

V. Eternal rest grant unto them, O Lord.

R. And let perpetual light shine upon them.

V. May they rest in peace. *R.* Amen.

V. O Lord hear my prayer. *R.* Let my cry come before Thee.

Let us pray: O God, Creator and Redeemer of all the faithful, grant to the souls of Thy servants departed the remission of all their sins, and through our pious supplication may they obtain that pardon which they have always desired. Who lives and reigns forever and ever. Amen.

THE LAST POST AND THE REVEILLE

At the 11 o'clock Mass this morning we are pleased to welcome our trumpeter, Sarah Purbrook, from the Ipswich Hospital Band which has been entertaining the people of Ipswich and the surrounding area for over 40 years. Over the years the band has raised £1,000s for numerous health-related charities. Throughout the year the band performs in concerts, and at fetes and other outdoor events, such as the Suffolk Show. It takes part in church services on hospital sites and in the local area. Every year culminates in the traditional playing of carols around the wards at Ipswich Hospital on Christmas morning. To find out more go to:

<https://ipswichhospitalband.org.uk/the-bands/ipswich-hospital-band/>

FEAST OF THE CHRIST THE KING

Sunday, 26th November

On the feast of Our Lord Jesus Christ the King we shall have Adoration of the Blessed Sacrament from the end of the 11am Mass until Benediction at 5pm.

Please sign the watching list on the notice board at the back of church.

REVERENCE FOR THE BLESSED SACRAMENT

Too sacred to touch: In his Apostolic Letter of 1980, *Dominicæ Cenæ*, Pope John Paul II said, 'To touch the sacred species, and to distribute them with their own hands, is a privilege of the ordained.' In so saying, he was merely echoing what St Thomas Aquinas had said many centuries earlier: 'out of reverence toward this sacrament nothing touches it but what is consecrated, hence the corporal and the chalice are consecrated, and likewise the priest's hands, for touching this sacrament.'



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Wednesday Evening Talks Our series of talks continue at 7pm. We are looking back at the first twenty Ecumenical Councils of the Church and exploring exactly what it is that Tradition teaches us. All welcome.

Deanery Requiem Mass Thursday, 16th November at 12:15pm. Please come along and pray for all the priests we have known over the years at St Pancras and across the Ipswich deanery including Fr Leeder.

Priestly Vocations There will be a Mass at the Cathedral on Sunday, 19th November at 11am, followed by lunch with the Bishop in Cathedral House next door, for young men who may have considered a vocation to the priesthood even if this feeling is in its very early stages or there are still many doubts. Please contact Fr Pat Cleary by Monday 13th November if you would like to attend:

vocations@rcdea.org.uk

Fr Joseph will be away 20th—22nd November. There will be no Mass on Tuesday, 21st November. (Masses on Monday 20th and Wednesday 22nd will remain unaffected.)

Bd Carlo Acutis Group (14-17year olds): 7pm, Thursday, 7th December.

Catholic Young Adults (18-35): 7pm on Friday, 8th Dec.

Book Club: 7pm on Monday, 11th December (*The Screwtape Letters* by C.S. Lewis)

Thursday Lunch If you would like to prepare the next lunch on 14th December please speak to Fr Joseph.

Dona Machines & Gift Aid Please make sure all donations to the parish, even small donations, are Gift Aided if you are a UK tax payer. It makes a big difference to our overall parish income. Thank you.

November Dead List envelopes are available at the back of church. Please write on a piece of paper the names of deceased loved ones for whom you would like a Mass said, pop it into the envelope along with your Mass offering, and return it to the sacristy or the presbytery. (A typical Mass offering is £10 per envelope, not per name!)

Rosary Crusade In a month's time—on 8th December—we shall launch our Rosary Crusade for the conversion of souls in Ipswich and beyond. Beginning on the day that Our Lady was filled with grace at the moment of her Immaculate Conception, and carrying on right up to the feast of Our Lady of Grace on 15th May, we shall gather a bouquet of rosaries which we shall then present to Our Blessed Lady on the day that Bishop Peter blesses our new statue of Our Lady of Ipswich. Watch this space for details about how you can join in.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all those whose anniversaries occur at this time: David Arthur, Alice Unwin, Edith Wallington, Peter Gonsalves, Jane Dermody, Violet Knight, Mrs Reeves, Charles Pajak, Audrey Pipe, William Mitchell, Mr McGrath, Joseph Westerling, Irene Cater, James McDonald, George Bowles, David Curran, Anne Andrews, Matthew Mason, Kathleen Tunstill, Anthony Rozier, Mary Baker, Edith Wright, Martin Mongan, Mabel Dennehy, and Bawden Baker. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: We continue our short series on the Church's teaching about Marriage and Human Sexuality.

Male and female He created them — pt 2: Basic Principles

As each day of the creation passed, God looked at what He had created and saw that it was good. On the fifth day, God created the birds of the air. He also created all the creatures of the sea and blessed them saying, 'Increase and multiply, and fill the waters,' and added, 'And let the birds be multiplied upon the earth (Gen 1:20-23).

Then came the sixth day on which God created man to His own image and likeness (v.26). This likeness, the Catechism tells us, is chiefly in our souls in as much as our souls, like God, are immortal spirits endowed with free will and the faculty of reason. 'Male and female He created them' (v.27). Just two sexes: no more.

It is not given to us to change what God has created so that a creature's nature is altered. Certainly, a tree can be changed into a table or a chair, but the product is still made of wood and is, therefore, consistent with the nature of the thing as it was originally created.

By contrast, a man and a woman cannot be changed such that his or her nature is altered to be something else. It is not possible to remain a human being and, at the same time, to become sexless or to change sex from male to female or vice versa. We are as we are created, and to this extent, at least, we participate in the image and likeness of God who is, Himself, the One who simply *is*: 'I AM WHO AM' (Ex 3:14).

'And God blessed them saying, Increase and multiply, and fill the earth' (v.28). Whereas God's words to the beasts of the land and the air and the seas took the form of a blessing, His words to rational man and woman took the form of a precept. The beasts, not having free will, were blessed with increase according to their nature and according to their instincts. By contrast, man and woman were commanded—being possessed of a rational soul and with free will—to go beyond mere natural instinct and to choose to participate in the role they had been given by their Creator.

The power of the Creator to create *ex nihilo* ('out of nothing') is immense and unimaginable. We cannot create anything out of nothing. Whenever we create, it is always from materials and ideas that already exist. Nevertheless, by giving man and woman the precept (the rule or principle) to increase and multiply, God is ceding some of His power to His creatures and inviting them into a collaborative role in His work of creation. Notice that in creating man and woman together, God's first command to His human creatures is to increase and multiply. In other words, the union of man and woman is chiefly concerned with their becoming collaborators in the Divine work of bringing new life into the world. Their first and chief role in their complementary union is not to comfort or console one another nor to be companions, but to bring new life into the world as God's fellow workers, His coadjutors.

This idea, based on the words of the very first chapter of the very first book of the Sacred Scriptures, is the cornerstone of Divine Revelation with regard to marriage and human sexuality, and is, therefore, the foundational building block of the Catholic Church's moral theology regarding these matters. As a result, the Catholic Church cannot deviate from this basic understanding. 'To increase and multiply' is the chief purpose and goal of marriage, and is why marriage can, of necessity, only be between a man and a woman.