

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1



November is dedicated to
the Holy Souls in Purgatory

Sunday 26th November 2023

Christ the King

09:30 — Clarice Morris RIP (F)

11:00 — Pro Populo

Monday 27th November

Feria

10am — November Dead List

Tuesday 28th November

Feria

8am (TLM) — Deceased Benefactors
of the Parish

Wednesday 29th November

Feria

6pm — Private int.

Thursday 30th November

St Andrew

12:15pm — Edivaldo Silva RIP

Friday 1st December

Feria

10am — Eileen Dickinson RIP

Saturday 2nd December

Our Lady on Saturday

10am — Gualdumira Induta RIP

Vigil of the first Sunday of Advent

6pm — Belan Barber's int.s 1/2

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 10th Dec.)

*Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.*



**CHRISTUS VINCIT!
CHRISTUS REGNAT!
CHRISTUS IMPERAT!**

Christ conquers!

Christ reigns!

Christ commands!

JESUS CHRIST PANTOCRATOR

*detail from the Deesis mosaic
(icon of prayer or supplication)
in Hagia Sofia.*

CHRIST THE KING — PART II

Last week we saw how Christ is King at a *universal* level such that the social Kingship of Christ rules—or should rule—our nations, our societies, and our families, and how all governments are obliged to pass laws that are informed by God's laws and precepts so that His 'will [may] be done on earth as it is in heaven.' This week we consider Christ's Kingship at a *personal* and individual level.

If we are to become members of Christ's Kingdom then we must submit to His rule and allow Him to reign over our thoughts, our words, and our actions. Our chief sin is always pride, and every sin is, in one way or another, a sin of pride. Through pride, we think or speak or act according to our own will rather than according to the will of God. Like Adam, we think we can rule our own lives without the need of God. Every single sin we commit involves this attitude, even if we do not think in precisely these terms at the moment of sin.

God gives us the grace to overcome this pride and our automatic inclination towards sin, but even God's grace will not help us very much unless we co-operate with it and use it, like the prudent servants in the Parable of the Talents. We must strive to live the virtues, and not just in the big things. After all, most of us probably do not commit murder and robbery with violence on a daily basis. No, we must learn to live the virtues in many, many small things each and every day, as St Paul says, by being charitable towards others, by being joyful, peaceable, patient, kind, good, long-suffering in the face of injury and insult, mild, faithful, modest, continent, and chaste (Gal 5:22:23).

In short, each time we go to Confession and Holy Communion, we must open ourselves up to Christ so that He, in the form of sanctifying grace, may come to make our hearts His throne, so that He may reign supreme in our souls, and so that His will may govern our every thought, word, and deed.

'Thy Kingdom come.'

Recent Collections

August: Standing orders: £1,461; Dona: £1,370:39; green envelopes: £695:15; collection plate: £2,397:93. Total: £ 5,924:47.

September: Standing orders: £1,417; Dona: £1,420:46; green envelopes: £811:65; collection plate: £1,975:27. Total: £5,624:38.

October: Standing orders: £1,513; Dona: £2,704:04; green envelopes: £963; collection plate: £2,473:36. Total: £7,653:40.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

First Friday Confessions 3rd December 6pm—7pm.

Parish Magazine The next deadline for copy is Sunday, 17th December. In the last edition we had a wonderful range of articles from several new contributors. Please consider writing an article even if you have never done so before. We would love to hear what you have to say. Send material to: matilda79r@gmail.com

Wednesday Evening Talks This week's talk at 7pm will be the last before Christmas but we will resume the series in January. Please come along even if you haven't been to any of the talks so far.

November Dead List envelopes are still available at the back of church. (A typical Mass offering is £10.)

Advent Devotions will take place after the evening Mass each Wednesday in Advent. Watch this space.

Bd Carlo Acutis Group (14-17year olds): 7pm, Thursday, 7th December.

Catholic Young Adults (18-35): 7pm on Friday, 8th Dec.

Rosary Crusade On 8th December, we shall launch our Rosary Crusade for the conversion of souls in Ipswich and beyond. Beginning on the day that Our Lady was filled with grace at the moment of her Immaculate Conception, and carrying on right up to the feast of Our Lady of Grace on 15th May, we shall gather a bouquet of rosaries which we shall then present to Our Blessed Lady on the day that Bishop Peter blesses our new statue of Our Lady of Ipswich. Watch this space for details about how you can join in and contribute to this spiritual bouquet.

Book Club: 7pm on Monday, 11th December (*The Screwtape Letters* by C.S. Lewis)

Carols by Candlelight & the Blessing of Cribs will take place on Sunday, 17th December at 4pm.

Advance notice Christmas Eve falls on a Sunday this year and Christmas Day falls on the Monday. Please note that Catholics have **two** obligations to fulfil, namely going to Mass on Sunday **and** going to Mass on Christmas Day.

Remember: We refrain from talking in church not because others are praying but because it is God's house.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Of your charity

Please pray for the repose of the soul of Angela Tribe who died recently, and for all those whose anniversaries occur at this time: William Golding, Herbert Dallastone, Edwin Coney, Kathleen Corkery, James Smith, Annie Lynch, Clarice Morris, John Leeder, Johanna Cobbold, Sylvia Snowling, Stephen Cusack, Maria Pasini, Hilda Newcombe, Eileen Lennan, Angela Iacobucci, Mary Bailey, Margaret Ellis, Gertrude Teather, Helen Schaar, Walter Balanda, Rigby Brown, Eileen James, Mary Smith, James Barker, Edith Connolly, Mary Graham, Leslie Patterson, Annie James, Rose Corrigan, Shirley Green, Maria Fee, Maria Brideman, Ian Garratt, Franco Iacobucci, Michael Corkery, William Shapland, Kate Wells, Matthew Mazur, James Ward, and Ivan Rose. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: We conclude our brief series on the Church's teaching about Marriage and Human Sexuality.

Male and female He created them — pt 4: New Wine at Cana

We have seen that we are called by God to a collaborative role in His work of creation by bringing new life into the world, a that the conjugal act may not be used in such a way as to exclude this end. We have seen that human sexuality is the means by which we choose to enter into this collaborative role, and we have seen that the *procreative* end of marriage is the primary end of marriage whilst, at the same time, the distinct *unitive* end cannot be separated from this primary goal. We have seen that God willed a complementarity between the sexes, and that marriage cannot be between anyone other than a man and a woman. We have seen also that what we are created to be by God is not something we can change, for we are made in His the image and likeness.

All of the above is part of God's plan from the beginning. As such, the institution of marriage pre-dates Christ's coming down to earth. But at the Marriage Feast in Cana Our Lord elevated this institution to the level of a sacrament, bestowing upon it, as He does all the sacraments, the beauty, the holiness, and the strength of His sanctifying grace.

Five of the Sacraments (Baptism, Confirmation, Holy Communion, Confession, and Extreme Unction or Anointing of the Sick) are designed chiefly for the growth in holiness of the person who receives the Sacrament. But two—Holy Orders and Matrimony—are designed so that the recipient may be a channel of God's grace and contribute directly to the sanctification and salvation of others.

A priest is not ordained for himself alone but to pass on God's grace to his people, sanctifying them and leading them towards salvation in heaven. Similarly, when a man and wife are married each spouse becomes an instrument of the other person's sanctification and salvation because the grace each spouse in given in the Sacrament of Matrimony is given to him or her chiefly to pass on to his or her spouse.

Marriage involves a sort of spiritual triangulation: God gives sanctifying grace to the wife to pass on to her husband; likewise, He gives His grace to the husband to pass on to his wife. The essence of love is giving. So, each time a husband gives any gift to his wife, it is she who is sanctified in the act of his giving. And whenever a wife gives a gift to her husband, it is he who is sanctified by her act of giving. It doesn't matter what they give: small gifts like a cup of tea or a peck on the cheek, or much greater gifts including the greatest of all, a new life brought into the world.

The purpose of this *unitive* sacrament is that, husband and wife should walk through life together, shoulder to shoulder and hand in hand, leading and accompanying each to heaven, and taking their children and grandchildren with them on their coattails as it were.

Along the way, the water of their natural affection for each other is transformed by God's grace in the Sacrament into the wine of God's love and holiness. And not just any wine, but the best wine, a wine that matures and grows richer as the years go by.

But all of this will only happen if, like the couple who were being married at Cana in Galilee, invite Jesus and His Mother to their wedding and into their married lives. Only with the help of our Saviour can we hope for the outcomes of marriage to be accomplished.