

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk



Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 1

November is dedicated to
the Holy Souls in Purgatory

Sunday 5th November 2023

31st Sunday of the Year

09:30 — Pro Populo

11:00 — Claire Convey's int.

Monday 6th November

Feria

10am — Deceased Brothers of the Ipswich
Catenian Circle

Tuesday 7th November

Requiem

8am (TLM) — November Dead List

Wednesday 8th November

Requiem

6pm — November Dead List

Thursday 9th November

Dedication of the Lateran Basilica

12:15pm — Ann White

Friday 10th November

St Leo the Great

10am — Linda Mitchell

Saturday 11th November

St Martin of Tours

10am — Shona Oliver

Vigil of 32nd Sunday of the Year

6pm — Peter Foster RIP

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 12th Nov.)

*Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.*

INDULGENCES FOR THE HOLY SOULS IN PURGATORY

*'It is a holy and wholesome thought to pray for the dead,
that they may be loosed from sins.'*

2 Machabees 12:46

A *plenary* indulgence, applicable to the Holy Souls in Purgatory, is granted to the Christian faithful who devoutly visit a church or oratory on All Souls Day (Nov 2nd) and recite the Creed and Our Father.

A *plenary* indulgence, applicable to the Holy Souls in Purgatory, can be gained on each of the days from 1st to 8th November by visiting a cemetery and praying there for the faithful departed. On other days of the year a *partial* indulgence can be gained.

A *partial* indulgence, applicable to the Holy Souls in Purgatory, can be gained each time the prayer, "*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen*" is recited.

A *partial* indulgence is granted to the Christian faithful, applicable to themselves or to the Holy Souls, who devoutly recite the *De Profundis*.

A *partial* indulgence is granted the Christian faithful, applicable to themselves or to the Holy Souls, who devoutly recite Lauds or Vespers from the Office for the Dead.

To gain an indulgence you must:

- say the prayer or perform the work;
- be free from all attachment to sin, even venial sin;

and, within several days either side of this,

- go to Confession;
- receive Holy Communion;
- pray for the Pope's intentions (Our Father, Hail Mary, Glory be.).

***Remember, if you don't teach your children to pray for the dead,
who will pray for you when you are in Purgatory?***

BLESSING OF GRAVES

Today—Sunday, 5th November—at 2:30pm

Beginning at the Lawn Cemetery.

Following a few moments of prayer led by Fr John Barnes from Felixstowe,
one of the priests will bless the graves of your loved ones.

Wednesday Evening Talks Our series of talks resume this week at 7pm. We are looking back at the first twenty Ecumenical Councils of the Church and exploring exactly what it is that Tradition teaches us. All welcome whether or not you have been to any of the talks so far.

REVERENCE FOR THE BLESSED SACRAMENT



*'Wherever I go in the whole world, the thing that makes me the
saddest is watching people receive Communion in the hand.'*

Mother Teresa

Please remain kneeling in the presence of the Blessed Sacrament, and especially after receiving Holy Communion until Our Lord is reposed in the tabernacle and the door is closed.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Thursday lunch This Thursday, 9th November at 1pm, free and all welcome, but donations invited, please, for Mary's Meals.

If you would like to prepare the next lunch on 14th December please speak to Fr Joseph.

Bd Carlo Acutis Group for 14-17 year olds. This week, Thursday 9th November. 7pm—9pm, beginning in church with the rosary.

Catholic Young Adults (CYA) for 18-35 year olds will meet on Friday, 10th November at 7pm in the church for prayer followed by a discussion in the parish hall about how we evangelize in the modern world.

Priestly Vocations There will be a Mass at the Cathedral on Sunday, 19th November at 11am, followed by lunch with the Bishop in Cathedral House next door, for young men who may have considered a vocation to the priesthood even if this feeling is in its very early stages or there are still many doubts. Please contact Fr Pat Cleary by Monday 13th November if you would like to attend:
vocations@rcdea.org.uk

Dona Machines & Gift Aid Please make sure all donations to the parish, even small donations, are Gift Aided if you are a UK tax payer. It makes a big difference to our overall parish income. Thank you.

November Dead List envelopes are available at the back of church. Please write on a piece of paper the names of deceased loved ones for whom you would like a Mass said, pop it into the envelope along with your Mass offering, and return it to the sacristy or the presbytery. (A typical Mass offering is £10 per envelope, not per name!)

Rosary Crusade In a month's time—on 8th December—we shall launch our Rosary Crusade for the conversion of souls in Ipswich and beyond. Beginning on the day that Our Lady was filled with grace at the moment of her Immaculate Conception, and carrying on right up to the feast of Our Lady of Grace on 15th May, we shall gather a bouquet of rosaries which we shall then present to Our Blessed Lady on the day that Bishop Peter blesses our new statue of Our Lady of Ipswich. Watch this space for details about how you can join in.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Eileen Dickinson RIP

Eileen Dickinson's funeral requiem will take place on Monday 6th November at 10:30am at St James' church, Landseer Road.

Of your charity

Please pray for the repose of Eileen Dickinson who have died recently, and for all those whose anniversaries occur at this time: Isabel Manthorpe, Mary Gallaway, Catherine King, Rowland Manthorpe, Martin Mongan, Elsa Ward, Bridget Wood, Francis Smith, Angela Roe, Stefan Holyk, Alice Fell, Ursula Deichgraber, Elfreda Hay, Leonard Sikorski, John Biela, Lucy Ecroyd, Gabrielle Sharpe, Marjorie Carley, Hilda Fernandez, Albert Chivers, Leonard Cooper, Gloria Gooding, Percy Yates Patrick O'Keeffe, Albert Rose, David Arthur, Alice Unwin, Edith Wallington, and Peter Gonsalves. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: This week we begin a short series on the Church's teaching about Marriage and Human Sexuality.

Male and female He created them — pt 1: Natural Law

We are bombarded with ideologies that are quite alien to Divine Revelation and the Catholic Faith. Sometimes it is hard to resist society's pressures in this regard because the arguments in favour of letting other people be who they want to be, and do what they want to do so long as they hurt no one else, appear so rational and reasonable. As a result, we can easily end up becoming confused about what the Church teaches on such issues, or we can fall into the trap of adopting a live-and-let-live approach which will, eventually, weaken our resistance to what is harmful and lead us to think that what is abnormal is normal or that these things don't really matter. This series is designed to help people understand a little more clearly what the Church actually teaches on such topics and to appreciate why these issues really do matter.

To begin at the beginning, 'God created heaven and earth' (Gen 1:1). The whole universe was created by God according to His goodness and His design. *Divine Providence* is the term we use to describe the workings of God as He orders creatures to the attainment of His *Eternal Law*, which is what we call the end for which He created each creature in the first place.

With regard to human beings, He created us that we might 'know Him, love Him, and serve Him in this life, and to be happy with Him forever in the next,' as the old penny Catechism says. In other words, each of us is created so that we might spend our lives growing 'to mature manhood, to the measure of the stature of the fulness of Christ,' as St Paul teaches (Eph 4:13), and become like to Christ and fit to see the face of God—the Beatific Vision—in heaven, and enjoy the bliss of eternal life (1 Jn 3:2).

To this end, God threaded the whole of creation through with what is called *Natural Law*. This means that all human beings are possessed of intrinsic values that govern their reasoning and behaviour. It is a rule of conduct written into our human nature by the Creator Himself at the moment of creation enabling us, as St Thomas Aquinas says, to participate in God's eternal law.

To put it simply, *natural law* is the ethical or moral blueprint written into our human nature enabling us to fulfil God's *eternal law* (which is the end for which He made us in the first place). *Divine providence* is God's working out—His ordering—of the process along the way.

This natural law is universally present in all human beings, even though our consciences may sometimes be deafened to its precepts. Across the world, and throughout history, certain behaviours have been universally acknowledged to be wrong, such as murder and theft. But there are many other elements of the natural law such as the complementarity of the sexes, male and female, reinforced by biological differences, and the recognition of the family as the basic unit of society.

Long before Our Lord raised marriage to the status of a sacrament at the Wedding feast in Cana, God had threaded through our human nature with strands of the natural law so that, from the beginning, Man and Woman would know instinctively how certain things in life should be. Only with the introduction of sin was damage done to our nature: desires of ordinary creatures became twisted, priorities became distorted, and the voice of consciences became muffled.