THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery 1 Orwell Place Ipswich IP4 1BD

Tel: 01473 252596 parishpriest@stpancraschurch.org.uk www.stpancraschurch.org.uk



Parish Priest: Fr Joseph Welch

Sundays: Yr B Weekdays: Yr 2

February is dedicated to the Holy Family

Sunday 25th February 2024

Second Sunday of Lent 09:30 — Sheila Curry RIP 11:00 — Pro Populo

Monday 26th February

Lent feria
10am — Matthew

Tuesday 27th February

Lent feria 8am (TLM) — Private int: David Mitchell

Wednesday 28th February

Lent feria
6pm — Eileen & Marius Convey

Thursday 29th February

Funeral requiem 12:15pm — Anthony Glaccum RIP

Friday 1st March

St David 10am — Dr Maire Heley RIP

Saturday 2nd March

Lent feria

10am — Rory & Maureen Elston Vigil of the Third Sunday of Lent 6pm — Holy Souls

DURING LENT

CONFESSIONS:

Mon — **Sat**: 30 minutes before each Mass & **Sat**: 10:30—11am & 5pm — 5:30pm

1st Friday: 6pm — 7pm

Rosary: Mon — Thurs: after Mass

STATIONS: Sun: 4:30pm

Fri: after 10am Mass

ADORATION OF THE BLESSED

SACRAMENT: Sat 10:30am—5:30pm

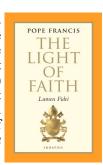
TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 10th March)

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WEDNESDAY EVENING TALKS

'And now there remain faith, hope, and charity, these three'

Our series of three Wednesday evening talks begins this week following the 6pm Mass & rosary, with tea & coffee available. The talks, on the three theological virtues, are based on three papal encyclicals, *Lumen Fidei* ('The Light of Faith') by Pope Francis, and *Spe Salvi* ('Saved in Hope') and *Deus Caritas Est* ('God is Love') by Pope Benedict XVI. We will take them not in the order they were written but in the order listed by St Paul. Read them in advance if you get the chance. You can find the texts at *vatican.va* This week, *Lumen Fidei*, 'The Light of Faith.'



LENTEN STATION MASS

with Bishop Peter Collins

Thursday, 29^{th} February at St Mary's, Woodbridge Road Adoration & Confessions – 6pm : Mass – 7pm : Light refreshments – 8pm

In the early Church stations days were days of fasting until after the Office of None (the third of the three midday prayers from the Divine Office, said at 3pm). Once the fast was ended there would be sung the Office of Vespers (Evening Prayer). The practice grew up in Rome of celebrating Vespers at different churches on different days around the city as a sort of Lenten pilgrimage. Today, many bishops journey around their dioceses to hold station Masses in different deaneries during Lent. This is the Station Mass for our deanery of Ipswich.

LENT AT ST PANCRAS

Stations of the Cross & Benediction on Sundays at 4:30pm.

Saturday Adoration: 10:30am—5:30pm Please sign the watching lists week by week.

Daily Stations of the Cross The plan once again is to make sure the Stations of the Cross are said in our church by at least one person each day in Lent. Please sign the rota at the back of the church.

Lent Lunches for Mary's Meals — our Lent project again this year — every Thursday at 1pm in Lent beginning 22nd February.

First Friday Confessions Friday, 1st March 6pm—7pm.

Cake Sale for Mary's Meals Sunday 10th March (Lætare Sunday and Mothering Sunday). Contributions welcome.

Please take a copy of the 'Lent at St Pancras 2024' leaflet for full details of all services and events.

Adult Confirmation Classes The next class will be at 6:30pm on Thursday 21st March.

Catholic Mothers' Group Please note: the CMG will meet from now on just once a month—on the 2nd Monday of each month—beginning on Monday, 11th March at 11am. Please join us for the five Cs: coffee, cake, chat, catechism, and chaos. Toddlers welcome.

Church Cleaning Group Please join us every Friday straight after the rosary, grab a duster or a mop, and help us to keep God's house clean and tidy. Thank you.

Saturday Sacristan We're looking for someone to help set up everything for Adoration on Saturday afternoons once a fortnight, and to clear things away again after the evening Mass. If you can help, please speak to Fr Joseph.

Bd Carlo Acutis Group (14-17 year olds) will meet next on Thursday, 7th March at 7pm.

The Catholic Young Adults Group (18-35) will meet nextr on Friday, 8th March at 7pm.

Book Club meets Monday, 11th March at 7pm in the parish hall to discuss *The Mass in Slow Motion* by Mgr Ronald Knox. All welcome.

Parish Magazine deadline: 17th March. We have recently enjoyed articles by several new contributors. Please consider submitting an essay, or some thoughts, a poem or a joke, a reflection, a recipe, some gardening tips to *matilda79r@gmail.com* And don't forget the Q&A section where Fr Joseph will try to answer your questions relating to any aspect of the Catholic Faith.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Anthony Glaccum RIP Funeral requiem Mass at 12:15pm on Thursday, 29th February.

Patricia Al-Salih RIP There will be a requiem Mass for Patricia at 10am on Thursday, 7th March

Sheila Curry RIP Funeral requiem Mass at 10:30am at St Mary Magdalene's church on Tuesday 12th March.

Of your charity Please pray for the repose of the souls of Anthony Glaccum, Patricia Al-Salih, and Sheila Curry who all died recently, and for all those whose anniversaries occur at this time: Jessie Turner, Violet Brazier, Dora Bretherton, Annie Sampson, George Siegwart, Agnes Simmonds, Tom Langley, Mary Langley, Robert Schlee, Ernest Molyneux, Brian Jordan, John Pitt, Joyce Griggs, Frances Walter, John Copple, Mary Bantoft, Alan Markhadds, Alan Hobbs, Mary Duff, Maud Simmonds, John Green, William Rainford, Joyce Mitchell, Rose Robinson, Fernando Ebhram, Geoffrey Chisholm, Margaret Mary Heley, Arthur Wells, Reginald Smith, Florence Porter, Evelyn Kelly, Brian McCallion, Bernard Fox, and Paul Bower. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

The parish **SAFEGUARDING REPRESENTATIVE** is Mim McMahon who may be contacted by anyone of any age,

at any time, with any safeguarding concerns: 01394 274395 or 07813199275 or mim@trianglemusic.info or mim.macmahon@gmail.com

For the diocesan **SAFEGUARDING CO-ORDINATOR**, contact 07429 215344 *or* safeguarding.coordinator@east-angliadiocese.org.uk

Fr Joseph writes: Where did it all begin?

THE SACRAMENTS PT 7 — ORIGINAL SIN

Before looking at Baptism we need to revisit the topic of Man's Fall. In addition to those gifts that make up human nature (that is, all of the faculties and capacities of a human body and soul), God also entrusted to Adam two sets of gifts to which he had no entitlement but which he was to hold on behalf of the whole human race and pass on to those that came after him.

First, there were the *preternatural* gifts, that is, the gifts that went *beyond* his human nature: immortality (or, rather, the possibility of not dying); impassibility (the possibility of not suffering); integrity (that is, freedom from concupiscence or the desire to satisfy the senses contrary to the good of human reason); and infused knowledge (of God and the things of God).

Second, the *supernatural* gift – that is, a gift that was *above* his human nature – of sanctifying grace by which Adam stood justified before God. We call this the gift of Original Justice or Justification. To be justified means being a just man, that is, some who gives to God what is His due, what he owes Him. To be justified means that, in the life of that individual, the scales of divine justice are balanced: God pours down His blessings, and the individual makes an appropriate return to God in his attitude and behaviour.

Adam was commanded not to eat of the fruit of the tree of knowledge of good and evil (Gen 2:16-17). Adam needed to know the *difference* between good and evil, but he was not given the authority to decide what *constitutes* good and evil. Satan, in the form of a serpent (Gen 3:1), tempted Eve to eat the fruit of this tree (vv.1-6), and she in turn tempted Adam (v.6). When we say that they ate the fruit of this tree, we mean that they decided that they were in charge and could decide for themselves what constituted good and evil. Had they been able to do this, they would have become their own gods (v.5) and would have had no further need of their Creator.

Amongst other things, they considered that being in a position to judge what is good and what is evil they would be able to see into other people's hearts and judge their motives. However, as soon as they tried to take this all-knowing power to themselves they realized that not only could they not see into each other's heats, but that this was a privilege reserved to the Creator alone who could see not just into their hearts but right through them, as it were. It was the resultant sense of being defenceless and vulnerable that led Adam and Eve to feel exposed and ashamed, and to hide themselves from the God they had tried to cheat (vv.7-11).

Adam's sin, the original sin, was one of pride (in thinking he knew better than God and could become his own god) and of disobedience (in ignoring the commands of his Creator and living by his own rules).

ROSARY CRUSADE Praying the rosary to Our Lady of Ipswich for the Conversion of Souls in Ipswich and Beyond (Please return slips to Fr Joseph or place them in the Prayer Request box in front of the Lady altar. Thank you.) Week Beginning... (Please enter date here) Number of rosaries said for this intention this week (and your initials):