

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
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Ipswich
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Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

March is dedicated
to St Joseph

Sunday 10th March 2024

Fourth Sunday of Lent, Lætare Sunday

8am (TLM) — Holy Souls

09:30 — Fr David Skeoch RIP

11:00 — Pauline Collingwood RIP

Monday 11th March

Lent feria

10am — Kay Dolan

Tuesday 12th March

Lent feria (commem. St Gregory)

8am (TLM) — Holy Souls

Wednesday 13th March

Lent feria

6pm — Bernie and Veronica Swift

Thursday 14th March

Lent feria

12:15pm — Dan Beaumont

Friday 15th March

Lent feria

10am — Fr Francis Leeder RIP

Saturday 16th March

Lent feria

10am — Daniel Crowley

Vigil of the Fifth Sunday of Lent,

Passion Sunday

6pm — Holy Souls

DURING LENT

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 10:30—11am & 5pm — 5:30pm

1st Friday: 6pm — 7pm

ROSARY: Mon — Thurs: after Mass

STATIONS: Sun: 4:30pm

Fri: after 10am Mass

ADORATION OF THE BLESSED

SACRAMENT: Sat 10:30am—5:30pm

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 14th April)

LÆTARE SUNDAY So called because of the opening words of the Introit for today's Mass in Latin, *Lætare Ierúsalem: et conventum fácite omnes qui diligitis eam*, ‘Rejoice, O Jerusalem: and be glad for her, all you that love her.’ Lætare Sunday is more or less halfway through Lent. With the words of rejoicing, the solemnity of the season is lifted slightly, and purple vestments are lightened to a rose colour. Flowers and additional music are allowed today too. We look forward with an ever lighter heart to the glory of Easter.

Rose Sunday was also the day when Popes blessed the Golden Rose, traditionally conferred as a token of affection on churches and shrines, on sovereigns and heads of state. The custom may date back, it is thought, to pre-Charlemagne times, and recent recipients have included the Marian shrines of Guadalupe (2013), Częstochowa (2016), Fatima and Aparecida (2017), and Csíksomlyó (2019). [Pictured: the golden rose of Minucchio da Siena given by Pope XXII to Rudolph III of Nidau, Count of Neuchâtel, in 1330.]

Today is also Mothering Sunday when, historically, those who were preparing for Baptism at the Easter Vigil would gather together at the Mother Church of the diocese, the Cathedral, for their final stage of preparation. In Victorian times, live-in servants were allowed time off to visit their families, especially their mothers.



The running total for our Rosary Crusade for the conversion of souls in Ipswich and beyond has reached 1,526 since 8th December.

Confessions in Portuguese Fr Erico from the parish in Downham Market will be at St Pancras to hear confessions on Monday 18th March, 6pm—7pm.

Our Wednesday Evening Talks conclude this week with a talk on the third of the three theological virtues, charity. The text of Pope Benedict XVI's encyclical letter, *Deus Caritas Est*, ‘God is Love,’ may be found on the Vatican's website: vatican.va

LENT AT ST PANCRAS

Daily Stations of the Cross

The plan once again is to make sure the Stations of the Cross are said in our church by at least one person each day in Lent. Please sign the rota at the back of the church.

Stations of the Cross & Benediction
on Sundays at 4:30pm.

Saturday Adoration

10:30am—5:30pm

Please sign the watching lists
week by week.

Lent Lunches for Mary's Meals
(our Lent project again this year)
every Thursday at 1pm in Lent.

The Chrism Mass Tuesday 26th March at 11:30am at the cathedral. A coach will leave St Mary's, Woodbridge Road, at 9am. To book a seat on the coach (£15 each) please email Eleanor: secretary@st-mary.org.uk

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

Catholic Mothers' Group Please note: the CMG will meet from now on just once a month—on the 2nd Monday of each month—beginning tomorrow, Monday 11th March, at 11am. Please join us for the five Cs: coffee, cake, chat, catechism, and chaos. Toddlers welcome.

Book Club meets tomorrow, Monday, 11th March, at 7pm in the parish hall to discuss *The Mass in Slow Motion* by Mgr Ronald Knox. All welcome.

Second Collection for our Lent Project, Mary's Meals, next weekend at all Masses. Please give generously.

Parish Magazine deadline: 17th March. We have recently enjoyed articles by several new contributors. Please consider submitting an essay, or some thoughts, a poem or a joke, a reflection, a recipe, some gardening tips to matilda79r@gmail.com And don't forget the Q&A section where Fr Joseph will try to answer your questions relating to any aspect of the Catholic Faith.

Adult Confirmation Classes The next class will be at 6:30pm on Thursday 21st March.

Bd Carlo Acutis Group (14 –17 year olds) will next meet on Thursday, 11th April (not 4th) at 7pm.

Catholic Young Adults (18-35) will next meet on Friday, 12th April at 7pm.

Church Cleaning Group Please join us every Friday straight after the rosary, grab a duster or a mop, and help us to keep God's house clean and tidy. Thank you.

Saturday Sacristan We're looking for someone to help set up everything for Adoration on Saturday afternoons once a fortnight, and to clear things away again after the evening Mass. If you can help, please speak to Fr Joseph.

Sick List Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Sheila Curry RIP Funeral requiem Mass at 10:30am at St Mary Magdalene's church on Tuesday 12th March.

Of your charity Please pray for the repose of the soul Sheila Curry who died recently, and for all those whose anniversaries occur at this time: Leopoldine Brown, Bertha Woodard, John O'Dwyer, Mario Merenda, Mary Hegarty, Enid Smyth, Robert Hutchinson, James McCabe, Margaret Pearson, Stephen Nall, Bridie McCallion, Nellie Otto, Eileen Halley, James White, Rose Green, Matthew McGaughin, Hilda Poulain, Edward Smith, Gladys Lewis, Josef Zlotek, Muriel Skladnik, Lawrence Brownrig, Michael Finn, Margaret Hawkes, Pauline Collingwood, Horace Inman, Helen Brunias, Sarah Barnes, Dmytro Kowal, Lena Minter, Margaret Hawkes, Patrick Boland, James Keegan, Yvonne Field, Witold Lodzinbri, Christopher Newman, and Thomas Brosnan. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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The parish **SAFEGUARDING REPRESENTATIVE** is Mim McMahon who may be contacted by anyone of any age, at any time, with any safeguarding concerns: 01394 274395 or 07813199275 or mim@trianglemusic.info or mim.macmahon@gmail.com

For the diocesan **SAFEGUARDING CO-ORDINATOR**, contact 07429 215344 or safeguarding.coordinator@east-angliadiocese.org.uk

Fr Joseph writes: We now turn to the Sacraments themselves.

THE SACRAMENTS PT 9 — BAPTISM: NECESSARY FOR SALVATION

Baptism is the first of the seven Sacraments. No other Sacrament can be validly received unless someone has been baptized. Baptism is also the most important of the seven Sacraments being necessary, as it is, for salvation. No one can attain heaven without being baptized: 'Unless one is born of water and the Spirit, he cannot enter the kingdom of God' (Jn 3:5). Baptism brings about several effects, but chiefly it is the means by which our alienation from God as a result of sin is remedied, and by which we are initiated, inserted, into the supernatural life of God to become 'partakers of the divine nature' (2 Pet 1:4). Heaven is the full fruition, the fulfilment, the perfection of this partaking which is why it is not possible to attain to the glory of heaven without being baptized. The Catholic Church baptizes infants because of this need.

The main mission of the Church, of the Apostles and their successors – is to 'Go... and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit' (Mt 28:19). No task holds a greater priority; no undertaking is more urgent.

There are three kinds of baptism. Baptism of *water*, instituted by Christ, is the Sacrament of Baptism properly so called. As water is poured over the person being baptized, or he is fully immersed in water, both the stain of original sin and the stains of all actual sins are washed from the soul of the individual.

Baptism of *blood* is so called because by the shedding of blood for the sake of Christ – that is, in martyrdom – an individual's soul may be purified of the stain of sin. Baptism of *desire* is the wish, implicit or explicit, to receive Baptism of water. When accompanied by perfect charity (that is, the love of God rather than the fear of hell), Baptism of desire also purifies the soul from the stain of sin. Baptism of blood and Baptism of desire are not, properly speaking, sacraments but they supply the place of the Sacrament in someone who cannot otherwise receive Baptism of water.

What of those who are good people but do not believe in God or the Gospel? God is not limited by His own Sacraments but can operate outside the sacramental system that He Himself instituted, yet we are not in a position to presume that He does so. The Sacraments are the only sure means of receiving sanctifying grace, and are the ordinary means by which God infuses grace into the soul. Whilst an individual may live a good life according to *natural* virtues, carrying out many good deeds in the service of his neighbor, nevertheless eternal life involves a participation in the *supernatural* life of God which can only be attained through sanctifying grace, that is, the indwelling of God in the soul. Unless we are already participating in the life of God on earth, we cannot be sure of being in that necessary state of union with God when we pass from this world to the next.



ROSARY CRUSADE

Praying the rosary to Our Lady of Ipswich for the Conversion of Souls in Ipswich and Beyond

(Please return slips to Fr Joseph or place them in the Prayer Request box in front of the Lady altar. Thank you.)

Week Beginning...

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(Please enter date here)

Number of rosaries said for this intention
this week (and your initials):

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