

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

‘To love God and the things of God’

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk



Parish Priest:  
Fr Joseph Welch

Sundays: Yr B  
Weekdays: Yr 2

March is dedicated  
to St Joseph

## Sunday 24<sup>th</sup> March 2024

*Palm Sunday*

8am (TLM) — Holy Souls

09:30 — Pro Populo

11:00 — In thanksgiving: J. Ateba

## Monday 25<sup>th</sup> March

*Monday of Holy Week*

10am — Marianne Tsoungui RIP (3/3)

## Tuesday 26<sup>th</sup> March

*Tuesday of Holy Week*

10am — The Domus of the Parish

## Wednesday 27<sup>th</sup> March

*Wednesday of Holy Week*

10am — for the donors of the statue  
of Our Lady of Ipswich

## Maundy Thursday 28<sup>th</sup> March

*Mass of the Lord's Supper*

8pm — for Priestly Vocations

## Good Friday 29<sup>th</sup> March

-----

## Holy Saturday 30<sup>th</sup> March

*Easter Vigil*

9pm — Pro Populo

## HOLY WEEK

### PALM SUNDAY

#### Masses

8am (TLM) + 9:30am with blessing of palms

11am with blessing of palms and procession (starting outdoors)

#### Stations & Benediction

4:30pm

### MONDAY, TUESDAY & WEDNESDAY

Mass at 10am followed by Stations of the Cross

### MAUNDY THURSDAY

Mass of the Lord's Supper: 8pm

Watching at the Altar of Repose until midnight

Compline: 11:45pm

### GOOD FRIDAY

Children's Stations of the Cross: 11am

Liturgy of the Passion: 3pm

Stations of the Cross: 7pm

### HOLY SATURDAY

Polish Blessing of Food (*in English*): 11am

Easter Vigil: 9pm

## CONFESSIONS

Monday, Tuesday  
&  
Wednesday

30 minutes before Mass

&

6pm — 7pm



*The Crucifixion by Guido Reni (1575-1642)*

## CONFESSIONS

Maundy Thursday  
Good Friday &  
Holy Saturday

10am — 11am

&

5pm — 6pm

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.  
BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843  
St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**Fr Joseph** will be unavailable (except for Mass, Confessions, and sick calls) during Holy Week and Easter Week. Thank you for your understanding.

**Mea culpa** There was a hiccup at the 11am Mass last week regarding the second collection. My fault entirely. I apologize. If you didn't get the chance to donate to Mary's Meals last week and would still like to, there will be a collection plate available at the back of the church at the end of the 11am Mass today.

**Good Friday Collection** for the upkeep of the shrines in the Holy Land. Please give generously.

**Easter Vigil Car Parking** car parking space will be limited on Saturday evening in preparation for the Easter Vigil fire and procession.

**Easter Offering** The collection next Sunday will be the traditional personal offering to the clergy of the parish.

**Easter Flowers** We would like to decorate the sanctuary, Our Lady's altar, and beneath the statues of the Sacred Heart and St Joseph as we have done every Christmas and Easter since the pandemic, but flowers are not cheap. (Each Christmas and Easter they cost £500.) If you can help fund our Easter flower arrangements this year, please donate using the Dona machines at the back of church. (Donations may be Gift Aided.) Thank you.

**Feast of the Annunciation** 25<sup>th</sup> March falls in Holy Week this year. Therefore, the feast of the Annunciation is transferred to Monday of Low Week, 8<sup>th</sup> April.

**Christmas Crib collection** We have a final figure for our collection for Aid to the Church in Need (ACN), following a couple of late donations, of **£1,941**. A tremendous sum. Well done and thank you to everyone. A total for our Lent project, including general donations, a second collection, Lent lunches, and a cake sale, will be available soon after Easter.

-----  
**Sick List** Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

**Of your charity** Please pray for the repose of the souls of those who have died recently as well as all those whose anniversaries occur at this time: Henry Taub-Y-Longue, Kathleen Golston, Joan Goldswain, Michael Robinson, Terence Garrod, Dorothy King, Mary Mongan, Annie Burns, Isabel Thompson, Robert Shapland, Henry Church, Helena Pearson, Ethel Rice, Thomas Fitzpatrick, Eileen Field, Martha Jansen, Frank Rigby, Anne Joachim, Ethel Barham, George Reynold, Lilian Kiesekoms, Arnold Cachia, Patricj Coghlan, Margaret Boxall, Anthony Crowley, Ernest Fell, Kathleen Comer, Thomas Halley, and Hubert McHugh. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

~ ~ ~

-----

**Fr Joseph writes:**

### BAPTISM – OF WATER AND THE HOLY SPIRIT

John the Baptist was sent by God to prepare the way for the Savior, and to baptize people with water as a mark of their repentance, but he explained that the Christ would baptize with the Holy Spirit (Mt 3:1,11). Our Lord told Nicodemus of the need to be baptized by water and the Holy Spirit (Jn 3:5). And when St Paul came across some disciples at Ephesus who had only been baptized with John's baptism, and who had not even heard that there was such a thing as the Holy Spirit, he promptly baptized them anew (Acts 19:1-8).

For someone to be validly baptized (that is, for the grace of the Sacrament actually to be infused into a person's soul), the individual must ask for the Sacrament (or, in the case of infants, a parent or godparent must ask on their behalf). In other words, anyone being baptized must freely choose to be baptized because to receive God's grace in the Sacrament must involve the gift of self to God. Love can only be given; God cannot take our love.

Water must be used for a valid baptism because there must be a correlation between the outward sign and the interior effect. As baptism is chiefly about being washed from the stain of original sin (and from actual, or personal, sins in the case of someone who has reached the age of reason), the outward sign must signify washing. As we wash with water, and not, for example, with coffee, or Coca-Cola, or milk (unless you are Cleopatra), so the Sacrament must involve being washed with water, through full immersion, by aspersion (sprinkling), or by having water poured over us. The water must flow over the head, and must touch the skin so that the correlation between exterior and interior washing is complete.

The words used must be those given to us by Christ Himself (Mt 28:19), and any variation would render the Sacrament invalid (that is, sanctifying grace would not be given to the soul). So, for example, the words, 'We baptize... (referring to the community)' or 'I baptize you in the name of the Creator and of the Redeemer and of the Sanctifier,' would not be acceptable.

To baptize, water must be poured over the head at the same time as the words are spoken, 'I baptize you in the name of the Father and of the Son and of the Holy Spirit. Amen.'

A priest is the ordinary minister of the Sacrament, but everyone should know how to baptize in the event of an emergency. Catholic doctors, nurses, and midwives in particular should know how to baptize, but even a non-baptized person can validly baptize someone so long as they intend to do what the Church intends (even if they do not understand what it is that the Church intends). If someone is baptized in an emergency and then recovers from that emergency, the remaining ceremonies can be supplied at a later date.

\* \* \* \* \*

### GOOD FRIDAY

#### DAY OF FASTING AND ABSTINENCE

All must **FAST** who have reached the age of 18, until their 60<sup>th</sup> birthday. (Others, especially children, are encouraged to fast.) To fast means eating less than you would normally, and in any case no more than one meal and two small snacks. The sick, the frail, expectant and nursing mothers are exempt from fasting. **ABSTINENCE** means avoiding eating meat and fowl, and foodstuffs made from them, as a reminder of the Word-Made-Flesh who died for us. The laws of abstinence apply to all who have reached their 14<sup>th</sup> birthday.