

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

‘To love God and the things of God’

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk



Parish Priest:  
Fr Joseph Welch

Sundays: Yr B  
Weekdays: Yr 2

April is dedicated to  
the Blessed Sacrament

## Sunday 7<sup>th</sup> April 2024

*Low Sunday (Second Sunday of Easter)*

09:30 — Cecilia Do Rosario  
Noscimento RIP

11:00 — Pro Populo

## Monday 8<sup>th</sup> April

*Annunciation of the Blessed Virgin Mary*

10am — Genoveva Furtado

## Tuesday 9<sup>th</sup> April

*Easter feria (Mass of Low Sunday)*

8am (TLM) — Kenneth Welch RIP

## Wednesday 10<sup>th</sup> April

*Easter feria*

6pm — Yoad Moreno Cabral

## Thursday 11<sup>th</sup> April

*St Stanislaus*

12:15pm — for Steve

## Friday 12<sup>th</sup> April

*Easter feria*

10am — Antonio Furtado Cabral

## Saturday 13<sup>th</sup> April

*Our Lady on Saturday*

10am — Holy Souls

*Vigil of the Third Sunday of Easter*

6pm — Holy Souls

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

**TLM Masses:** 2<sup>nd</sup> Sunday of the month  
at 8am. (Next 2<sup>nd</sup> Sunday Mass: 14<sup>th</sup> April)

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*Traditional Latin Masses (TLM) are said  
according to the Missal used before the  
Second Vatican Council.*

## The Transferred feast of the ANNUNCIATION OF THE BLESSED VIRGIN MARY

Monday, 8<sup>th</sup> April

Mass at 10am  
with Confessions beforehand and the rosary afterwards



*Angelus Domini nuntiavit Mariae,  
et concepit de Spiritu Sancto.*

‘The Angel of the Lord declared unto Mary,  
and she conceived by the Holy Spirit.’

### ST PANCRAS ROSARY CRUSADE

Beginning last year on the feast of the Immaculate Conception, 8<sup>th</sup> December, we have been gathering a spiritual bouquet of rosaries to place at the feet of Our Lady of Ipswich on Wednesday, 15<sup>th</sup> May when our Bishop, Peter Collins, will come to bless our new statue. So far, **2,110 rosaries** have been said for our special intention, namely, *the conversion of souls in Ipswich and beyond*. Please join us in the last few weeks and add your rosaries by praying daily and by handing in a blue slip from the back of the church.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**Catholic Mothers Group** will meet tomorrow, Monday 8<sup>th</sup> April, the transferred feast of the Annunciation, at 11am following the 10am Mass and rosary. Newcomers welcome.

**Blessed Carlo Acutis Group** (14-17 year olds) will meet this week on Thursday, 11<sup>th</sup> April at 6pm at 80 St George's Street, IP1 3NL. Food & drink will be provided for our Easter social gathering. Newcomers welcome.

**Catholic Young Adults** (18-35 year olds) will meet this week on Friday, 12<sup>th</sup> April at 7pm in church. Newcomers welcome.

**Thursday lunches** on the 2<sup>nd</sup> Thursday of the month will resume in May.

**Guild of St Pancras** Watch this space for news of our brand new guild!

**Masses** for the living and the dead may be booked by completing and returning a Mass offering envelope from the back of church. A typical offering is £10 for each Mass.

**During and after Holy Communion** please continue to kneel in adoration of Our Lord's presence in the Blessed Sacrament at least until the door of the tabernacle is closed once more. Thank you.

**Please refrain** from wearing hats in church (men and boys) and from drinking, even sipping water from the now omnipresent water bottles. Thank you.

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**TWO SPECIAL FEAST DAYS COMING UP**

The transferred feast of St Pancras

**Monday, 13<sup>th</sup> May**

Bishop Peter will confer the Sacrament of Confirmation at the 7pm Mass.

The feast of Our Lady of Ipswich &

the feast of Our Lady of Grace

**Wednesday, 15<sup>th</sup> May**

Bishop Peter will bless our new statue at the 7pm Mass.

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**Sick List** Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Mary Driscoll, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

**Of your charity** Please pray for the repose of the souls of those who died recently, as well for all whose anniversaries occur at this time: Eugene Farrelly, Ivy Beckett, Kathleen Scales, George Amos, Janet Somers, Kenneth Welch, Teresa Cutting, Enrico Ongoco, Peter Oram, Beti Moore, Orazio Sabatini, John McFadden, Leo Doyle, Gratiennne Moulin, Vera McCallion, Kim Clarke, Joseph Clougherty, Edith Dooley, Joseph Howard, Molly Dooley, Timothy Curran, Constance Johnson, Gillian Firth, Mark Bence-Jones, Cyril Snowling, Jacobus Lammonde, Frederic Parker, William Eyton, and Jayaraj. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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**Fr Joseph writes:** As Catholics, we believe in the bodily resurrection of Our Lord from the dead. He ate food (Lk 24:42-43) and was touched by His disciples (Jn 20:27). He was no ghost. Yet as St Paul tells us, He is only the firstborn from the dead (Col 1:18). Others will follow including us, God willing. But what will our risen bodies be like?

When Christ rose from the dead there was clearly something extraordinary about His resurrected body. After all, some of the disciples who knew Him very well failed to recognise Him when they first saw Him, for example, Mary Magdalene who supposed Him to be the gardener (Jn 20:15), and the two disciples walking to Emmaus (Lk 24:16). And elsewhere, 'He appeared in another shape to two of them walking' (Mk 16:12). This failure to recognise Him may have something to do with their expectations and the nature of their faith: they did not expect to see Him; they did not, as yet, believe in His resurrection.

But even more than this, although Christ's body was the same one in which He had lived and died (remember, He showed St Thomas the wounds made by the Roman soldiers) still that same body, nonetheless, was now glorified and bore some remarkable traits. Catholic theology tells us that our resurrected bodies will bear the same characteristics. So what are they?

First, *impassibility*. That is, our bodies will be rendered incapable of suffering or pain: 'God shall wipe away all tears from their eyes, and death shall be no more, nor mourning, nor crying, nor sorrow shall be anymore, for the former things are passed away' (Apoc 21:4). We know that pain, disease, sickness, and death entered the world as a result of sin. In heaven, where there is no sin, there will be no more suffering.

Second, *brightness*. That is, our bodies will be rendered glorious. But the degree of our brightness will differ according to our merits. Christ's glory at the Transfiguration dazzled Peter, James, and John (Mt 17:2 *et par*), With us, one will bear 'the glory of the sun, another the glory of the moon, and another the glory of the stars. For star differs from star in glory' (1 Cor 15:41).

Third, *agility*. That is, our bodies will no longer be weighed down as they are on earth by gravity, and they will be enabled to pass, as quick as thought, from one part of creation to another (being 'sown in weakness, it shall rise in power,' 1 Cor 15:43), which is how Our Lord sometimes appeared after the resurrection without the disciples quite knowing how He had appeared among them, for example in their midst (Lk 24:36; Mk 16:14).

Finally, *subtlety* or subtlety. That is, our bodies will share the spiritual existence of the soul, being rendered capable of passing through material substances as was Our Lord's body when He appeared to the disciples in the middle of a locked room (Jn 20:19, 26). For each of our bodies 'is sown a natural body, [but] shall rise a spiritual body' (1 Cor 15:44). As St Paul adds elsewhere, Our Lord 'will reform the body of our lowliness, that it may be made like to the body of His glory' (Phil 3:21).

Interestingly, the reverse of these four qualities are said to be the lot of those in hell.

Our bodies are consecrated by the Holy Oil of Chrism at our Baptism, and again at our Confirmation, (and a priest's body at his ordination). These consecrations, and the knowledge that our bodies will rise again, should help form our attitude to how we treat our bodies, both in terms of physical well-being and, more importantly, in terms of spiritual well-being.