

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
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Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

June is dedicated to the
Sacred Heart of Jesus

Sunday 16th June 2024

11th Sunday of the Year

09:30 — Anthony Glaccum RIP

11:30 — Pro Populo

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Fr Joseph will be away all week.

*There are no services at St Pancras
this week except those listed for*

Sunday, 16th June (above)

&

*the evening of Saturday, 22nd June
(below)*

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Saturday 22nd June

Vigil of the 12th Sunday of the Year

6pm — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 14th July.)
*Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.*

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Domus mea domus orationis vocabitur

'My house shall be called a house of prayer'

Is 56:7

WHAT IS A DOMUS ?

A *Domus* is a Catholic household where the home itself is consecrated to the Sacred Heart of Jesus along with all the members of the household, and where each member of the household undertakes to say the *Domus* prayer every day.

The idea is that Catholic homes in the parish may become houses of prayer. These *Domus* become spiritual oases in the desert of our modern, secular world. Several *Domus* have already sprung up around the parish in the last couple of years. (Funnily enough, the word *Domus* is used for one *Domus* or many *Domus*.)

The *Domus* are also like satellites orbiting around the central hub of the parish church of St Pancras. If you could see them on Google maps, you would see them scattered around Ipswich and into the Suffolk countryside beyond.

The most important thing about *Domus* is to help the members of the household to nurture a life of prayer and devotion. In addition, they feed into, and draw on, the spiritual life of the parish, helping to build up and strengthen the faith of us all.

There is a nine week period of preparation to become a *Domus*, during which time all the members who are to be consecrated pray the *Domus* prayer every day and say the Litany of the Sacred Heart on the Fridays of those nine weeks. After the nine weeks are up, Fr Joseph will visit the home for the short ceremonial Act of Consecration and to enroll the household and its members as a *Domus*.

Every month a Mass is said for all the *Domus* of the parish. There is a Holy Hour of Adoration every four months or so, at which everyone in the parish is welcome. There are sometimes social gatherings, and there is an occasional newsletter.

If you would like to find out more, please take a FAQ leaflet from the back of the church, and contact Fr Joseph directly.

During July, the month of the PRECIOUS BLOOD

there will be a Holy Hour of Adoration for the *Domus* of the parish

Thursday, 11th July at 6pm

All welcome!

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Thank you.

BANK: Barclays ACCOUNT NAME: St Pancras Catholic Church SORT CODE: 20-44-51 ACCOUNT NUMBER: 00775843

St Pancras Catholic Church is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

A **parish on-line calendar** may be found at: stpancraschurch.org.uk/calendar/

Sunday sermons are available on the homepage of the parish website.

Lists of suggested Catholic reading are available on the homepage of the parish website.

The Pancratius The June edition of our monthly newsletter for younger readers is out now.

Life Charities Second collection at all Masses this weekend at all Masses for the Life Charities sponsored by the Bishops of England & Wales. Please give generously.

Annual Missionary Appeal next weekend—22nd/23rd June—at all Masses. Again, please give generously.

Catholic Mothers' Group Monday, 8th July. We plan to meet in Christ Church park at 11am for a summer picnic, weather permitting!

Blessed Carlo Acutis Group (14-17 yr olds) July meeting — date and details to follow.

Catholic Young Adults (18-35yr olds) July meeting — date and details to follow.

Book Club Monday, 9th September at 7pm: *A Comedian's Prayer Book* by Frank Skinner.

Thursday Lunch 11th July at 1pm.

Readings at Mass We currently use the Jerusalem Bible for the readings at Mass. However, the bishops of all English speaking countries have decreed that, from the start of Advent 2024, we shall use the English Standard Version—Catholic Edition (ESV-CE) instead. The Catholic Truth Society (CTS) is now publishing both Sunday and Weekday Missals so that you can buy your own copies and follow the Mass. If you would like to buy a new Sunday Missal, please go to:

ctsbooks.org/product/sunday-missal/

Sick List

Prayers are asked for Jim Convey, Larry Crowley, Ciro Dellabella, Halina Gajewska, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Ann Studd RIP

There will be a requiem Mass for Ann on Friday, 28th June, at 10am.

Of your charity

Please pray for the souls of Ann Studd and Doyle Dunn both of whom died recently, and for all those whose anniversaries occur at this time: Margaret Skinner, Margaret Burns, James Flanagan, John Sweeney, Elizabeth Ingram, Teobaldo Merico, Henry Brock, Nicholas Aylward, George Selby, Mary Brookes, Ann Thomas, Margaret Bradley, Amy Moul, Jeremiah Whelan, Elena Roome, Fioravanti Masullo, Angela Mariani, Lorna Newton, Peter Scully, Neil Ward, Annie Bates, Monica Barnett, Rosalia Catalanotto, Jennifer Quinton, Dorothy Roper, Camille Milmbro, and Fr Joseph Sweeney. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes:

THE SACRAMENTS PT 20 CONFIRMATION — THE FRUITS OF THE HOLY SPIRIT

'You will know them by their fruits,' (Mt 7:20). Like the good and faithful servants in the Parable of the Talents, we must put our gifts to use so that they will grow so that they will become a worthy gift for God on the Last Day, and we shall hear those beautiful words, 'Well done, good and faithful servant... enter into the joy of your Master' (Mt 25:14-30).

By making good use of the Gifts, we shall begin to exhibit the Fruits of the Holy Spirit, traditionally twelve in number.*

Charity, or love, means giving. To love means to give. As we have seen elsewhere, love can be given and received, but not taken. Moreover, we must learn to give generously, and to receive graciously, and never to take either from God or from others (1 Cor 13).

To be possessed of the fruit of *joy* means to rejoice, and to be seen to rejoice, in the manifold gifts and blessings of Almighty God, even in the face of adversity (Phil 4:4-5).

Peace means much more than the absence of violence or anger. Peace is the presence of God in our hearts, a presence inhaled like a fragrance. This peace can never be found amongst the shallow novelties and distractions of the world and the flesh (Jn 14:27).

We exhibit the fruit of *patience* when we remain at peace when we do not get our own way. Patience often involves accepting that we may not be right, but even when we know ourselves to be right, still we can display patience if we are at peace with Our Lord (Ps 37[36]:7).

Benignity may be translated as kindness, and perhaps kindness can speak for itself, after all, everyone knows what it is like to receive a kindness (Prov 16:24).

Goodness is a quality rather than an action, the quality of being morally good or virtuous. God is good, of course, but it is more accurate to say that God is goodness itself. When we are good it is because we are participating in God's goodness (Mk 10:18; Mt 7:11).

Longanimity means more than to be long-suffering; it means to be generous in that long-suffering, accompanying our endurance with an authentic, interior God-given cheerfulness rather than complaint (2 Cor 9:7).

Mildness means to be meek, to be at peace in the face of provocation or even aggression (Mt 5:39).

Faith, in this context, means not so much the theological virtue of faith (alongside hope and charity) as fidelity, a faithfulness to God and the things of God (1 Cor 4:2).

Modesty is not a reference to a particular dress code but a disposition, an inclination towards, the virtue of humility (1 Pet 5:5-6).

Meanwhile, *continency* means, in this context, to be in control of one's passions, and strong feelings and desires, for example anger (2 Tim 1:7).

And, finally, *chastity* means not making a god of our pleasures and desires but seeking happiness only in God and the things of God (Titus 2:11-14).

*Again, we need to go to the Douai-Rheims translation to find all twelve: 'But the fruit of the Spirit is, charity, joy, peace, patience, benignity, goodness, longanimity, mildness, faith, modesty, continency, chastity' (Gal 5:22-23).