

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancraschurch.org.uk
www.stpancraschurch.org.uk



Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

July is dedicated to the
Most Precious Blood

Sunday 7th July 2024

14th Sunday of the Year

09:30 — Richard Ogundiran RIP

11:00 — Helen Abbott

Monday 8th July

St Withburga

10am — Holy Souls

Tuesday 9th July

Ss John Fisher & Thomas More

8am (TLM) — Jo Shevlin

Wednesday 10th July

Feria

6pm — Holy Souls

Thursday 11th July

Funeral requiem

12:15pm — Diane Lavergata RIP

Friday 12th July

Feria

10am — John Davie RIP

Funeral requiem

12:30pm—Santo Sarro RIP

Saturday 13th July

Our Lady on Saturday

10am — Henry & Catherine Head RIP

Vigil of 15th Sunday of the Year

6pm — Glenda Elliott-Sugars RIP

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 14th July.)

*Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.*

THIS WEEK

CATHOLIC MOTHERS' GROUP PICNIC

Monday, 8th July.

Meet in front of Christchurch Mansion at 11am.

Bring your own picnic, chairs, rugs, etc.

(We will gather in the parish hall in the event of inclement weather.)

All welcome!

MONTHLY THURSDAY LUNCH

Thursday 11th July.

Raising funds for Mary's Meals.

The 12:15pm Mass is a funeral requiem so the rosary and therefore lunch
will start a little later than usual but please come along nonetheless.

All welcome!

*BUT PARKING WILL BE LIMITED—PLEASE PARK ELSEWHERE IF YOU CAN SO THAT
THERE WILL BE SPACE FOR MEMBERS OF THE FUNERAL CORTÈGE*

HOLY HOUR OF ADORATION

for the *Domus* of the parish.

Thursday, 11th July at 6pm

Please come along to pray before the Blessed Sacrament and to adore
Our Lord present in the Holy Eucharist in this month of the Precious Blood.

All welcome!

GOING TO MASS ON HOLIDAY

We often forget things when we go away, but please
don't leave God behind with your toothbrush! God is
part of our lives, and not just a fixture that belongs to
our working week. Before you go away (or even after
you arrive at your holiday destination) use the internet
to look up the nearest Catholic church to where you are
staying and make sure you get to Mass on Sunday.



QR CODE



Many of you will be familiar with QR codes, but for those
who are not, a QR (quick response) code takes you to a web-
site address. By pointing your mobile phone camera at our
QR code you will be taken to the same screen that you see on
our Dona machines. You can then make a donation in exactly
the same way as you would using our machines at the back of
the church, and with no need to download an App! Try it!



No cash for the
collection? Use
our QR code.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish.
Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51
Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742



Next Weekend — 13th/14th July

Second Collection for STELLA MARIS

Formerly known as the Apostleship of the Sea, Stella Maris provides support for the many Catholic seafarers both on board ship and in the ports at which they call. This vital chaplaincy work helps those who often are away from home for long periods and who often have no access to Mass or other spiritual support except what is provided through this charity. Our own Julian Wong, known to many of you, is the regional port chaplain for the ports in the diocese of East Anglia, and Fr Joseph supports his appeal that we give as generously as we can please. Thank you.

Parish Magazine The latest edition of the parish magazine is now available free of charge.

The Pancratius The latest edition of our monthly newsletter for children aged 5—15 is now available.

Book Club Monday, 9th September at 7pm: *A Comedian's Prayer Book* by Frank Skinner.

A parish on-line calendar may be found at: stpancraschurch.org.uk/calendar/

Sunday sermons are available on the homepage of the parish website.

Lists of suggested Catholic reading are available on the homepage of the parish website.

Masses may be booked using our Mass offering envelopes found at the back of church. A typical Mass offering is £10 for each Mass requested.

Readings at Mass We currently use the Jerusalem Bible for the readings at Mass. However, the bishops of all English speaking countries have decreed that, from the start of Advent 2024, we shall use the English Standard Version—Catholic Edition (ESV-CE) instead. The Catholic Truth Society (CTS) is now publishing both Sunday and Weekday Missals so that you can buy your own copies and follow the Mass. If you would like to buy a new Sunday Missal, please go to:

ctsbooks.org/product/sunday-missal/

Sick List Prayers are asked for Jim Convey, Larry Crowley, Paul Cummings, Ciro Dellabella, Halina Gajewska, Linda Mitchell, Rosemary Pease, Brian Price, Leighton Scott, and Bernie Wood.

Of your charity

Please pray for the souls of John Crowley, Diane Lavergata, and Santo Sarro, all of whom have died recently, and for all those whose anniversaries occur at this time: Eva Kirby, Mary Atamney, Mary Barnes, Florence Downard, Catherine Messier, Edith Sawyer, Mary Clapham, Fred Major, Martin Brophy, Rose Donaghue, Harriet Upson, Robert Rofix, Catherine Head, George Smith, Patricia Peck, John Dixon, Juliet Brinsley, Beatrice Blackwell, Peter Dummett, José Bastarrica, Samuel Rout, Josef Novar, Bernard Smith, Mary Corrigan, Denise Richmond, and Glenda Elliott-Sugars. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes:

We continue our look at the Blessed Sacrament.

THE SACRAMENTS PT 23

THE BLESSED SACRAMENT:

MORE ABOUT THE REAL PRESENCE

Having been heckled throughout a long day of missionary preaching, Blessed Dominic Barberi* continued to be harassed by a Protestant as he walked home that evening. Becoming exasperated by continually being called an idolater for worshipping a piece of bread, he stopped, turned to the protestor, and said, 'Jesus said, This is my Body. You say it isn't. Whom should I believe?' Then he turned and carried on his way. He heard no more from his accuser.

Blessed Dominic's Master, nearly two millennia previously, had faced a similarly doubting audience who either did not believe at all in the miracle of transubstantiation and believed the Eucharist to be mere bread and only a symbol of Christ's presence, or they took the teaching too literally and supposed that Our Lord was commending the practice of cannibalism.

However, Truth does not sit on the same level plane as falsehood, as if it were somewhere in the middle between two extremes, for that would mean that Truth was a compromise between, or a synthesis of, two falsehoods. Rather, Truth exists on a higher plane altogether. In the Holy Eucharist we have neither bread nor acts of cannibalism. Instead, through the supernatural workings of God, the bread and wine are, as it were, lifted up above the plane of error and disbelief, and are transformed into something altogether different, even though they retain the same accidents or appearances.

Our Lord had proclaimed Himself to be the Bread of Life (Jn 6:35). In His extended discourse in John chapter 6, He put before the people the need to eat of the Bread of Life if they were to have eternal life (v.51). Astonished, His hearers exclaimed, 'How can this man give us His flesh to eat?' But instead of moderating His words or changing His vocabulary, Our Lord went on to emphasize that 'unless [they] eat the flesh of the Son of Man and drink His blood, [they would] have no life in [them]' But that 'he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day' (vv.52-54). After this, 'many of His disciples drew back and no longer went about with Him' (v.66).

His own Apostles did not understand at the time, but they knew that there was no one else to whom they could go for the Truth, and that, in the words of St Peter, Jesus had 'the words of eternal life,' and they had believed and had come to know that He was 'the Holy One of God' (vv.67-69).

Significantly, Our Lord did not call back those who withdrew in order to explain things more clearly. As with His teaching in parables (Mt 13:34), Our Lord taught some very profound truths requiring more than superficial attention. Rather, the Word of God is alive and active (Heb 4:12) and needs to be encountered and engaged with personally if the seed of faith is to be sown. Our Lord was inviting His listeners to follow Him, to 'Come and see' (Jn 1:38).

* *Blessed Dominic Barberi (1792 – 1849), who received St John Henry Newman into the one true fold in 1845, had spent much of his preaching life in the British Midlands, in and around Birmingham, converting, or bringing back to the Faith, many of his hearers.*