# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

# Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery 1 Orwell Place **Ipswich** IP4 1BD

Tel: 01473 252596 parishpriest@stpancraschurch.org.uk www.stpancraschurch.org.uk



Parish Priest: Fr Joseph Welch

Sundays: Yr B Weekdays: Yr 2

September is dedicated to Our Lady of Sorrows

# **Sunday 1<sup>st</sup> September 2024** 22<sup>nd</sup> Sunday of the Year

09:30 — Isabel Nogueira's int. 2/2

11:00 — Pro Populo

# Monday 2<sup>nd</sup> September

Feria

10am — Chinagorom Theresa 1/3

# Tuesday 3<sup>rd</sup> September

St Pius X

8am (TLM) — Princess Mahoney RIP

# Wednesday 4<sup>th</sup> September

St Cuthbert

6pm — Chinagorom Theresa 2/3

## Thursday 5<sup>th</sup> September

Feria

12:15pm — for the *Domus* of the parish

### Friday 6th September

Feria

10am — Holy Souls

Saturday 7<sup>th</sup> September Our Lady on Saturday 10am — Mary Rose Chow RIP Vigil of 23<sup>rd</sup> Sunday of the Year

6pm — Holy Souls

#### **CONFESSIONS:**

**Mon** — **Sat**: 30 minutes before each Mass

5pm — 5:45pm 6pm — 7pm & Sat:

1st Friday:

Sat: 5pm — 5:45pm ADORATION: Mon — Fri: after Mass ROSARY:

#### DEVOTIONS TO O.L. OF IPSWICH & S. PANCRAS: Sat after 10am Mass

**TLM Masses**: 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 8<sup>th</sup> Sept.)

Traditional Latin Masses (TLM) are said according to the Missal used before the Sec-

ond Vatican Council.



#### Parish Magazine Deadline

for submitting copy: Sunday, 15th September. News and views, essays and articles, poems and jokes, memories and travelogues: all welcome. matilda79r@gmail.com

### RIGHTS, ENTITLEMENTS & CHOICES IN THE CATHOLIC CHURCH

Our world today teaches us that we have the right to choose how we live, what we do, and even who we are. It teaches us that there are no rules about the choices we make so long as we do not physically hurt anyone else (except the unborn), so long as we do not trample on other people's rights (completely forgetting that one person's rights come at a cost to someone else), and so long as we do not harm the environment. Beyond that, every-



thing is up to me, and no one has the right to impose restraints on me. In the old days this approach had a name: Libertinism, the rejection of almost all authority, and certainly the rejection of any moral authority that tries to set boundaries to my behaviour.

Sadly, however devout we may be as Catholics, we cannot live in such a world without being affected by it to some degree. Most of us have breathed in the air of choice and entitlement. But Our Lord reminds us in today's read-

ings that we are created in His image and likeness (not Him in ours), and that if we would grow in holiness and end up going to heaven then we must live according to the manufacturer's instructions. After all, He gave Moses Ten Commandments not Ten Choices. This approach is in marked contrast to that of the world in which we live, and we can only find the strength and courage to live a life of Christian virtue with the help of God's grace. And that comes through prayer, the sacraments, and a willingness to learn about the Catholic Faith and live according to its teachings.

SUNDAY, 8<sup>TH</sup> SEPTEMBER

# THE NATIVITY OF OUR LADY

#### LED BY BISHOP PETER COLLINS

The annual pilgrim walk organized by the Guild of Our Lady of Grace of Ipswich will start at 3pm. Using the route planned by Cardinal Wolsey, we will start at St Peter's on the Quay at 3pm (IP4 1BF), walk to Lady Lane (the site of the mediæval shrine), and on to the shrine in St-Mary-at-the-Elms church (IP1 1EY).



Please come along and pray for the conversion of Ipswich and of England.

Tuesdays Please note that Fr Joseph's day off is Tuesday each week. The doorbell, the telephone, and emails are unlikely to be answered on Tuesdays.



No cash for the collection? Use our QR code.

Please consider making a STANDING ORDER instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51 Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

**The 11am Mass** Our solemn Masses at 11am will resume next Sunday, 8<sup>th</sup> September.

#### REGULAR PARISH EVENTS & GROUPS

**Friday Coffee Mornings** resume this week after the 10am Mass and rosary. All welcome.

**Book Club Monday**, 9<sup>th</sup> September at 7pm: *A Comedian's Prayer Book* by Frank Skinner.

**Thursday Lunch** 12<sup>th</sup> September. The first monthly Thursday lunch since the summer break. All welcome.

**Bd Carlo Acutis Group** (14-17 year olds) will next meet on Thursday, 3<sup>rd</sup> October at 7pm.

**Catholic Mothers' Group** will next meet on Monday, 14<sup>th</sup> October at 11am.

#### DATES FOR YOUR DIARY

Our Lady of Ipswich Pilgrim Walk: Sunday, 8<sup>th</sup> September. See poster at the back of church for details.

**Parish Magazine** deadline for copy: Sunday, 15<sup>th</sup> September. Please send to: matilda79r@gmail.com

Parish Quiz Night Friday, 25th October at 6pm.

**St Catherine's Fayre** Sat. 23<sup>rd</sup> / Sun. 24<sup>th</sup> November. A 'make-and-sell' market. If you produce something professionally or as a hobby (craft items, rosaries, models, furniture, almost anything!) then come along, rent a stall in the parish hall, sell your goods, and make a profit for yourself whilst raising funds for the parish. More details to follow.

**Tavern Evening** Saturday, 25<sup>th</sup> January 2025 at 7pm.

Readings at Mass The bishops of England & Wales have decreed that, from the start of Advent 2024, we shall use the English Standard Version—Catholic Edition (ESV-CE) instead. If you would like to buy a new Sunday Missal containing the new translations of the readings, go to: ctsbooks.org/product/sunday-missal/

#### Sick List

Prayers are asked for Jim Convey, Larry Crowley, Paul Cummings, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Sheila Garrard, Linda Mitchell, Rosemary Pease, Brian Price, Judith Rogers, Leighton Scott, and Bernie Wood.

### Of your charity

Please pray for the souls of all who have died recently, and for all those whose anniversaries occur at this time: Edward Robinson, Wilfred Gibson, Elsie Weech, Frances Morris, Thomas High, John Redmond, Sean O'Farrell, David Fahey, Douglas Barber, Mary Connolly, Edward Dow, Elizabeth Weech, Rose Marklew, Gregory Cushanan, Gertrude Wallace, Charles Prime, Olive Denny, James Pyer, Mary Doig, Elizabeth Smith, Beatrice Forsdyke, Stephen Miller, Sally Mitchell, Ivy Williams, Maria Swann, and John Banham. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** This week we begin our look at Penance and the Sacrament of Confession.

## THE SACRAMENTS PT 31: PENANCE – TURNING FROM SIN

At the heart of the Catholic Faith lay the need for penance, that is, the need to fear and despise sin, to resolve never to sin again, and to make satisfaction for our sins, as far as mere creatures can. Had there been no original sin, and had there been no other sins, our relationship with God, and the form that our religion took, would have been otherwise, but the human race turned away from God, offended God's majesty, and placed itself under the influence of the serpent (Gen 3:1). The whole point of our holy religion is our salvation from the consequences of this turning away. Our Lord's opening words in the Gospel are: 'The time is fulfilled, and the Kingdom of God is at hand; repent, and believe in the Gospel' (Mk 1:15). It is not an accident that Christ's name is Jesus, which means Savior.

In the Sacrament of Baptism, not only is the individual cleansed of the stain of original sin, but someone who is baptized after having reached the age of reason, that is, about seven years old, will be cleansed of the stain of any actual or personal sins as well. If no one who had been baptized went on to commit any more sins, then all would be well. However, each of us commits sins even after we have been baptized. As a result, and knowing our human frailty, God, in His infinite wisdom, established a Sacra-

ment which would serve as a second plank, as St Augustine called it, by which we may be saved from the stormy waters of life's journey. St John wrote not only a Gospel but also three letters in the New Testament. In one of them. addressed to those who already have fellowship with the Father and the Son (1 Jn 1:3), he encourages believers that 'if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous' (1 Jn 2:1). In effect, St John is reminding us that were we to sin after being baptized, all is not lost. When we read this verse



of the Bible in conjunction with Our Lord's command that we should forgive our brother not seven times but seventy times seven times (Mt 18:21), that is, a perfect number of times, and knowing that our Savior will not do less than He commands His followers to do, we can be sure that God wills us to benefit from His forgiveness more often than on just the single occasion of our Baptism.

The Sacrament of Penance, usually called Confession and sometimes called the Sacrament of Reconciliation, is the ordinary sacramental means by which the fruits of Our Lord's Passion and Death are applied to those who have sinned following their Baptism. It is worth emphasizing that all sins were forgiven on the Cross. The Sacrament of Penance is the ordinary means by which, after Baptism, that gift of forgiveness is passed on to individual disciples who seek it with a penitent heart.