

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

August is dedicated to the
Immaculate Heart of Mary

Sunday 18th August 2024

20th Sunday of the Year

09:30 — Isabel Nogueira's int. 1/2

11:00 — Pro Populo

Monday 19th August

Feria

10am — Souls in Purgatory 2/2

Tuesday 20th August

St Bernard

8am (TLM) — Deceased Clergy of
St Pancras

Wednesday 21st August

St Pius X

6pm — Benefactors of the Parish

Thursday 22nd August

The Queenship of the BVM

12:15pm — Demetria Rambayon RIP &
deceased members of the Rambayon family

Friday 23rd August

St Rose of Lima

10am — Holy Souls

Saturday 24th August

St Bartholomew

10am — Olivia King RIP

Vigil of 21st Sunday of the Year

6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 8th Sept.)

Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.

FIVE SERMONS ON THE HOLY EUCHARIST

This week, as part of our series of five sermons on the Blessed Sacrament (4/5), we consider the sacramental reality of the Holy Eucharist.

AS CATHOLICS...

We recognize and believe what the Protestant Reformers in the sixteenth century rejected, namely that Our Lord Jesus Christ is truly present in the Blessed Sacrament, not merely as a symbol or gesture, but in reality. Through the miracle of **transubstantiation**, the *substance* of the bread and wine is changed into the Sacred Body and Blood, Soul and Divinity of Our Lord. The *accidents* stay the same (the parts of the bread and wine that we can see, and touch, and smell, and taste with our physical sense) but the inner reality has changed so that no part of the substance of the bread or wine remain.



Detail from *Last Supper*
by Juan Juanes (c.1510—1579).

As a result, St Paul can say, 'I live, now not I; but Christ lives in me' (Gal 2:20), and we can join him in making the same profession of faith when we sing the hymn, *O Bread of Heaven*:

'I live; no, 'tis not I that live;
God gives me life, God lives in me:'

A BIG THANK-YOU...

...to Bill & Brigitte for hosting a wonderfully successful and enjoyable barbecue last Sunday, and to all who helped, especially Stephen & Birgitt Griggs. The sun shone, the wine flowed, and the company was delightful! If you couldn't join us this year, then keep it in mind for next time.

There will be more opportunities to join in with social events in the parish. Keep an eye on the newsletter for details but put into your diary now:

The Parish Quiz Night on Friday, 25th October at 6pm

The Tavern Evening on Saturday, 25th January 2025 at 7pm

In the meantime, there is always tea & coffee every Sunday morning following the 9:30 and 11am Masses. All welcome. And we have a parish coffee morning every Friday following the 10am Mass and rosary. Again, everyone is most welcome.



No cash for the
collection? Use
our QR code.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

CHANGES FOR AUGUST
(back to normal in September)

Adoration from 5pm to 5:45pm on Saturday afternoons will be suspended but Confessions will continue.

The 11am Mass will be a said Mass in English with hymns as the choir members take a break.

The Pancratius, our monthly newsletter for younger readers, will take a break during August.

DATES FOR YOUR DIARY

Our Lady of Ipswich Pilgrim Walk: Sunday, 8th September. See poster at the back of church for details.

Book Club Monday, 9th September at 7pm: *A Comedian's Prayer Book* by Frank Skinner.

Parish Magazine deadline for copy: Sunday, 15th September. Please send to: matilda79r@gmail.com

Parish Quiz Night Friday, 25th October at 6pm.

St Catherine's Fayre Sat. 23rd / Sun. 24th November. A 'make-and-sell' market. If you produce something professionally or as a hobby (craft items, rosaries, models, furniture, almost anything!) then come along, rent a stall in the parish hall, sell your goods, and make a profit for yourself whilst raising funds for the parish. More details to follow.

Tavern Evening Saturday, 25th January 2025 at 7pm.

Temporary accommodation sought Mature man (handy at DIY & gardening) seeks room to rent. Please contact Rachel Patten: 07592 811058.

Masses may be booked using our Mass offering envelopes found at the back of church. A typical Mass offering is £10 for each Mass requested. (Please note that if you wish to have a novena of nine Masses there still needs to be a Mass offering of £10 for *each* Mass.)

Readings at Mass The bishops of England & Wales have decreed that, from the start of Advent 2024, we shall use the English Standard Version—Catholic Edition (ESV-CE) instead. If you would like to buy a new Sunday Missal containing the new translations of the readings, go to: ctsbooks.org/product/sunday-missal/

Sick List Prayers are asked for Jim Convey, Larry Crowley, Paul Cummings, Alan Cutbush, Ciro Delabella, Evelyn Flach, Halina Gajewska, Linda Mitchell, Rosemary Pease, Brian Price, Judith Rogers, Leighton Scott, and Bernie Wood.

Of your charity Please pray for the soul of John Mitchell and Derek Patten who have both died recently, and for all those whose anniversaries occur at this time: Helen Sullivan, Lilian Ward, Margaret Reeve, Horace Fox, Maurice Deenihan, George Neville, Maria Buan, Alfred Elbrick, Daisy Taylor, Pierre Osborn, Sean O'Farrell, Mary Lambert, Elsie Rauch, John Southworth, John Langford, Eva Gammage, Antoinetta Palumbo, Martin Deenihan, and James Church. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes:

This week we look at the purpose of Christ's sacrifice.

THE SACRAMENTS PT 29
THE FOUR ENDS OF CHRIST'S SACRIFICE

In being lifted up on the Cross, Christ drew all to Himself (Jn 12:32). He drew the poison of sin from our damaged human nature, as a physician might draw the venom from the bite of a serpent.¹ He drew the wrath and anguish of a race that had alienated itself from the Source of goodness by sin. He took upon Himself what He had drawn to Himself, purified it, and offered it unsullied in a perfect offering to the Father as a gift on our behalf, the perfect oblation, immolated on the altar of the Cross, in order to consecrate and sanctify His gift, namely, our human nature. In offering Himself on the Cross, Our Lord accomplished four ends.

First, He offered the supreme act of adoration and praise to God the Father. The moment of His trial and passion, His suffering and death, is the hour of the Son's glory which the whole of Our Lord's life had been moving towards, as we see especially in St John's Gospel: 'The hour has come; glorify the Son that the Son may glorify thee' (Jn 17:1). In His death, Christ, the image of the invisible God (Col 1:15), dazzlingly revealed the depth, the fulness, and the perfection of God's nature as the One-who-loves, the One-who-gives.

Second, throughout His life in the Gospels the Son of God, in His human nature, offered thanks to His Father on behalf of a fallen race that had failed to give to God the thanks that it owed Him: for the gift of life (Jn 11:41-42), for all that we are and have (Jn 17:7), for food and material possessions (Mt 15:36; Jn 6:11), for divine revelation (Mt 11:25), and for the supernatural gifts of the sacraments, grace, and redemption itself (Lk 22:15-18). On the Cross, Christ offered the supreme act of thanksgiving by giving back to God all that came from God in the first place.

Third, because Christ is divine, His offering of Himself to the Father has an infinite value. As a result, by giving Himself to the Father on the Cross, He gives all that is owed to the Father. His gift is perfect. In this way, Christ's offering sets right the scales of justice which have been left imbalanced by our sins. In other words, by the shedding of Christ's blood satisfaction is made for our wrongdoing and, in the process, forgiveness from God is won for us (Mt 26:28).² On the Cross we are 'ransomed, healed, restored [and] forgiven.'³

Finally, on the Cross Christ offered up to the Father all the needs of a fallen race, not necessarily the desires of each of us, but all that we truly need. He offered up, 'prayers and supplications, with loud cries and tears' (Heb 5:7), pleading on our behalf for all that is for our good, for our well-being, especially our spiritual well-being. Whereas our prayers are all too often sullied by personal or vested interest, the Son of God's entreaties were pure, and therefore He was 'heard for His godly fear' (v.7).

¹The symbolism is not accidental. A serpent tempted Eve (Gen 3:1), Moses lifted up a bronze serpent in the desert to heal the people of the sting of death from the scorpion (Num 21:4-9; 1 Cor 15:55), and Our Lord was lifted up as the living remedy to the poison of sin (Jn 3:14-15).

²See also the Letter to the Hebrews, especially chapters 9 – 10.

³From the hymn, 'Praise my Soul the King of Heaven,' by Henry Francis Lyte (1793 – 1847).