

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr B
Weekdays: Yr 2

August is dedicated to the
Immaculate Heart of Mary



Sunday 25th August 2024

21st Sunday of the Year
09:30 — Pro Populo
11:00 — Private int.

Monday 26th August

Blessed Dominic Barberi
10am — Holy Souls

Tuesday 27th August

St Joseph Calasanctius
8am (TLM) — Una McWeeny RIP

Wednesday 28th August

St Augustine
6pm — Guild of St Pancras

Thursday 29th August

The Beheading of John the Baptist
12:15pm — Emanuel Hulewicz RIP

Friday 30th August

Ss Margaret Clitherow, Anne Line,
& Margaret Ward
10am — Bert & Eileen Mayer RIP

Saturday 31st August

St Aidan & the Saints of Lindisfarne
10am — Harriette Chow RIP
Vigil of 22nd Sunday of the Year
6pm — Holy Souls

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& **Sat:** 5pm — 5:45pm
1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

**DEVOTIONS TO O.L. OF IPSWICH &
S. PANCRAS:** Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 8th Sept.)

Traditional Latin Masses (TLM) are said
according to the Missal used before the Sec-
ond Vatican Council.

FIVE SERMONS ON THE BLESSED SACRAMENT

In the last of our five sermons on the Blessed Sacrament we hear how faith is needed before we will arrive at understanding. (Indeed, that is how St Anselm defined theology: 'faith seeking understanding.')

AS CATHOLICS...

We place our trust and our faith in what Our Lord says and in what His Church teaches. Even when we do not understand the theology, we are called to have faith in the remarkable miracle of *transubstantiation* because Our Lord says it is true. To strengthen our faith in this most sacred reality the Church surrounds the Blessed Sacrament with many ceremonies and gestures such as genuflecting, and kneeling for Holy Communion, and so forth. If we were to abandon these outward signs of reverence, we would soon find our faith in Christ's true presence evaporating.

MORNING & NIGHT PRAYERS

for each day of the week

for busy people



Everyone is busy. Our lives are busy. Our world is busy. As Catholics, we should make time for God every morning and evening, but we know that this is difficult for many people. So, there is a new prayer book (freely available at the back of the church) just for busy people! It includes a simple outline of prayers for each morning and night time, slightly different for each day of the week (although with a lot of overlap so that some of it can be memorized easily), and with devotions to, amongst others, the Blessed Virgin Mary, St Joseph, and the Angels.

If you already have a prayer routine, then this book may still help. For example, many people find their prayer routines fall apart when their daily routines change for some reason, such as when they go on holiday. Stick to your usual routine—routine **A**—when life is normal, but use this book, perhaps, as routine **B** when you go away. However you use it, please feel free to take a copy (or even a couple of copies)... just so long as you pray!

Tuesdays Please note that Fr Joseph's day off is Tuesday each week. The doorbell, the telephone, and emails are unlikely to be answered on Tuesdays.

Recent Collections—for which, many thanks and God bless you.

June: Standing orders: £1,244; Dona: £2,387:44; green envelopes: £741:80; collection plate: £2,055:99. Total: £6,429:23.

July: Standing orders: £1,392; Dona: £2,382:36; green envelopes: £898:60; collection plate: £2,116:76. Total: £6,789:72.



No cash for the
collection? Use
our QR code.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

CHANGES FOR AUGUST
(back to normal in September)

Adoration from 5pm to 5:45pm on Saturday afternoons will be suspended but Confessions will continue.

The 11am Mass will be a said Mass in English with hymns as the choir members take a break.

DATES FOR YOUR DIARY

Our Lady of Ipswich Pilgrim Walk: Sunday, 8th September. See poster at the back of church for details.

Book Club Monday, 9th September at 7pm: *A Comedian's Prayer Book* by Frank Skinner.

Thursday lunch 12th September. The first monthly Thursday lunch since the summer break. All welcome.

Parish Magazine deadline for copy: Sunday, 15th September. Please send to: matilda79r@gmail.com

Parish Quiz Night Friday, 25th October at 6pm.

St Catherine's Fayre Sat. 23rd / Sun. 24th November. A 'make-and-sell' market. If you produce something professionally or as a hobby (craft items, rosaries, models, furniture, almost anything!) then come along, rent a stall in the parish hall, sell your goods, and make a profit for yourself whilst raising funds for the parish. More details to follow.

Tavern Evening Saturday, 25th January 2025 at 7pm.

Temporary accommodation sought Mature man (handy at DIY & gardening) seeks room to rent. Please contact Rachel Patten: 07592 811058.

Readings at Mass The bishops of England & Wales have decreed that, from the start of Advent 2024, we shall use the English Standard Version—Catholic Edition (ESV-CE) instead. If you would like to buy a new Sunday Missal containing the new translations of the readings, go to: ctsbooks.org/product/sunday-missal/

Sick List Prayers are asked for Jim Convey, Larry Crowley, Paul Cummings, Alan Cutbush, Ciro Delabella, Evelyn Flach, Halina Gajewska, Linda Mitchell, Rosemary Pease, Brian Price, Judith Rogers, Leighton Scott, and Bernie Wood.

Of your charity Please pray for the soul of John Mitchell who died recently, and for all those whose anniversaries occur at this time: Muriel Stoneman, Carolyne Gammage, Eileen Fox, Frederick Chase, Alice Norfolk, Robert Snell, Dorothy Bottom, Monica Bright, Jonathan Shaw, Richard Twomey, John Langford, Ronaldo Caldarelli, Emanuel Hulewicz, Jennie Jacobi, Alice Maguire, Thomas Brick, Joan Norfolk, Helen Rice, Michael Mongan, Margaret Simmons, Leo O'Connor, Ethelynde Gammage, Mary Lambert, George Stocks, Lionel Clutterham, Walter Stuhler, Monica Wright, David Cumming, Rupert Parchment, Maud Shaw, Daniel Baxter, John Banham, Dorothy Flynn, Jeanette Moore, and Winifride Adamson. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes:

This week we look at the purpose of the Mass.

THE SACRAMENTS PT 30
THE MASS – THE FOUR ENDS OF THE MASS

We have seen how the Mass is chiefly the work of Christ, and that it is a continuation in time of the Sacrifice of Calvary. So that this work may be continued in time, Our Lord, the great High Priest, ordained others to a share in His ministerial priesthood. Through ordination, a priest becomes an *alter Christus*, 'another Christ.' The priest stands at the altar of God *in persona Christi*, 'in the person of Christ,' so that he can continue in Sacramental form the sacrificial work instituted by Christ. When a priest offers Mass, he offers to the Father exactly what Christ offered on the Cross, but in a Sacramental and ritualized form. (Note how almost all of the prayers of the Mass are addressed to God the Father, although once Our Lord is Sacramentally present on the altar following the consecration of the Bread and Wine, many of the prayers are addressed to the Son.) In other words, the Four Ends of the Mass are the same as the Four Ends of Christ's sacrifice on Calvary.

First, the Mass is *latreutic*,¹ that is, the Mass is a Sacrifice of adoration and praise, offered up by Christ on our behalf, in acknowledgment of God's sovereign dominion over all of creation. It is the perfect act by which God is glorified. Christ as Priest offers Himself as Victim, and thereby renders to the Father the most perfect act of homage that can be paid to the Father's supreme majesty.

Second, the Mass is *eucharistic*,² that is, the Mass is a Sacrifice of thanksgiving. Christ's perfect act of thanksgiving renders a gift of infinite value which makes a proper return to the Father for all the graces and blessings that He has bestowed on the human race through His extravagant bounty and mercy in the past and the present, and for all that He will bestow in the future.

Third, the Mass is *propitiatory*,³ that is, the Mass pacifies God's wrath, it wards off, as it were, the afflictions and scourges that would follow on from our sins, in particular the final and definitive scourge of everlasting death. The Mass, as the continuation in time of Christ's Sacrifice on Calvary, resets the imbalanced scales of divine justice which have been upset by our sins. Once more, God is given what is properly owed to Him.

Fourth, the Mass is *impetratory*,⁴ that is, the Mass obtains through petition all that we need (not necessarily all that we desire) from God. During the Mass, a good practice is to picture in one's mind placing all the people one wants to pray for on the paten with the Host, and in the chalice with the Wine, that the priests lifts up at the offertory. Then, through the miracle of transubstantiation by which the Bread and Wine become the Body and Blood, the soul and the divinity of Christ, our needs and the needs of those for whom we wish to pray are offered by Christ to the Father at the heart of the Mass.

¹ *From the Latin (and in turn, originally from the Greek), meaning 'service' or 'worship.'*

² *From the Latin (and in turn, originally from the Greek), meaning 'gratitude' or 'giving thanks.'*

³ *From the Latin, meaning 'to make favourable.'*

⁴ *From the Latin, meaning 'to make entreaty.'*

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