

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

February is dedicated
to the Holy Family

Sunday 9th February 2025

Dom. V post Epiphaniam

8am (TLM) — Pro Populo

5th Sunday of the Year

09:30 — John & Mary Smith's ints.

11:00 — Anne Abbott's ints.

Monday 10th February

St Scholastica

10am — Rosaleen Fallow & family

Tuesday 11th February

The Apparition of the BVM

8am (TLM) — Adrian Anton's ints.

Wednesday 12th February

Feria

6pm — Benefactors of the Parish

Thursday 13th February

Feria

12:15pm — Fr Francis Leeder RIP

Friday 14th February

Ss Cyril & Methodius

10am — Regina Hulewicz RIP

Saturday 15th February

Our Lady on Saturday

10am — Holy Souls

Vigil of 6th Sunday of the Year

6pm — Holy Souls

Sunday 16th February

6th Sunday of the Year

09:30 — Sylvia Throne (F)

11:00 — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 9th February.)

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HOLY YEAR 2025

SPES NON CONFUNDIT

*'And hope confounds not, because the charity of
God is poured forth in our hearts by the Holy Spirit
who is given to us.'* (Rom 5:5)

Christ Crucified Radiates Hope to a Fallen World
The Crucifixion by Tintoretto (1565)



CHRISTMAS CRIB COLLECTION for AID TO THE CHURCH IN NEED (ACN)

Our Christmas Crib collection this year raised the magnificent sum of **£2,165:46**. A cheque will be on its way in the next few days. Well done everyone and on behalf of persecuted Christians everywhere, thank you!

OLD PALM BRANCHES We should like to collect last year's palm branches and burn them down to use as ashes on Ash Wednesday. Please return your palms to the back of church no later than Saturday, 1st March. Thank you.

THURSDAY LUNCH Our monthly Thursday lunch will be this week at 1pm. The lunch is free and everyone is welcome although we ask for donations to Mary's Meals please. We host **LENT LUNCHESES EACH THURSDAY IN LENT** too, beginning on 13th March. We need to recruit new members to join the team that helps prepare the lunches. Please speak to Fr Joseph.

NEW READERS AT MASS We would also like to encourage new readers to join our Sunday Mass reading rotas. If you could help organize the rota, whether you yourself are a reader or not, please speak to Fr Joseph.

MODERN SLAVERY

Modern Slavery has become a pressing issue with more people thought to be trapped in slavery than ever before including here in Ipswich! The Catholic Church, along with local police forces, is at the forefront of trying to tackle the problem and get people out of modern slavery and restored to their homes and families. In 2022, a total of 17,000 people were released from modern slavery across the UK, 746 in our diocese! Often, people are trapped in subsistence-level occupations in factories, on building sites, in car wash outlets, and in restaurants. Indeed, in any place where cheap labour is demanded. Please take one of our MS leaflets from the back of church or go to the diocesan website for more information about our diocesan initiatives which have been launched under the patronage of St Josephine Bakhita:

rcdea.org.uk/caritas-east-anglia/modern-slavery/

or contact john_simong@hotmail.com

HOLY YEAR HANDBOOK

Copies of our parish handbook for the Holy Year 2025 are available free at the back of church. Donations to help cover the costs are welcome.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

Fr Joseph will be away from Sunday 16th to Saturday 22nd February inclusive. Sunday (and Saturday evening) Mass times will not be affected but there will be no other services at St Pancras that week.

Wednesday Evening talks continue at 7pm, straight after the 6pm Mass and rosary. All welcome.

The Catholic Mothers' Group meets on Monday (tomorrow) at 11am, after the 10am Mass and rosary, for the 5 Cs: coffee, cake, catechism, conversation, and chaos. All Mothers & Toddlers welcome!

Parish Pancake Party Tuesday, 4th March at 6pm.

Ash Wednesday is on 5th March this year.

Book Club Will meet on Monday, 10th March at 7pm to discuss the 14th century book, *The Cloud of Unknowing*. All welcome.

HOLY YEAR 2025

Suggestion for Spiritual Reading

They Speak by Silences
by a Carthusian.

From the Saints

'Prayer and humility are the most potent weapons for victory in the most significant warfare.'
St Scholastica (f.d. 10th February)

Top tips for making an ordinary home into a Catholic home!

Have a holy water stoop just inside your front door so that you can bless yourself with holy water every time you enter or leave the house.

Sick List

Prayers are asked for Jim Convey, Larry Crowley, Paul Cummings, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Olga Harant, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity

Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: William McKean (McKeown), Agnes McDermot, Perfecto Burgess, Evelyn Burchnall, Mary Thornberry, Anne Casey, James Connolly, William Ecroyd, Catherine Cidworth, Barbara Crisp, Doreen Bowers, Christopher Richards, Sophie Gray, John McGuire, Catherine McTiernan, Dorothy Johnston-Williams, Louise Smith, Kitty Malpass, Dorothy Lockyer, Marie-France Pujol, Fr Francis 'Sam' Leeder, Louisa Inman, Margaret Dallastone, Margaret Jackson, Sheila McLoughlin, Eileen Kerby, Gerald Griggs, Mary Ward, Bridie McCallion, Margaret Armstrong, Rebecca Cassidy, Czeslaw Pajak, Mark Pajak, Patrick Boland, Millicent Westerling, Dermot Fahy, and Mary Cuffe. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: We continue our look at the last of the Seven Sacraments in our series, Holy Matrimony.

THE SACRAMENTS PT 49: HOLY MATRIMONY – AT THE HEART OF GOD'S PLAN FOR US

For a union to be called a marriage it must be (and may only be) between one man and one woman, a relationship of mutual and lasting fidelity until death, for the purpose of bringing new life into the world as part of God's plan, and for the companionship of the two parties concerned.

The union between Adam and Eve was so constituted, as was the institute of marriage itself throughout history until the time when Our Lord Jesus Christ raised the state of matrimony to an even higher plane by instituting it as a sacrament.

The natural bond of marriage between a man and a woman who are not baptized Christians, but who otherwise fulfil the conditions for a valid marriage, is considered by the Catholic Church to form a valid marriage. Because this bond between two non-baptized persons is regarded as a valid union it cannot be dissolved in divorce any more than a Catholic marriage can be dissolved in divorce.

In a world when so many people have multiple relationships, and where many marriages end in divorce, it is seen by some as no longer appropriate, or suitably compassionate, for the Catholic Church to continue to insist on Her rules regarding separation and divorce. Human friendships suffer disruption and heart-rending breakdowns, it is argued, and the Church should bend a little if it is to reflect the needs of the modern age.

Yet it is precisely because there are so many assaults on something that has been divinely instituted, and which is so sacred and so fragile, that the Church continues to wrap the institution of matrimony around with ceremony and solemnity, with dogma and doctrine, with established ordinances and commands.

The bond of marriage, by which God grants to His creatures the mighty and powerful work of pro-creating new life and bringing it into the world, is at the heart of God's plan for the human race. The bond of family life, in which is formed a mutual and faithful companionship between husband and wife, and by which children are brought into the world and educated in the love of God and in His ways, to the greater glory of the Creator and to the fulfilment of each child's very reason for existing, is the basic building block of human society.

But this bond has also a beautiful supernatural significance. The bond of matrimony is both a reflection of, and a participation in, the bond between Christ the Bridegroom and His Bride, the Church, by which all are sanctified and saved unto eternal life. In other words, Holy Matrimony is an instrument of sanctification and salvation divinely instituted by Almighty God Himself.

In addition, Holy Matrimony is also a reflection of, and a participation in, the very life of the Blessed Trinity itself, for just as God is always a partner in human marriage vows – such that it always takes three to get married! – so does marriage bring forth new life, as does the life-giving breath of the God the Holy Spirit Himself.