

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
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www.stpancraschurch.org.uk



Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

April is dedicated to
the Blessed Sacrament

Sunday 6th April 2025

First Sunday of Passiontide

09:30 — Fr Leeder RIP

11:00 — Joanna England’s int.

Monday 7th April

Lent feria

10am — Linda Culkin RIP

Tuesday 8th April

Tuesday in Passion Week

8am (TLM) — Kenneth Welch RIP

Wednesday 9th April

Lent feria

6pm — Deceased Clergy of the Parish

Thursday 10th April

Lent feria

12:15pm — Myfanwy Beti Moore (F)

Friday 11th April

Lent feria

10am — Judith Rogers’ int.

Saturday 12th April

Lent feria

10am — Holy Souls

Vigil of Palm Sunday

6pm — Joanna England’s int.

Sunday 13th April

Palm Sunday

8am (TLM) — Mary Morgan RIP

09:30 — Bob Gravino—in thanksgiving

11:00 — Pro Populo

DURING LENT

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass
& **Sat:** 10:30am—11am &

5pm — 5:30pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 10:30am — 5:30pm

ROSARY: Mon — Thurs: after Mass

STATIONS OF THE CROSS: Sun — 4:30pm

Fri — after Mass

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 13th April.)

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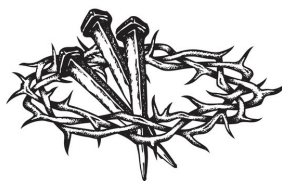
HOLY YEAR 2025

SPES NON CONFUNDIT

‘And hope confounds not, because the charity of God is poured forth in our hearts by the Holy Spirit who is given to us.’ (Rom 5:5)

Christ Crucified Radiates Hope
to a Fallen World

The Crucifixion by Tintoretto (1565)



PASSIONTIDE

During the last two weeks of Lent the statues, and even the crucifixes, are veiled in purple. See the ‘Fr Joseph writes’ column for some thoughts on this mini season.

HOLY WEEK

The last week of Lent is the most sacred week of the year. Please set aside some extra time for prayer and devotions, and come to the three most important services in the whole of the year:

THE SACRED TRIDUUM

Maundy Thursday – 17th April

Mass of the Lord’s Supper: 8pm

Watching at the Altar of Repose till midnight

Compline: 11:45pm

Good Friday – 18th April

Liturgy of the Passion: 3pm

Holy Saturday – 19th April

Easter Vigil: 9pm

Full details of our Holy Week services, including times for Confession, may be found overleaf.

STATIONS OF THE CROSS & BENEDICTION

Every Sunday in Lent at **4:30pm**.

ADORATION OF THE BLESSED SACRAMENT

Every Saturday in Lent from the end of the 10am Mass until 5:30pm. Please sign the watching list at the back of church to make sure we have at least two people in church at any one time.



LENT AT ST PANCRAS

SUNDAYS IN LENT

Stations of the Cross and Benediction – 4:30pm

WEDNESDAYS IN LENT

‘The things that have been accomplished.’
A series of five meditations — 7pm

THURSDAYS IN LENT

Lent Lunches in the parish hall – 1pm
Our last lunch of the season will be this week.
Raising funds for Mary’s Meals

FRIDAYS IN LENT

Stations of the Cross
after the 10am Mass (instead of the rosary)

SATURDAYS IN LENT

Adoration of the Blessed Sacrament
from the end of the 10am Mass till 5:30pm

Confessions:

9:30–10am & 10:30–11am & 5pm–5:30pm

PARKING ON PALM SUNDAY — 11AM MASS

Please note that parking on Palm Sunday
will be limited.

LENT PROJECT

*Raising funds to feed some of the world’s
poorest children*

marysmeals.org.uk

Thursday Lent Lunch—the last lunch this Lent!

*Our second collection & cake sale last weekend raised
over £600 ! Well done everybody and especially the or-
ganisers of the cake sale as well as those who donated
cakes and bought them so generously.*

CATHOLIC MOTHERS’ GROUP

All mothers & toddlers welcome for the 5 Cs:
coffee, cake, conversation, catechism, and chaos
Monday 14th April (during Holy Week) at 11am

CONFESSIONS THROUGHOUT LENT

Mon – Fri: 30 minutes before each weekday Mass

Sat: 9:30–10am & 5pm–5:30pm

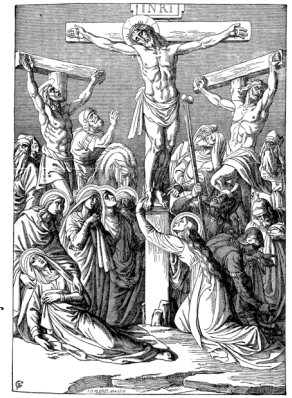
First Friday Confessions: 6pm – 7pm
Friday, 7th March & Friday, 4th April

CHILDREN’S STATIONS OF THE CROSS

Good Friday at 11am

‘THE
THINGS THAT HAVE
BEEN ACCOMPLISHED’
Luke 1:1

*Come along to the last of our
Wednesday evening medita-
tions on St Luke’s account of
the Passion narrative whether
or not you have been to any of
the others in the series.*



*following the 6pm Mass & Rosary,
with tea & coffee available.*

WEDNESDAY 9TH APRIL AT 7PM
‘And the sun was darkened’

*Concluding in church with the
Litany of the Passion*



HOLY WEEK SERVICES 2025

PALM SUNDAY – 13TH APRIL

Masses: 8am (TLM), 9:30 & 11am
Stations of the Cross & Benediction: 4:30pm

MONDAY, TUESDAY, WEDNESDAY

Mass: 10am *followed by*
Stations of the Cross

MAUNDY THURSDAY – 17TH APRIL

Mass of the Lord’s Supper: 8pm
Watching at the Altar of Repose till midnight
Compline: 11:45pm

GOOD FRIDAY – 18TH APRIL

Children’s Stations of the Cross: 11am
Liturgy of the Passion: 3pm
Stations of the Cross: 7pm

HOLY SATURDAY – 19TH APRIL

Polish Blessing of Food (*in English*): 11am
Easter Vigil: 9pm

HOLY WEEK CONFESSIONS

Monday, Tuesday, Wednesday
30 minutes before Mass &
6pm — 7pm

**Maundy Thursday, Good Friday
& Holy Saturday**
10am — 11am
5pm — 6pm

HOLY YEAR 2025

Suggestion for Spiritual Reading

Christ's Final Words on the Cross

by Fr Jean-Dominique Fabre O.P.

From the Saints

'If we knew the value of suffering, we would ask for it on our knees with joined hands.' *St André of Montreal*

Top tips for making an ordinary home into a Catholic home!

Set aside the days of the Sacred Triduum (Maundy Thursday, Good Friday, and Holy Saturday) as days of devotion, and try to avoid ordinary activities as far as possible, such as work, shopping, the use of social media, and your usual forms of entertainment or leisure.

CHRISM MASS at the cathedral in Norwich on Tuesday of Holy Week. A coach will be going from St Mary's, Woodbridge Road, departing at 8am. Please contact: secretary@st-mary.org.uk

GREEN ENVELOPES Green envelopes for the next financial year are now available at the back of the church in named boxes. If you take a box without a name on it, please write your name and the box number on the sheet of paper provided otherwise we cannot claim Gift Aid. Thank you.

ADULT CONFIRMATION CLASSES CONTINUE Thursdays at 6:30pm on 8th and 22nd May.

BOOK CLUB Monday 9th June at 7pm to discuss *A Song for Nagasaki* by Paul Glynn.

PARISH MAGAZINE DEADLINE Sunday, 27th April (the Sunday after Easter). We are especially looking for new contributors. We would like to hear from you if you write short stories or poems, or would like to share tales of your travels, or if you have recipes or gardening tips to share, or if you have interesting facts about local history, or if you can tell us about your experiences as a Catholic in the workplace, or if you draw or paint and would like to submit a piece of art work.

Sick List Prayers are asked for Jim Convey, Sue Coppins-Browne, Larry Crowley, Paul Cummings, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Olga Harant, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the soul of Fr Tom Fenlon who died recently, and for all whose anniversaries occur at this time: Eleanor Dallastone, Elizabeth Looby, Constance Clarke, Daniel McCarthy, Dinah McGrath, Yvonne Lynch, Eugene Farrelly, Ivy Beckett, Kathleen Scales, George Amos, Janet Somers, Kenneth Welch, Teresa Cutting, Enrico Ongoco, Peter Oram, Beti Moore, Orazio Sabatini, John M'Fadden, Gratienne Moulin, Vera McCallion, Kim Clarke, Joseph Clougherty, Edith Dooley, Joseph Howard, Molly Dooley, Tomothy Curran, Constance Johnson, Gillian Firth, Mark Bence-Jones, and Cyril Snowling. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: We enter a new phase of Lent and the mood changes during Passiontide. Our attention becomes even more sharply focused on the sufferings of Christ.

PASSIONTIDE

Passiontide, the last two weeks of Lent, is a period of special preparation for Easter, a mini season in its own right which, in its observance, is older even than the Church's observance of Lent. It is an echo of the Jewish fourteen-day preparation for the Passover, from the beginning of the month until, 'On the fourteenth day of the first month, towards evening, will be the Passover of the Lord' (Ex 12:6; Lev 23:5).

To focus more sharply on the sufferings of Christ, all glorious and highly coloured objects of devotion — statues, paintings and the like — are veiled in sombre, penitential purple. It is as if the saints themselves cannot bare to look upon what is just about to happen. But in that case, why cover crucifixes? Surely we should at least be able to gaze on the



crucified Christ at this time of the year, shouldn't we?

The Gospel for today was, for centuries (and still is in the Traditional Latin Mass), an account of a confrontation between Our Lord and the Pharisees. Our Lord declares that 'Abraham, your father, rejoiced that he might see my day.' The Pharisees retort 'Thou art not yet fifty years old, and hast thou seen Abraham?' Then, stunning the Pharisees with His reply, Our Lord proclaims, 'Before Abraham was, I AM' (Jn 8:58). Our Lord, by using the holy name of God too sacred to be pronounced, proclaims Himself Divine. The Pharisees are outraged, and prepare to stone Him for blasphemy. However, the Gospel passage concludes, 'But Jesus hid Himself, and went out of the temple' (v.59).

At Christmas, we celebrate the Incarnation when, having emptied Himself of the trappings of Divine glory (Phil 2:6-7), Our Lord's divinity is hidden from our eyes (with just one brief glimpse of it on the Mount of Transfiguration). Now, beaten and scourged, tortured and crucified, He appears to us as one 'marred... beyond human semblance' (Is 52:14). In other words, in Passiontide, even His humanity seems to be hidden from us as well.

Of course, Our Lord is no more hidden from us than the Father is from the Son on Calvary even though, in His humanity, Our Lord *feels* that the Father is hidden from Him when He cries out, 'My God! My God! Why have you forsaken me?' (Mt 27:46; Mk 15:34).

So, to mark this passage in the Gospel when Our Lord hid Himself, and to whet our appetite, as it were, for the now hidden Christ, even crucifixes are covered during this mini season.

REGULAR
PARISH GROUPS & EVENTS

Online calendar: please go to our online calendar to see details of all our parish groups and events: stpancraschurch.org.uk/calendar/

Tea & coffee every Sunday in the parish hall following the 9:30 and 11am Masses. All welcome

Parish coffee morning in the parish hall every Friday following the 10am Mass & rosary. All welcome.

Church cleaning group every Friday morning following the 10am Mass & rosary. New volunteers welcome.

Wednesday Evening Talks at 7pm (following the 6pm Mass & rosary) throughout the autumn and spring. See newsletter for details.

Thursday Lunches are held every second Thursday of the month at 1pm. (Every week in Lent.) These are social events and everyone is welcome. The lunch is free, although we invite donations to Mary's Meals.

Blessed Carlo Acutis Group (for 14-17 year olds) every first Thursday of the month at 7pm in the church followed by discussion and games in the parish hall until 9pm. Newcomers welcome.

Catholic Mothers' Group for mums & toddlers every second Monday of the month in the parish hall at 11am (following the 10am Mass & rosary). Newcomers welcome.

Book Club every quarter (on the second Monday of March, June, September, and December) in the parish hall at 7pm. All welcome.

Catholic Young Adults, CYA, (for 18-35 year olds). This group is enjoying an extended break for the moment. Watch this space for updates.

The Pancratius is our monthly newsletter for younger readers (5-15 years old) packed with fascinating facts about the Catholic Faith and the Church, quizzes, jokes, suggested reading, and activities. Please feel free to take a copy or two.

The Parish Choir sings at the 11am Mass on Sundays and at the 7pm Mass on Holy Days. Rehearsals are on Fridays at 8pm. If you would like to join our choir please speak to Fr Joseph.

Brass cleaning Our team has been reduced recently and we are looking for more volunteers (once a month or thereabouts). If you might be able to help, please speak to Fr Joseph.

FIND Ipswich (Families in Need) Dry foodstuffs and personal care items may be left in the barrel at the back of the church for local people in need.

The Traditional Latin Mass (TLM—1962 Missal) is said every 2nd Sunday of the month at 8am, and usually on Tuesday mornings at 8am.

STANDING NOTICES

A warm welcome to new parishioners and visitors. If you have recently moved to the area please complete one of the Contact Details postcards at the back of the church and return it to Fr Joseph. Thank you.

Masses may be said for the living and the dead. Please enter the details on one of the Mass Offering envelopes available at the back of the church, place your offering inside the envelope, and return it to Fr Joseph. A typical offering is £10 for each Mass requested. We cannot guarantee your preferred date for the Mass but we will get as close to it as possible. Thank you.

Going into hospital by appointment or in an emergency? Please let Fr Joseph know. Ipswich hospital has a lay Catholic chaplain, Mrs Rachel Tearle, a member of St Mark's parish and an experienced nurse. If you would like support from the chaplaincy team, please refer by calling 01473 704100 or e-mailing chaplaincy@esneft.nhs.uk For urgent chaplaincy needs 24/7, please call the switchboard at 01473 712233 and ask for the on-call chaplain. When making a referral, please provide the patient's name, ward (if known), and your contact details in case further information is needed.

Call a Priest in an emergency! If someone is dying, do not wait but call a priest to administer the Last Rites. If Fr Joseph is not immediately available, call one of the other priests in a nearby parish.


Gift Aid. If you are a British taxpayer but have not yet completed a Gift Aid form please do so. You can add considerably to the income of the parish at no further cost to yourself. Gift Aid forms are available at the back of the church. Completed forms should be returned to Fr Joseph. Thank you.

Legacies can provide much needed financial support to parishes. Please consider leaving a legacy in your will for St Pancras Catholic Church, Ipswich. Thank you.

Sunday sermons may be found on our parish website.

Tuesday is Fr Joseph's day off. The phone, the doorbell, and e-mails are unlikely to be answered on Tuesdays.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Our bank details: **BANK:** Barclays Bank. **ACCOUNT NUMBER:** 00775843. **SORT CODE:** 20-44-51 **ACCOUNT NAME:** St Pancras Catholic Church.

 Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

The QR code will take you to our Dona machine donation page.

The parish **SAFEGUARDING REPRESENTATIVE** may be contacted by anyone of any age, at any time, with any safeguarding concerns:

Mim McMahon: 01394 274395 or 07813199275
mim@trianglemusic.info or mim.macmahon@gmail.com

Or contact the **DIOCESAN SAFEGUARDING CO-ORDINATOR**, Liam Sainsbury: 07931 952626
liam.sainsbury@rcdea.org.uk