

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

‘To love God and the things of God’

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

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Parish Priest:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 1

June is dedicated  
to the Sacred Heart of Jesus

## Sunday 1<sup>st</sup> June 2025

*7<sup>th</sup> Sunday of Easter*

09:30 — Camargo Nogueira

11:00 — Pro Populo

## Monday 2<sup>nd</sup> June

*Feria of Ascensiontide*

10am — Paul Gaynor RIP

## Tuesday 3<sup>rd</sup> June

*Mass of the Ascension*

8am (TLM) — Deidre MacSweeney

## Wednesday 4<sup>th</sup> June

*Feria of Ascensiontide*

6pm — Jossy Joseph RIP

## Thursday 5<sup>th</sup> May

*St Boniface*

12:15pm — Ethel Granham RIP (F)

7pm — Confirmation Mass

## Friday 6<sup>th</sup> June

*St Norbert*

10am — Deceased Clergy of the Parish

## Saturday 7<sup>th</sup> June

*Feria of Ascensiontide*

12:15pm — Wallace Manthorpe RIP (F)

*Vigil of Pentecost*

6pm — Holy Souls

## Sunday 8<sup>th</sup> June

*Pentecost*

8am (TLM) — Pro Populo

09:30 — Oliver Merlehan

11:00 — Ursula Willis

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Sat: 5pm — 5:45pm

**ROSARY:** Mon — Fri: after Mass

### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Sat after 10am Mass

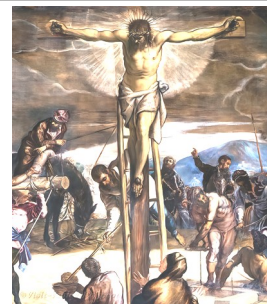
**TLM Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 13<sup>th</sup> July.)

## HOLY YEAR 2025

### SPES NON CONFUNDIT

*‘And hope confounds not, because the charity of God is poured forth in our hearts by the Holy Spirit who is given to us.’ (Rom 5:5)*

Christ Crucified Radiates Hope to a Fallen World  
*The Crucifixion by Tintoretto (1565)*



### PARISH CONFIRMATION MASS

**Thursday, 5<sup>th</sup> June at 7pm**

with Bishop Peter Collins.

We will be joined by Fr Luke Goymour  
and five candidates from St Mark's parish.



Please come along and pray for our Confirmandi and for our parish.  
Bring & share refreshments afterwards.

### MASS, DIVINE MERCY CHAPLET, AND TALK ON OUR LADY OF IPSWICH **Friday 6<sup>th</sup> June**

St Mark's Catholic church, 180 Hawthorn Drive, IP2 0QQ

with EWTN's **Fr Chris Alar**

Provincial Superior of the Marian Fathers of the Immaculate Conception.

**6pm — Mass**

**7pm — Divine Mercy Chaplet**

**7:30pm — Talk on Our Lady of Ipswich**

**9pm — Refreshments & book signing opportunity**

*See poster at the back of church for more details.*

**FINANCIAL AUDIT** The parish has recently (22<sup>nd</sup> May) undergone a routine financial audit by an external company of auditors, HaysMac, from London, at the direction of the East Anglia Roman Catholic Diocesan Trust, under whose auspices we operate. We await the report, but everything seems to have been approved. Our thanks go to all the members of our parish finance committee, and especially to Gerry Elliott, our parish treasurer, for his remarkably detailed work, his thoroughness, and for his generosity in giving so much of his time to the parish.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

**PARISH MAGAZINE** The May 2025 edition of our quarterly parish magazine is now available. Packed with articles on the Catholic Faith, travels to Japan, a priest's Christmas, and Mike Oldfield's music, along with recipes, poems, quizzes, and much more!

## HOLY YEAR 2025

### Suggestion for Spiritual Reading

*The Holy Spirit in Christian Life*

by Père Gardeil, OP

### From the Saints

'Happy the man whose words issue from the Holy Spirit and not from himself!'

*St. Anthony of Padua*

### Top tips for making an ordinary home into a Catholic home!

If you use a tablecloth at meal times, perhaps it could match the seasons of the year or the feasts: red for the fire of the Holy Spirit at Pentecost!

**CATHOLIC MOTHERS' GROUP** will meet at 11am on Monday, 9<sup>th</sup> June.

**BOOK CLUB** Monday, 9<sup>th</sup> June at 7pm to discuss *A Song for Nagasaki* by Paul Glynn.

**THURSDAY LUNCHES** will begin again on 12<sup>th</sup> June. We are looking for volunteers for June and July.

**BD CARLO ACUTIS GROUP** (14-17 year olds) will meet on Thursday, 12<sup>th</sup> June at 7pm (not 5<sup>th</sup> June because of the Confirmation Mass).

**FEAST OF CORPUS CHRISTI** Thursday, 19<sup>th</sup> June (traditional date).

**TRANSFERRED FEAST OF CORPUS CHRISTI** Sunday, 22<sup>nd</sup> June with our Corpus Christ procession at 3pm.

**PARISH FIRST COMMUNION MASS** Sunday, 29<sup>th</sup> June at 9:30am. (The 11am Mass will start at 11:30am on this day.)

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**Sick List** Prayers are asked for Peter Arms, Jim Convey, Larry Crowley, Alan Cutbush, Ciro Delabellla, Evelyn Flach, Halina Gajewska, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

### Of your charity

Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Thomas Vineyard, Francis Manning, Carmella Stavolo, John Scott, Stanislaw Lodzinski, Herbert Becker, Joseph Czech, Wasyl Gechko, Anne Bulbeck, Josephine Coulthrust, Sheila Young, Frederick Evans, Mildred Clements, Emelinda Ragucci, Susan McConville, George Krol, Mary Perry, Josef Schoeben, Alice Kavanagh, Jessi Rynell, Marie Hayward-Farmer, Josephine Pryce, Giovanna Petryszyn, Chris Eatwell, and Wallace Manthorpe. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** We continue our short series on the third Person of the Blessed Trinity, the Holy Spirit.

## The Holy Spirit pt II: Attributes of the Holy Spirit

We have seen that the Holy Spirit is the third Person of the Blessed Trinity, that He is *co-eternal* with the Father and the Son (there was never a moment when one of them existed without the other two), and that He is *co-equal* with the Father and the Son (they are equally divine, all-powerful, all-present, all-knowing, and so forth). We have also seen that He *proceeds* from the Father and from the Son, being eternally breathed forth from the Father to the Son and from the Son to the Father. He is both the Gift of Life and the Giver of Life.

It is this image of the Holy Spirit being breathed back and forth reciprocally between the Father and the Son that shows us that He, the Holy Spirit, is also the Bond of Love who unites the Father and the Son, and who draws us into that same bond of love through the grace of the sacraments.

In Sacred Scripture the Holy Spirit has several different names. He is called the *Paraclete* (from two Greek words meaning 'to call alongside') who will 'abide with you for ever' (Jn 14:16). He is called the *Comforter* because He will abide with us so that we are not left as orphans after Our Lord has ascended back into heaven (Jn 14:17-18). He is called the *Sanctifier* because it is He who sanctifies us and makes us holy (Jn 17:19 and 1 Cor 6:11 and 1 Peter 1:2). He is the *Gift of God Most High* (Lk 1:35 and 1 Cor 6:19), the *Spirit of Truth* (Jn 14:17), and He is the *Spirit of Love* (Rom 5:5 and Gal 5:22).

The Holy Spirit appears in different forms in Sacred Scripture. He is the presence of divine life hovering over the waters at the moment of creation and again as the power of God that re-creates and renews creation (Gen 1:2 & Ps 103:30). He is the breath of God breathed into the nostrils of Adam, and of all creatures (Gen 2:7; Ps 103:29-30).

The Holy Spirit is seen as water that gives life (Is 44:3), indeed, that gives eternal life (Jn 4:14), and that cleanses (Ezek 36:25). Our Lord even refers to this water as 'living water' (Jn 7:37-39; see also Is 12:3). The Holy Spirit is likened to rain that is poured out to give life (Joel 2:23, 28-29), and this is part of the reason why the presence of God is likened to a cloud (Ex 24 and Mt 17:5) because clouds bring rain. That is, God's Spirit brings life.

In the Old Testament the Holy Spirit is symbolized by a dove which brings hope and signs of life in the story of Noah and the Flood, and is a harbinger of peace (Gen 6:11). In the New Testament, the Holy Spirit descends 'in a bodily shape as a dove' upon Our Lord at His baptism in the river Jordan (Lk 3:22 *et par*). The name Jonah means dove, and Our Lord says that the only sign that will be given to this generation will be the sign of Jonah. Usually this is taken to mean that Our Lord will rise again on the third day just as Jonah was confined in the belly of the whale for three days, but Jonah was sent as a prophet to warn an unrepentant people in Nineveh just as Our Lord was sent to teach this 'wicked and adulterous generation' (Mt 16:4).

And, of course, the Holy Spirit appears as tongues of fire (Acts 2:3). More of this later.