

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

June is dedicated
to the Sacred Heart of Jesus



Sunday 15th June 2025

Feast of the Most Holy Trinity

09:30 — Carmargo Nogueira

11:00 — Pro Populo

Monday 16th June

St Richard of Chichester

10am — Anthony Glaccum RIP

Tuesday 17th June

St Gregory Barbarigo

8am (TLM) — Foundation Masses
ad cautelam

Wednesday 18th June

Feria

6pm — Jossy Joseph RIP

Thursday 19th June

Votive Mass of Corpus Christi

12:15pm — Deidre McSweeney

Friday 20th June

St Alban

10am — Lissy Robinson

Saturday 21st June

St Aloysius Gonzaga

10am — Ronald Warren RIP

Vigil of transferred feast of

Corpus Christi

6pm — Mgr Edward McBride RIP

Sunday 22nd June

Transferred feast of Corpus Christi

09:30 — Pro Populo

11:00 — Mark Abbott

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 13th July.)

HOLY YEAR 2025

SPES NON CONFUNDIT

*‘And hope confounds not, because the charity of
God is poured forth in our hearts by the Holy Spirit
who is given to us.’ (Rom 5:5)*

Christ Crucified Radiates Hope to a Fallen World
The Crucifixion by Tintoretto (1565)



CORPUS CHRISTI

THE FEAST OF THE BODY OF CHRIST

After the great feasts of Christmas, Easter, and Pentecost, Corpus Christi is the greatest feast day in the Church’s calendar. It is the celebration of the wonderful gift of Our Lord’s Sacramental presence in the Most Holy Eucharist. In the Blessed Sacrament we have, truly present before our eyes, Our Lord Jesus Christ, Body and Blood, Soul and Divinity. He is as truly present in the Host as He was when He walked the highways and byways of the Holy Land two thousand years ago.

Thursday this week is the traditional feast day.
12:15pm — Votive Mass of the Holy Eucharist

TRANSFERRED FEAST OF CORPUS CHRISTI

Next Sunday, 22nd June

*(Please note, however, that due to unforeseen circumstances this year’s
Corpus Christi procession will not now take place.)*

*Fr Joseph thanks you for your kind messages and prayers. Until his health is
fully restored there may continue to be interruptions to the schedule of services
and events. Please watch the newsletter and the homepage of the parish website.*

TERMINALLY ILL ADULTS (END OF LIFE) BILL

The Bill has been debated again in parliament and some amendments have been proposed. MPs are expected to vote on the Third Reading of the Bill on Friday of this week, 20th June. The news media have reported that a number of MPs have changed their minds and, having voted in favour of the Bill at earlier stages, have now decided to vote against it. This means that there is still a very real chance that the Bill may be defeated.

Please, please contact your MP again (even if you have already contacted him or her) and urge him or her to vote against the Bill. Your action now might make all the difference! Go to righttolife.org.uk/ and follow the links to contact your MP.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

HOLY YEAR 2025

Suggestion for Spiritual Reading

*Adoration: Eucharistic Texts & Prayers
Throughout Church History*
compiled by Daniel P. Guernsey

From the Saints

‘If angels could be jealous of men, they would be so
for one reason: Holy Communion.’

St. Maximilian Kolbe

Top tips for making an ordinary home into a Catholic home!

On Thursday this week (the traditional date for Corpus Christi, the first available Thursday after Easter-tide, and Ascensiontide, and the Octave of Pentecost are all over), and again on Sunday (the transferred feast of Corpus Christi) recite the prayer,

O SACRUM CONVIVUM

*O sacred banquet!
in which Christ is received,
the memory of his Passion is renewed,
the mind is filled with grace,
and a pledge of future glory to us is given.
Alleluia.*

CATHOLIC MOTHERS’ GROUP will meet at 11am on Monday, 14th July.

BOOK CLUB Monday, 8th September at 7pm: book to be decided.

THURSDAY LUNCH next Thursday Lunch: 10th July.

PARISH FIRST COMMUNION MASS Sunday, 29th June at 9:30am. (The 11am Mass will start at 11:30am on this day.)

Sick List Prayers are asked for Peter Arms, Jim Convey, Larry Crowley, Alan Cutbush, Ciro Delabellla, Evelyn Flach, Halina Gajewska, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity

Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Victor Fennell, George Gallaway, Bridget Maile, Joseph Patten, Margaret Skinner, Margaret Burns, James Flanagan, John Sweeney, Elizabeth Ingram, Teobaldo Merico, Henry Brock, Nicholas Aylward, George Selby, Mary Brookes, Margaret Denton, Ann Thomas, Margaret Bradley, Amy Moul, Jeremiah Whelan, Elene Roome, Fioravanti Masullo, John Crowley, Angela Mariani, Lorna Newton, Peter Scully, Neil Ward, Annie Bates, Monica Barnett, Rosalia Catalanotto, Jennifer Quinton, Dorothy Roper, Mary Lush, and Camille Milambo. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

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Fr Joseph writes: We continue our short series on the third Person of the Blessed Trinity —

The Holy Spirit pt IV: The Seven Gifts of the Holy Spirit

The Holy Spirit bestows upon us Seven Gifts in the Sacrament of Confirmation and marks us with an indelible character, fits us to become soldiers of Christ, and commissions us to share in the Church’s mission to preach the Gospel. What are the Seven Gifts? ‘And the spirit of the Lord shall rest upon him: the spirit of wisdom, and of understanding, the spirit of counsel, and of fortitude, the spirit of knowledge, and of godliness. And he shall be filled with the spirit of the fear of the Lord’ (Is 11:2, Douai-Rheims).

Wisdom helps us to value the things of heaven. Valuing the things of this world is easy, but in the end what really matters are God and the things of God. Like a sailor using the stars to navigate by, wisdom helps us to keep our eyes on the things above and arrive safely at our heavenly home.

Understanding helps us to grasp the truths of religion so that, whilst we shall never be able to understand fully the infinite mystery of God, nevertheless we shall be able to understand more and more by listening to what He says through the voice of His Church and the Scriptures, and by wrapping ourselves in prayer.

Counsel helps us to choose correctly the best approach to serving God, helping us to do God’s will and to follow the path He has called us to follow. Even when we know which path to follow, we still need the Holy Spirit to help bend our heart to God’s will, and choose to do what He wants.

Fortitude (or might or power) is the spiritual strength which helps us to overcome the difficulties which could stop us from living the Faith, giving us courage to make the right decisions, and the endurance to stay on the right path.

Knowledge helps us to see what path to follow, and to see the dangers to our faith. Counsel helps us to choose to follow God’s path, but knowledge helps us to see – in the midst of our tangled world – which of the many paths in life is God’s path in the first place.

Godliness (or holiness or piety) fills a person with confidence in God and an eagerness to love and serve Him. When we read the lives of the saints one thing we notice is that all any of them want to do is to love and serve God. They have a great eagerness to do God’s will.

Fear of the Lord makes a person aware of God’s might and sovereignty, and enables us to gaze at Him with wonder and awe, and to respect His laws. It is easy to forget just how powerful God is, and that everything that exists belongs to Him. Fear of the Lord means holding God in great awe and respect simply because He is God. But in the end (because ‘perfect love casts out fear,’ 1 John 4:18) the fear we should have is fear of sin, fear of offending One whom we love, and who loves us so much. The presence of the Holy Spirit in the form of these seven Gifts sanctifies us, and increases and strengthens in us the sanctifying grace that we have already been given in Baptism.