

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

July is dedicated to
the Precious Blood of Jesus

Sunday 29th June 2025

Feast of Ss Peter & Paul

09:30 — First Communion children

11:30 — Pro Populo

*Please note: the 11am Mass starts at
11:30 on today*

Monday 30th June

First Martyrs of the Holy Roman Church

10am — Teresa Glaccum's ints.

Tuesday 1st July

Feast of the Precious Blood of OLJC

8am (TLM) — Canon John Thompson
RIP (F)

Wednesday 2nd July

Feria (13th Week of the Year)

6pm — Steven Abbott

Thursday 3rd July

St Thomas the Apostle

12:15pm — Anita do Rosario Carvalho

Friday 4th July

St Elizabeth of Portugal

10am — Holy Souls

Saturday 5th July

St Anthony Zaccaria

10am — Giovanni de Pasquale RIP

Vigil of 14th Sunday of the Year

6pm — Holy Souls

Sunday 6th July

14th Sunday of the Year

09:30 — Carmargo Nogueira

11:30 — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Sat after 10am Mass

TLM Masses: 2nd Sunday of the month at
8am. (Next 2nd Sunday Mass: 13th July.)

HOLY YEAR 2025

SPES NON CONFUNDIT

*‘And hope confounds not, because the charity of
God is poured forth in our hearts by the Holy Spirit
who is given to us.’ (Rom 5:5)*

Christ Crucified Radiates Hope to a Fallen World
The Crucifixion by Tintoretto (1565)



PARISH FIRST COMMUNIONS

at the 9:30am Mass on today's feast of Ss Peter & Paul

(Please note: the 11am Mass will begin at 11:30am today.)

A Prayer for our First Communion Children

O Jesus, who hast loved us with such exceeding great love as to give us the ineffable gift of the Holy Eucharist, inflame us with a burning zeal to promote Thy glory by preparing worthily the little children who are to approach Thy holy altar for the first time. Protect, O Sacred Heart of Jesus, these young souls from the assaults of evil, strengthen their faith, increase their love, and endow them with all the virtues that will make them worthy to receive Thee. Amen.

ANOINTING FIRE CATHOLIC MINISTRIES UK — YOUTH CONFERENCE

21st—24th August

at the University of Essex, Colchester, CO4 3SQ

www.afcmuk.org

Our parish representative, Anjala Jacob, says:

‘The conference is for age 17 above, there is no upper age limit, anyone young and unmarried can register. The event is led by Anointing Fire Catholic Ministries UK, a Catholic movement founded by Fr Xavier Khan in south India with several branches spread throughout the world.

The conference consists of talks, games, prayer, Holy Mass, Adoration, one to one spiritual sharing (talking to a spiritual elder), Confessions, workshops, and more!’

See poster at the back of church for more details.

PETER'S PENCE is a special second collection taken today, on the feast of Ss Peter & Paul, in every Catholic church throughout the world. The funds are used to pay for the working ministry of our Holy Father the Pope. Please give as generously as you can. Thank you.



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

HOLY YEAR 2025

Suggestion for Spiritual Reading *How to get more out of Holy Communion* by St Peter Julian Eymard

From the Saints

‘Where Peter is, there is the Church.
Where the Church is, there is Jesus Christ.
Where Jesus Christ is, there is eternal salvation.’
St Ambrose

Top tips for making an ordinary home into a Catholic home!

If you have not yet had your home blessed, at least get a priest to bless your house keys as a way of entrusting your home to the mercy of Almighty God so that only good may enter your home and all who live or visit there may, as we say in the Our Father, be delivered from all evil.

HELP NEEDED PLEASE We need to set up a small team (of about three or four people) who can help with laundering the small altar linens that are used at Mass. In recent years this has been done single handed by Josie O’Halloran—to whom we offer an enormous vote of thanks—who has decided that now is the time to ask others to take over the task please. Contact Fr Joseph if you can help. Thank you.

BLESSED CARLO ACUTIS GROUP for 14-17 year olds will meet (for the last time before our summer break) for our summer social. Details being finalized. Watch this space.

CATHOLIC MOTHERS’ GROUP will meet for the last time before our summer break at 11am on Monday, 14th July for our summer picnic in the park. Meet at the play area in Christchurch Park.

BOOK CLUB Monday, 8th September at 7pm: book to be decided.

THURSDAY LUNCH next Thursday Lunch: 10th July.

Sick List Prayers are asked for Peter Arms, Jim Convey, Larry Crowley, Alan Cutbush, Ciro Delabellla, Evelyn Flach, Halina Gajewska, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Leo O’Connor, John Leek, Gwendoline Blake, Margaret Robinson, Jemaleh Sargent, Frank Morris, Monk Matthew, Concetta Corrino, Lubomira Dederska, John O’Reilly, Christopher Thrower, Wanda Pizzey, Eleanor Peck, Agnes Smith, William Bartolo, Michael O’Hara, Ivy Lockwood, Michael Connolly, Joyce Rands, John Lynch, Audrea Monkhouse, Ernesto Zagni, Concetta Borg, and Helen White. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: We continue our short series on:

The Holy Spirit pt VI: The Effects of the Holy Spirit upon the Apostles

There were four chief effects on the Apostles at Pentecost when the Holy Spirit first came down upon them, and although these effects were unique to the Apostles at the time nonetheless the coming down of the Holy Spirit upon us each Pentecost, and in the Sacrament of Confirmation, should have related effects.

The first of these four effects on the Apostles was *to confirm them in their faith*. Until this point, the Apostles had been weak and timid. They had run away from Christ in the Garden of Gethsemane. None, except St John, was present at the foot of the Cross, and even after the resurrection they still hid in the Upper Room for fear of the Jews. With the coming of the Holy Spirit they were filled with strength and courage, and with a faith that burned within them, just as the hearts of the two disciples on the road to Emmaus burned with faith (Lk 24:32). The effects of the Holy Spirit on us should be similar: our hearts should burn with a passionate faith in—and with a passionate zeal for—all that God has revealed to us in the Catholic Faith.

The second effect of the coming of the Holy Spirit on the Apostles was *to sanctify them*. God draws us to himself by the working of His actual grace, a sort of pulling movement on our souls. But with the coming of the Holy Spirit and the beginning of the Sacraments, God poured sanctifying grace into the souls of His Apostles to forgive them their sins and make them holy, to make them more like to Christ, to make them ‘partakers of the divine nature’ (2 Peter 1:4). Likewise, when we receive sanctifying grace in the Sacraments we, too, are forgiven our sins and made to be holy, made to be more like to Christ, made to be sharers in the divine nature.

The third effect was to enable them *to found the Church*. Having been sanctified, they were to sanctify others through the sacraments, but they were also enabled to found the Church through which they would preach and teach (‘The Paraclete, the Holy Spirit, whom the Father will send in my name, He will teach you all things,’ Jn 14:26), and by which they would guide and rule (‘Take heed to yourselves, and to all the flock over which the Holy Spirit has placed you, to rule the Church of God, which He has purchased with His own Blood,’ Acts 20:28). All Catholics, especially those who have been Confirmed, are called to share in this evangelizing mission of Christ’s holy Church and share the Catholic faith with others.

And finally, the fourth effect was on *the Apostles’ preaching*. On the day of Pentecost alone, after St Peter preached, three thousand people were baptized, and following another sermon soon afterwards, a further five thousand (Acts 2:41 and 4:4). Such is the fire of faith bestowed by the Holy Spirit (and this explains why the Holy Spirit came down in *tongues* of fire: to symbolize not just the Word of God Himself but also to give zeal to the tongues of preachers). We, too, are called by God to pass on to others what we ourselves have received through the teachings and the sacraments of the holy Catholic Church that Christ Himself founded.