

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

‘To love God and the things of God’

The Presbytery
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Parish Priest:
Fr Joseph Welch

Sundays: Yr C
Weekdays: Yr 1

July is dedicated to
the Precious Blood of Jesus



Sunday 27th July 2025

17th Sunday of the Year

09:30 — Pro Populo

11:00 — Andrew Moor RIP

Monday 28th July

Feria

10am — William Digby Brown RIP (F)

Tuesday 29th July

St Martha

8am (TLM) — Josephine Shevlin

Wednesday 30th July

St Peter Chrysologus

6pm — Holy Souls

Thursday 31st July

St Ignatius Loyola

12:15pm — Souls in Purgatory 1/2

Friday 1st August

St Alphonsus Liguori

10am — Holy Souls

Saturday 2nd August

St Peter Julian Eymard

10am — Anna King RIP

Vigil of 18th Sunday of the Year

6pm — Holy Souls

Sunday 3rd August

18th Sunday of the Year

09:30 — Carmargo Noguiera

11:00 — Pro Populo

CONFESSIONS:

Mon — Sat: 30 minutes before each Mass

& Sat: 5pm — 5:45pm

1st Friday: 6pm — 7pm

ADORATION: Sat: 5pm — 5:45pm

ROSARY: Mon — Fri: after Mass

DEVOTIONS TO O.L. OF IPSWICH &

S. PANCRAS: Suspended during July.

TLM Masses: 2nd Sunday of the month at 8am. (Next 2nd Sunday Mass: 10th Aug.)

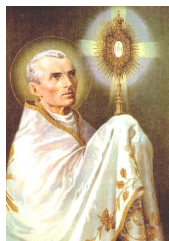
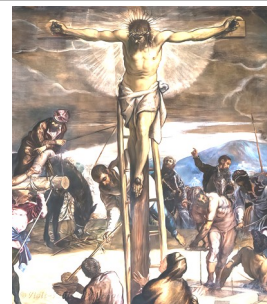
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HOLY YEAR 2025

SPES NON CONFUNDIT

‘And hope confounds not, because the charity of God is poured forth in our hearts by the Holy Spirit who is given to us.’ (Rom 5:5)

Christ Crucified Radiates Hope to a Fallen World
The Crucifixion by Tintoretto (1565)



ST PETER JULIAN EYMARD

f.d. 2nd August

St Peter’s feast day is on Saturday. Founder of the Blessed Sacrament Fathers, his devotion to Our Lord in the Holy Eucharist knew no bounds. He said, amongst other things, ‘*Let us never forget that an age prospers or dwindles in proportion to its devotion to the Holy Eucharist.*’

PORTIUNCULA INDULGENCE The chapel of the Portiuncula (‘a small portion’ of land) was rebuilt by St Francis of Assisi. Pope Honorius III (d.1227) granted a **plenary indulgence** to those who, having confessed, visited the church on 2nd August, the anniversary of its dedication. The same indulgence may be gained each year by going to Confession and receiving Holy Communion within eight days either side of **2nd August**, and on the day itself visiting a Franciscan church, or a cathedral, or a minor basilica, or indeed any parish church, and praying for the intentions of the Pope by saying an Our Father, the Apostles’ Creed, and one other prayer of your choice, and by being free from all attachment to sin, even venial sin.

HOT WEATHER! Even in hot weather, we are reminded that this is God’s house and a house of prayer. Please make sure that shoulders, arms, legs, and midribs are covered in church, and please refrain from drinking in church, even water! Thank you.

WHEREVER YOU GO, ENJOY YOUR SUMMER HOLIDAYS...but don’t forget to go to Mass on Sundays and on the feast of the Assumption, Friday 15th August (a Holy Day of Obligation)!

HOLIDAY READING! If you’re in search of some good holiday reading why not try our Book Club choice for September, *The Templars and the Shroud of Christ* by Barbara Frale? Or one of the many from our list of suggested reading titles given, week by week, on the back of the newsletter, back copies of which may be found on our parish website? Look for authors whose names begin with the letter S: St Augustine, St Bernard, St Bonaventure, St Catherine, St Thérèse of Lisieux, and so forth!



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

HOLY YEAR 2025

Suggestion for Spiritual Reading

The Real Presence

by St Peter Julian Eymard

From the Saints

‘In one day the Eucharist will make you produce more for the glory of God than a whole lifetime without it.’

St Peter Julian Eymard

Top tips for making an ordinary home into a Catholic home!

Kitchens are often at the heart of a home so make sure you have a crucifix or an image of Our Blessed Lady or your patron saints in your kitchen.

TWO YOUTH SUMMER CONFERENCES

See posters at the back of church

ANOIDING FIRE CATHOLIC MINISTRIES UK YOUTH CONFERENCE 21st—24th August at the University of Essex, Colchester, CO4 3SQ. www.afcmuk.org

YOUTH 2000 SUMMER FESTIVAL 22nd—25th August at Ampleforth Abbey, York, YO62 4ER. www.youth2000.org

CATHOLIC MOTHERS' GROUP will meet for the last time before our summer break at 11am tomorrow, Monday, 21st July, for our summer picnic in the park. Meet at the play area in Christchurch Park.

BOOK CLUB Monday, 8th September at 7pm to discuss *The Templars and the Shroud of Christ* by Barbara Frale.

Help needed, please, with: Brass cleaning, church cleaning, counting the collection, singing in our choir at 11am Masses, washing & ironing our small altar linens, selling objects of devotion from our repository, serving tea & coffee after Sunday Masses, cleaning our parish hall, helping in the sacristy. Please speak to Fr Joseph if you can help. Thank you.

Sick List Prayers are asked for Peter Arms, Jim Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Sheila Wade, Joan Wiseman, Larszlo Schaar, Violet Chinery, Florence Scaife, Mavis Westerling, Kerry Patten, Carlo Tortonese, Mary Sheridan, William Hardy, Ena Smart, Henrietta Herbert, Michael Hurley, James Sharpe, Fr Patrick McHugh, Francesco Cannone, William Simpson, Derek Patten, Honora Herridge, William Brennan, Annie McMahon, and Hugh McCallion. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: This week we continue our brief series on The Most Precious Blood of Our Lord to which the month of July is dedicated.

The Precious Blood of Our Lord Jesus Christ pt III

Last time we considered the blood of Abel, shed by his brother Cain (in Genesis chapter 4). In the Letter to the Hebrews in the New Testament we are told that it was by faith that ‘Abel offered to God a sacrifice exceeding that of Cain, by which he obtained a testimony that he was just, God giving testimony to his gifts, and by it he being dead yet speaks’ (Heb 11:4).

Abel is what we call a *type* (or model) of Christ, foreshadowing both the person of Christ and the work that Christ accomplished.

Abel offered a sacrifice to God that exceeded that of his brother Cain. By the same token, Christ offered to the Father a sacrifice that exceeded all the sacrifices of the human race put together.

Abel’s sacrifice ‘obtained testimony that he was just.’ In other words, Abel’s sacrifice rendered him just, or righteous, before God. Justice is the virtue by which we give to others (in this case, God) what we owe to others. Christ’s sacrifice was the only gift in history offered to God that truly matched what the human race owed to God. The reason for its great value was that it was offered by One who was not only human (so that His offering was given on behalf of the human race) but by One who was also truly divine, so that His gift had an infinite worth or value. In other words, Christ’s sacrifice showed Christ Himself to be just in the eyes of the Father, but it also brought human nature itself before the eyes of the Father and gave it an elevated worth.

Abel’s sacrifice gave testimony to his gift: it was a worthy gift being, as it was, ‘of the firstlings of his flock’ (Gen 4:4). Similarly, Christ’s sacrifice on the Cross gave testimony to the worth of His gift also: a gift with a supernatural and infinite worth. All told, ‘the sprinkling of [Christ’s] blood speaks better than that of Abel’ (Heb 12:24).

By his gift, Abel, ‘[though] being dead, yet speaks.’ In the same way, Christ, having died on the Cross, His sacrifice yet cries to the Father with ‘prayers and supplications’ (Heb 5:7). Abel’s blood paves the way for the shedding of Christ’s blood, serving as ‘a shadow of the good things to come’ (Heb 10:1). Christ’s bloody sacrifice on the Cross ‘enters into heaven itself’ and appears ‘in the presence of God for us’ (Heb 9:24). Abel’s blood cries to God from the earth (Gen 4:10); Christ’s blood cries ‘to [the Father] that was able to save Him from death, [and] was heard for His reverence’ (Heb 5:7).

Abel’s blood echoes throughout the earth and brings down a curse upon Cain (Gen 4:11) whereas the cries of Christ’s blood sound throughout heaven and brings about the sanctification of sinners (Heb 10:10).

Adam’s original sin brought death into the world, specifically the death of his second son at the hands of his first born son. By contrast, Christ, the only-begotten Son of God and the Second Adam, destroys death through His death on the Cross (Heb 2:14) and brings about the restoration of life instead.