

# THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

*Deum diligere et quæ sunt Dei*

'To love God and the things of God'

The Presbytery  
1 Orwell Place  
Ipswich  
IP4 1BD

Tel: 01473 252596  
parishpriest@stpancraschurch.org.uk  
www.stpancraschurch.org.uk

Parish Priest:  
Fr Joseph Welch

Sundays: Yr C  
Weekdays: Yr 1

August is dedicated to  
the Immaculate Heart of Mary



## Sunday 3<sup>rd</sup> August 2025

18<sup>th</sup> Sunday of the Year

09:30 — Carmargo Noguiera

11:00 — Pro Populo

## Monday 4<sup>th</sup> August

St John Vianney

10am — Holy Souls

## Tuesday 5<sup>th</sup> August

Our Lady of the Snows

8am (TLM) — Theresa Cleary's int.

## Wednesday 6<sup>th</sup> August

The Transfiguration of Our Lord

6pm — Souls in Purgatory 2/2

## Thursday 7<sup>th</sup> August

St Cajetan

12:15pm — Catenian Foundation Mass

## Friday 8<sup>th</sup> August

St Dominic

10am — Rosa Patten

## Saturday 9<sup>th</sup> August

St Teresa Benedicta of the Cross

10am — John McDonagh

Vigil of 19<sup>th</sup> Sunday of the Year

6pm — Holy Souls

## Sunday 10<sup>th</sup> August

Dom. VIII post Pentecosten

8am (TLM) — Pro Populo

19<sup>th</sup> Sunday of the Year

09:30 — Elizabeth Layton RIP (F)

11:00 — Helen Abbott

### CONFESSIONS:

**Mon — Sat:** 30 minutes before each Mass

**& Sat:** 5pm — 5:45pm

**1<sup>st</sup> Friday:** 6pm — 7pm

**ADORATION:** Suspended during August

**ROSARY:** Mon — Fri: after Mass

### DEVOTIONS TO O.L. OF IPSWICH &

**S. PANCRAS:** Suspended during August.

**TLM Masses:** 2<sup>nd</sup> Sunday of the month at 8am. (Next 2<sup>nd</sup> Sunday Mass: 10<sup>th</sup> Aug.)

## HOLY YEAR 2025

### SPES NON CONFUNDIT

*'And hope confounds not, because the charity of God is poured forth in our hearts by the Holy Spirit who is given to us.'* (Rom 5:5)

Christ Crucified Radiates Hope to a Fallen World  
*The Crucifixion by Tintoretto (1565)*



### HOLIDAY

There will be Confessions and Mass each day as usual this week. However, Fr Joseph is on holiday outside of Mass times and will not be available in person, by 'phone, or by email until Saturday evening. In an emergency, please contact one of the other Catholic priests in Ipswich.

**DURING AUGUST** During August all parish groups will take a break along with our Saturday morning devotions and Saturday afternoon Adoration of the Blessed Sacrament (although there will still be Confessions from 5pm to 5:45pm on Saturday afternoons).

### THE ASSUMPTION OF THE BLESSED VIRGIN MARY — 15<sup>TH</sup> AUGUST.

Holy Day of Obligation on which all Catholics are bound to go to Mass.

**RELIC OF THE TRUE CROSS — Monday, 18<sup>th</sup> August** On the feast of St Helena, the mother of the emperor Constantine, who found the True Cross, we will host a relic of the True Cross which is visiting parishes across the country courtesy of the Latin Mass Society. The 10am Mass will be a Traditional Latin Mass (the old Tridentine Mass) and there will be veneration of the relic at the end of the Mass.

### ST JOHN HENRY NEWMAN

#### Doctor of the Church

Our Holy Father, Pope Leo, has been pleased to confer upon St John Henry Newman the title of Doctor of the Universal Church. There are just 38 saints who have been declared Doctors of the Church, each of whom is considered to have made a significant contribution to Her understanding of the contents of Divine Revelation.

*'O excellent Teacher, light of the Holy Church,  
John Henry, blessed lover of the Divine Law,  
pray for us to the Son of God.'*



Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Barclays Bank account name and no. St Pancras Catholic Church 00775843. Sort code: 20-44-51. Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742.

## HOLY YEAR 2025

### Suggestion for Spiritual Reading

*Mary, the Mother of Jesus*

by Franz William

#### From the Saints

‘There is no road to Heaven  
but that of Innocence or Penance.’

*St Cajetan*

#### Top tips for making an ordinary home into a Catholic home!

Use our booklet of Devotions for August  
to consecrate your household to  
the Immaculate Heart of Mary this month.

### TWO YOUTH SUMMER CONFERENCES

*See posters at the back of church*

**ANOIDING FIRE CATHOLIC MINISTRIES UK YOUTH  
CONFERENCE** 21<sup>st</sup>—24<sup>th</sup> August at the University of  
Essex, Colchester, CO4 3SQ. [www.afcmuk.org](http://www.afcmuk.org)

**YOUTH 2000 SUMMER FESTIVAL** 22<sup>nd</sup>—25<sup>th</sup> August  
at Ampleforth Abbey, York, YO62 4ER.  
[www.youth2000.org](http://www.youth2000.org)

-----  
**MARCH FOR LIFE** Saturday 6<sup>th</sup> September: [marchfor-life.co.uk/2025-event-page/](http://marchfor-life.co.uk/2025-event-page/)

**BOOK CLUB** Monday, 8<sup>th</sup> September at 7pm to dis-  
cuss *The Templars and the Shroud of Christ* by Bar-  
bara Frale.

**Help needed**, please, with: Brass cleaning, church  
cleaning, counting the collection, singing in our choir  
at 11am Masses, washing & ironing our small altar  
linens, selling objects of devotion from our reposi-  
tory, serving tea & coffee after Sunday Masses, clean-  
ing our parish hall, helping in the sacristy. Please  
speak to Fr Joseph if you can help. Thank you.

**RETRouvaille** helps couples find hope and healing  
for their marriage. Next date: 17<sup>th</sup>—19<sup>th</sup> October.  
Please visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk) for more details  
or call 0788 7296983

-----  
**Sick List** Prayers are asked for Peter Arms, Jim  
Convey, Sue Coppens-Browne, Larry Crowley, Alan  
Cutbush, Ciro Dellabella, Evelyn Flach, Halina  
Gajewska, Linda Mitchell, Stephen Patten, Rosemary  
Pease, Brian Price, Judith Rogers, and Leighton  
Scott.

**Of your charity** Please pray for the repose of the  
souls of those who have died recently, and for all  
whose anniversaries occur at this time: Laura Parker,  
Bernard Fox, Barry D’Arcy, Kenneth Valentine,  
Anne Billam, Calogero Severino, Susan Henderson,  
Jennifer Bower, John Mitchell, John Sullivan, Nigel  
Curtis, Phoebe Farebrother, James Corrigan, Marie  
Bradley, John Winthrop, Albert Thompson, and  
Giuseppe Dedona. Eternal rest grant unto them, O  
Lord, and let perpetual light shine upon them.

**Fr Joseph writes:** This week we continue our brief series  
on The Most Precious Blood of Our Lord, looking at the  
call of Abraham.

### The Precious Blood of Our Lord Jesus Christ pt IV

When Abraham was called by God to sacrifice his only  
son, Isaac, whom he loved, he was shocked but not sur-  
prised (Gen 22). Abraham was not surprised because many  
religions of the time demanded human sacrifices, the shed-  
ding of human blood and the draining away of human life.  
In the first instance, the call to sacrifice his son was a test  
of Abraham’s faith in God (v.1). As he drew his sword to  
slay his son, God saw the depth of Abraham’s faith and  
stayed his hand (vv.10-12). Abraham lifted up his eyes and  
saw a ram caught in the briars by its horns ‘which he took  
and offered for a holocaust instead of his son’ (v.13).

From this moment on, God made clear to Abraham and  
his descendants that there was to be no shedding of human  
blood as part of the religion of the Chosen People, unlike  
so many of the religions around them. Instead, animal sac-  
rifices were to be offered and their blood was to be spilt  
and poured away as holocausts. These holocausts would  
be, for God’s Chosen People, gifts of life offered to their  
living God, and would mark their fear of, and devotion to,  
the God who had made a covenant with them (vv.16-18).

It is not accidental that Abraham is commanded to take  
his ‘only begotten son’ and offer him as a sacrifice on a  
mountain (v.2). Isaac becomes the type or sign of God the  
Father’s only begotten Son who will, one day, be sacri-  
ficed on the Mount of Calvary.

Isaac carried the bundle of wood on his shoulder upon  
which, unknown to him at the time, he was to be laid in  
holocaust (v.6). Likewise, Christ carried the wood of the  
Cross upon His back along the Via Dolorosa.

Isaac was bound and laid upon the pile of wood (v.9)  
just as Christ was bound and led away by the Roman sol-  
diers, and then laid upon the Cross as He was nailed to it  
by His executioners.

Nor was the choice of the ram accidental. Caught by its  
horns in the thorns of the briars (v.13) we are reminded of  
Christ’s Crown of Thorns and of the tangled skein of sin  
by which Christ is transfixed to the Cross. The ram, then,  
becomes a precursor or sign of the Lamb of God who will,  
many years later, be sacrificed for our sins.

Our God does not demand of us a human sacrifice, in  
part because of His mercy, and in part because nothing we  
can offer God would be sufficient to make up for our sins.  
Instead, the Lamb of God—a ram caught in the briars—is  
offered up to atone for our sins, and it is the blood not of  
the first born son of our households which is shed but the  
blood of the One who will be the ‘first born from the  
dead,’ as St Paul says (Col 1:18).

Until the Lamb of God appears, born of a woman in the  
fulness of time (Gal 4:4), God’s Chosen People will con-  
tinue to offer animal sacrifices as a sign of their penitence,  
and in particular, once they have departed from the land of  
slavery in Egypt many generations later, they will offer a  
lamb each year on the anniversary of the Passover, which  
we shall consider next time.

~ ~ ~