

THE CATHOLIC PARISH OF ST PANCRAS, IPSWICH

Deum diligere et quæ sunt Dei

'To love God and the things of God'

The Presbytery
1 Orwell Place
Ipswich
IP4 1BD

Tel: 01473 252596
parishpriest@stpancrasschurch.org.uk
www.stpancrasschurch.org.uk



Parish Priest:
Fr Joseph Welch

Sundays: Yr A
Weekdays: Yr 2

December is dedicated to
the Immaculate Conception

Sunday 21st December

Fourth Sunday of Advent

09:30 — Charles Ukoh's int. 2/2

11:00 — Anne Marie Dias' int. 3/3

O Oriens

Monday 22nd December

Advent feria

10am — Joan Elliott RIP

O Rex Gentium

Tuesday 23rd December

Advent feria

8am (TLM) — Kwriachan Joseph RIP

O Emmanuel

Wednesday 24th December

Vigil of the Nativity

10am — Felix Downes-Thomas

Thursday 25th December

The Nativity of Our Lord Jesus Christ

Midnight — Pro Populo

8am (TLM) — Private int.

9:30am — Benefactors of the Parish

11am — Deceased Clergy of the Parish

Friday 26th December

St Stephen

12:15pm — for our Altar Servers

Saturday 27th December

St John

10am — The Guild of St Pancras

Vigil of the Holy Family

6pm — Pro Populo

Sunday 28th December

Sunday within the Octave

8am (TLM) — The *Domus* of the parish

Holy Family

09:30 — Harriette Chow

11:00 — Marianne Tsoungui RIP

For details of Confessions,

Mass times,

*and other services over the Christmas
period see overleaf.*



HOLY YEAR 2025

SPES NON CONFUNDIT

'And hope confounds not, because the charity of God is poured forth in our hearts by the Holy Spirit who is given to us.' (Rom 5:5)

Christ Crucified Radiates Hope
to a Fallen World

The Crucifixion by Tintoretto (1565)



A BLESSED & HOLY CHRISTMAS TO YOU ALL



CHRISTMAS DAY BENEDICTION

5PM

Get a breath of fresh air after lunch,
come and sing some of your favourite carols,
adore our New-Born Saviour in the Blessed Sacrament on His
birthday, and return home to settle down for your Christmas evening.

REMEMBER... Christmas Day is the Birthday of Christ our Saviour and is a holiday because it is a holy day. Don't go to Mass on Christmas Eve and then forget all about Him on Christmas Day! Go to a Mass that starts once Christmas Day itself has begun, that is at Midnight or on Christmas morning.

Christmas at St Pancras

CAROLS BY CANDLELIGHT & BLESSING OF CRIBS

Sunday, 21st December at 4pm

Bring your Christmas cribs (or just one or two figures if the whole thing is too large to bring) and have it blessed as part of our last Sunday before Christmas. Followed by bring & share refreshments in the hall. All welcome.

CHRISTMAS CONFESSIONS

Friday, 19 th	9am—10am & 6pm—7pm
Saturday, 20 th	9am—10am & 4:45pm—5:45pm
Monday, 22 nd	9am—10am & 6pm—7pm
Tuesday, 23 rd	7:30am—8am & 6pm—7pm
Wednesday, 24 th	9am—10am & 5pm—6pm

No Confessions on Christmas Day



CHRISTMAS WEEK MASSES

Monday 22nd - 10am | Tuesday 23rd - 8am (TLM) | Wednesday 24th - 10am
*

CHRISTMAS DAY MASSES

Midnight (with carols from 11:30pm)
8am (TLM) 9:30am 11am
*

CHRISTMAS AFTERNOON

Benediction of the Blessed Sacrament — 5pm

A beautiful way to close your Christmas Day devotions. A hushed and prayerful stillness with some of your favourite carols, and a solemn blessing from Our Lord Himself. Get a breath of fresh air after lunch, come and adore the new-born Christ, and then return home to settle down for the evening.

FRIDAY, 26TH DECEMBER

Confessions: 11:45—12:15pm

Mass: 12:15pm

Rosary after Mass

SATURDAY, 27TH DECEMBER

Morning

Confessions: 9:30—10am

Mass: 10am

No Saturday morning devotions today

Evening

Confessions: 5pm—5:45pm

No Adoration today

Mass: 6pm

SUNDAY, 28TH DECEMBER

Masses: 8am (TLM) 9:30am 11am

MONDAY, 29TH DECEMBER

Mass at 10am (Confessions before & rosary after)

TUESDAY, 30TH DECEMBER

TLM at 8am (Confessions before & rosary after)

WEDNESDAY, 31ST DECEMBER

Mass at 10am (Confessions before & rosary after)

Please note the change of Wednesday Mass time.

THURSDAY, 1ST JANUARY

Confessions: 11:45pm—12:15pm

Mass: 12:15pm

Rosary: after Mass

FROM FRIDAY, 2ND JANUARY ONWARDS

Usual schedule begins again for

all Masses and Confession times

(but no Saturday morning devotions, and no Adoration on Saturday afternoons, 3rd & 10th January)

TWO BRING-AND-SHARE PARTIES TO BEGIN AND CONCLUDE OUR PARISH CELEBRATIONS

following the Carols by Candlelight on

Sunday, 21st December &

following the Epiphany Benediction on

Saturday, 10th January

SOLEMNITY OF THE EPIPHANY

Holy Day of Obligation for all Catholics

Tuesday, 6th January

EPIPHANY BENEDICTION

Saturday, 10th January at 3pm

HOLY YEAR 2025

Suggestion for Spiritual Reading *In Silence with God* by Benedict Baur

From the Saints

‘He was humbled in the womb of the Virgin, needy in the manger of the sheep, and homeless on the wood of the Cross. Nothing so humbles the proud sinner as the humility of Jesus Christ’s humanity.’

St Anthony of Padua

Top tips for making an ordinary home into a Catholic home!

Make your crib at home more prominent
than your Christmas tree!

CHRISTMAS OFFERING The collection on Christmas Day is traditionally a personal offering to the clergy of the parish rather than to the parish as such.

THE BOOK CLUB will next meet on 9th March at 7pm, to discuss *The Book of Margery Kempe*.

EXODUS 90 — exodus90.com — A rigorous spiritual programme for men for the 90 days leading up to Easter, beginning on 5th January.

*See the poster at the back of church
and e-mail Wojtek today!*



CRIB COLLECTION
AID TO THE CHURCH IN NEED
acnuk.org

Our crib collection this year will be, once more, for Aid to the Church in Need who serve some of the most needy Christians in some of the worst trouble spots of the world. Please give as generously as you can through the collection box by the crib or by using our Dona machines at the back of church. Thank you.

Throughout Advent and the Christmas season, right up to Candlemas on 2nd February, ACN will—as in previous years—replace our usual parish charity of Mary’s Meals.

Sick List Prayers are asked for Peter Arms, Jim Convey, Vincent Convey, Sue Coppens-Browne, Larry Crowley, Alan Cutbush, Ciro Dellabella, Evelyn Flach, Halina Gajewska, Oliver Merlehan, Linda Mitchell, Stephen Patten, Rosemary Pease, Brian Price, Judith Rogers, and Leighton Scott.

Of your charity Please pray for the repose of the souls of those who have died recently, and for all whose anniversaries occur at this time: Horace Nicholls, Zena McCann, Daniel Dennehy, John Cummings, Jean Tyler, Margaret Norden, Anna Pinelli, Martin Earley, Dmtri Zuk, Stanley Weir, John Conlon, Thomas Flynn, Audrey Woolner, Albert Wilding, Joan Elliott, Ernest Kindred, Rita McCormack, Mary Goodman, Henry Adams, Irene Hallahan, Olive Pratt, Canon John Thompson, Beryl Cutbush, Betty Wray, Percy Coote, Morris Hough, Edward Doherty, Patrick Lydon, Norah Bilbie, and Giovanni Formicola. Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Fr Joseph writes: We continue this week with:

The Church pt XV — The Church is Apostolic

When we say the Church is apostolic we mean that it was founded at the time of the Apostles, that the Apostles handed on to the next generation what they in turn had received from Our Lord, that the Faith (that is, the doctrine) and the Sacraments have been handed down in an unbroken line through their successors the Bishops, and that the authority of the Pope and the Bishops today is rooted in the authority given to St Peter and the Apostles by Christ Himself when He founded His Church.

The teachings of the Catholic Church can be traced to their Apostolic origins. There is no *de fide* dogma of the Church (that is, ‘of the faith’ and necessary for the salvation of souls) which is not as old as Christianity itself. The Sacred Scriptures of the New Testament were written by the Apostles and those to whom the Apostles entrusted the task of transmitting the Good News (including St Mark and St Luke) under the inspiration of the Holy Spirit, and it was the successors of the Apostles who confirmed definitively, again under the inspiration of the Holy Spirit, which writings should be included in the Christian Bible and which should not. (The canon of the Bible—the list of which books should be included in the Bible and which should not—was set in stone at the Council of Rome in AD 382.)

The Apostles also handed down those teachings which were not included in Sacred Scripture—or only implicitly so—according to what Our Lord taught them but which they did not write down at the time. These teachings make up what is called Sacred Tradition, as St John teaches us: ‘But there are also many other things which Jesus did which, if they were written every one, the world itself, I think, would not be able to contain the books that should be written’ (Jn 21:25) and as St Paul adds, ‘And the things which thou hast heard of me by many witnesses, the same commend [that is, pass on] to faithful men’ (2 Tim 2:2).

The mission of the Church remains the same today as it was when Our Lord first sent His Apostles as labourers into the harvest (Mt 9:37 and Lk 10:1-2). This mission is, therefore, Apostolic and is essential to the true Church of Christ, for Our Lord sent the Apostles out into the world to teach ‘all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all things whatsoever I have commanded you’ (Mt 28:19-20), and He added, ‘As the Father has sent me, I also send you’ (Jn 20:21).

The authority to teach, to govern, and to confer the grace of the Sacraments, has been passed down from the Apostles themselves in the Sacrament of Holy Order (that is, ordination) in an uninterrupted line of succession, through ‘the laying on of hands’ (Acts 6:6, 13:3, and elsewhere). It is this authority, conferred by Our Lord Himself, with which the current Pope and the Bishops are invested. Above all, their work is to transmit to others what has been faithfully handed down from Apostolic times. No pope or bishop has the authority to alter what has been handed down but must—again as St Paul says—‘deliver unto you first of all [that] which I also received’ (1 Cor 15:3).

It is fidelity to all that has been handed down hitherto that helps us to see which doctrines belong to Sacred Tradition and which, in our modern age, are blown in by the false winds that toss the Church’s children ‘to and fro’ according to fanciful whims and desires (Eph 4:14 and 2 Tim 4:2-5).

REGULAR PARISH GROUPS & EVENTS

Online calendar: please go to our online calendar to see details of all our parish groups and events: stpancraschurch.org.uk/calendar/

Tea & coffee every Sunday in the parish hall following the 9:30 and 11am Masses. All welcome

Parish coffee morning in the parish hall every Friday following the 10am Mass & rosary. All welcome.

Church cleaning group every Friday morning following the 10am Mass & rosary. New volunteers welcome.

Wednesday Evening Talks at 7pm (following the 6pm Mass & rosary) throughout the autumn and spring. (Suspended for the time being.)

Thursday Lunches are held every second Thursday of the month at 1pm. (Every week in Lent.) These are social events and everyone is welcome. The lunch is free, although we invite donations to Mary's Meals.

St Carlo Acutis Group (for 14-17 year olds) every first Thursday of the month at 7pm in the church followed by discussion and games in the parish hall until 9pm. Newcomers welcome.

Catholic Mothers' Group for mums & toddlers every second Monday of the month in the parish hall at 11am (following the 10am Mass & rosary). Newcomers welcome.

Book Club every quarter (on the second Monday of March, June, September, and December) in the parish hall at 7pm. All welcome.

Catholic Young Adults, CYA, (for 18-35 year olds). This group is enjoying an extended break for the moment. Watch this space for updates.

The Pancratius is our monthly newsletter for younger readers (5-15 years old) packed with fascinating facts about the Catholic Faith and the Church, quizzes, jokes, suggested reading, and activities. Please feel free to take a copy or two.

The Parish Choir sings at the 11am Mass on Sundays and at the 7pm Mass on Holy Days. Rehearsals are on Fridays at 8pm. If you would like to join our choir please speak to Fr Joseph.

Brass cleaning Our team has been reduced recently and we are looking for more volunteers (once a month or thereabouts). If you might be able to help, please speak to Fr Joseph.

FIND Ipswich (Families in Need) Dry foodstuffs and personal care items may be left in the barrel at the back of the church for local people in need.

The Traditional Latin Mass (TLM—1962 Missal) is said every 2nd Sunday of the month at 8am, and usually on Tuesday mornings at 8am.

STANDING NOTICES

A warm welcome to new parishioners and visitors. If you have recently moved to the area please complete one of the Contact Details postcards at the back of the church and return it to Fr Joseph. Thank you.

Masses may be said for the living and the dead. Please enter the details on one of the Mass Offering envelopes available at the back of the church, place your offering inside the envelope, and return it to Fr Joseph. A typical offering is £10 for each Mass requested. We cannot guarantee your preferred date for the Mass but we will get as close to it as possible. Thank you.

Going into hospital by appointment or in an emergency? Please let Fr Joseph know. Ipswich hospital has a lay Catholic chaplain, Mrs Rachel Tearle, a member of St Mark's parish and an experienced nurse. If you would like support from the chaplaincy team, please refer by calling 01473 704100 or by sending an e-mail to chaplaincy@esneft.nhs.uk. For urgent chaplaincy needs 24/7, please call the switchboard at 01473 712233 and ask for the on-call chaplain. When making a referral, please provide the patient's name, ward (if known), and your contact details in case further information is needed.

Call a Priest in an emergency! If someone is dying, do not wait but call a priest to administer the Last Rites. If Fr Joseph is not immediately available, call one of the other priests in a nearby parish.

Gift Aid. If you are a British taxpayer but have not yet completed a Gift Aid form please do so. You can add considerably to the income of the parish at no further cost to yourself. Gift Aid forms are available at the back of the church. Completed forms should be returned to Fr Joseph. Thank you.

Legacies can provide much needed financial support to parishes. Please consider leaving a legacy in your will for St Pancras Catholic Church, Ipswich. Thank you.

Sunday sermons may be found on our parish website.

Tuesday is Fr Joseph's day off. The phone, the doorbell, and e-mails are unlikely to be answered on Tuesdays.

Please consider making a **STANDING ORDER** instead of a weekly cash contribution to the parish. Our bank details: **BANK:** Barclays Bank. **ACCOUNT NUMBER:** 00775843. **SORT CODE:** 20-44-51 **ACCOUNT NAME:** St Pancras Catholic Church.



Our parish is part of the East Anglia Roman Catholic Diocesan Trust: registered charity no. 278742

The QR code will take you to our Dona machine donation page.

The parish **SAFEGUARDING REPRESENTATIVE** may be contacted by anyone of any age, at any time, with any safeguarding concerns:

Mim McMahon: 01394 274395 or 07813199275
mim@trianglemusic.info or mim.macmahon@gmail.com

Or contact the **DIOCESAN SAFEGUARDING CO-ORDINATOR**, Liam Sainsbury: 07931 952626
liam.sainsbury@rcdea.org.uk